



PDHPE Year 10

Unit Title: SEPEP



Unit Description

Within this unit students will organise, run and compete in their own sporting competition for a season. Students will assume roles of responsibility and complete specific duties that are vital to the success of any sporting competition.

The class will be divided into teams for the duration of the unit and compete to determine an eventual winner. At the completion of the season, a culminating event will be held to celebrate the success of the season and to distribute awards.

Outcomes

5.9 A student formulates goals and applies strategies to enhance participation in lifelong physical activity

5.10 A student adopts roles to enhance their own and others' enjoyment of physical activity

Topics to be covered

- 1. What is SEPEP?**
- 2. The individual student roles within a SEPEP season**
- 3. The duties of each student role**
- 4. Completing a 'Player Journal'**
- 5. Organising the Culminating event – Grand final and Awards**

Assessments

Due Unit Value

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| 1. Demonstrates thorough knowledge of the sport through coaching, officiating, scoring, strategy and skill refinement | Ongoing | 33% |
| 2. Demonstrated social responsibility by fulfilling the expectations of specific role's and as the role of the player | Ongoing | 33% |
| 3. Player Journal | Friday, Week 5 | 33% |