



ORANGE HIGH SCHOOL

ASSESSMENT TASK NOTIFICATION

Subject	Dance
Topic	Performance
Class Teacher	S.Atchison
Head Teacher	S.Atchison
Year	9
Date Given	Week 7
Date Due	Week 9 (Test 22/03/23, Warm-up's starting from week 9)
Weighting	30%

Assessment Outline

TASK DESCRIPTION

This assessment has TWO parts:

PART ONE

Students are to devise a warm-up and lead the class in presenting the warm-up sequence. This will occur in pairs and should include 15mins of cardiovascular movement and 5mins of stretching. Students will need to demonstrate and identify appropriate safe dance practices.

PART TWO

Completion of class task including Elements of Dance, body systems, warm-up/cool down and stimulus.

Non-completion of Task:

If you know you are going to be away on the day that the task is due, you must make alternative arrangements with your teacher beforehand. If you are suddenly away on the day that the task is due, you must contact your teacher or Head Teacher on your return to school. Documentation will be required in both classes.

Plagiarism:

Plagiarism, the using of the work of others without acknowledgement will incur serious penalties and may result in zero award. Any cheating will also incur penalties.

Failure to follow the above procedures may result in a zero award.

The policies and procedures that are outlined on the ROSA booklet will be followed regarding the non-completion of assessment tasks.

Outcomes Assessed

5.1.1 demonstrates an understanding of safe dance practice and appropriate dance technique with increasing skill and complexity in the performance of combinations, sequences and dances

Marking Rubric:

SAFE DANCE PRACTICE:

Range	A Student in this range:
9-10	Provides a comprehensive and interesting warm-up that incorporates all major muscle groups. Presents extensive knowledge of the skeletal and muscular systems and their role in performing the dance and how to correctly warm them up. Effectively uses correct terminology
7-8	Provides a sound warm-up that incorporates all most muscle groups. Presents sound knowledge of the skeletal and muscular systems and their role in performing the dance and how to correctly warm them up Uses correct terminology
5-6	Provides an adequate and repetitive warm-up that incorporates some major muscle groups. Presents some knowledge of the skeletal and muscular systems and their role in performing the dance and how to correctly warm them up Uses some correct terminology
3-4	Provides a basic warm-up that incorporates minimal major muscle groups Presents basic knowledge of the skeletal and muscular systems and their role in performing the dance and how to correctly warm them up Minimal use of correct terminology
0-2	Non-completion or minimal attempt at completing a warm-up in relation to our performance dance.

Feedback:
