

ORANGE HIGH SCHOOL

ASSESSMENT TASK NOTIFICATION



Growing Harvesting Preparing Sharing

Subject	Technology Mandatory- Food		
Topic	Stephanie Alexander Kitchen Garden Program		
Class Teacher	Ms Hope, Mrs Whitfield & Mrs Nash		
Head Teacher	Mr Daniel Wait		
Year	Year 7 & 8		
Date Given	Week: Term 1: Week 5		
Date Due	Theory: Term 1: Week 10 Video: Term 2: Week 3		
Weighting	20%		

Assessment Task Guidelines:

<u>Task 1: Australian Guide to Healthy Eating Recipe Documentation:</u> Using the Australian Guide to Healthy Eating, you and a partner are to select a healthy recipe suitable for a teenager that will be prepared and cooked in class. You need to interpret nutritional guides, complete a daily personal food journal, analyse your daily diet, research nutritious recipes and justify the recipe selected according to the AGHE Guidelines. You will complete an evaluation on the process and final product. (Cooking segment).

<u>Task 2: Cooking Segment</u>: You are to produce and film a cooking segment using the healthy recipe you selected in Task 1. The video will be filmed during a practical lesson at the end of Term 1. Using the storyboards provided, you are to plan out your segment. After the segment is filmed, you and your partner are responsible for editing your cooking segment using various techniques, opening titles and closing credits.

<u>Task 3: 2 x Practical Assessments:</u> In Term 1 and Term 2, you will be assessed for your knowledge and skills in hygiene, safety, food preparation techniques and use of equipment during two practical lessons.

Non-completion of Task:

If you know you are going to be away on the day that the task is due, you must make alternative arrangements with your teacher beforehand. If you are suddenly away on the day that the task is due, you must contact your teacher or Head Teacher on your return to school. Documentation will be required in both classes.

Plagiarism:

Plagiarism, the using of the work of others without acknowledgement will incur serious penalties and may result in zero award. Any cheating will also incur penalties.

Failure to follow the above procedures may result in a zero award.

The policies and procedures that are outlined on the ROSA booklet will be followed regarding the non-completion of assessment tasks.

Year 7- Technology Mandatory Marking Rubric Stephanie Alexander Kitchen Program – Let's Cook! Healthy Eating Project: 50 marks

Outcome	Section of the	Outstanding	High	Sound	Basic	Limited
TE4-6FO	Task Serves required for			Student has	Student has	Student has not
Explains how the characteristics and properties of food determine preparation techniques for healthy eating.	an average teenager			competently utilised the health calculator to correctly calculate the number of serves of the 5 food groups required for	utilised the health calculator to correctly calculate the number of serves of some of the 5 food groups required for an	attempted this section. (0 mark)
				an adolescent.(2 marks)	adolescent. (1 mark)	
TE4-6FO Explains how the characteristics and properties of food determine preparation techniques for healthy eating.	Personal food journal	Student has completed the daily food journal to include all foods for all meals including breakfast, lunch, dinner, snacks and drinks.(4 marks)	Student has completed the daily food journal to include most foods for all meals including breakfast, lunch, dinner, snacks and drinks.(3 marks)	Student has completed the daily food journal to include some foods for all mealsbreakfast, lunch, dinner, snacks and drinks.(2 marks)	Student has completed some of the daily food journal to include a few foods for some of the meals-breakfast or lunch or dinner or snacks or drinks. (1 mark)	Student has not attempted the daily food journal. (0 mark)
TE4-6FO Explains how the characteristics and properties of food determine preparation techniques for healthy eating.	Analysis of personal daily diet	Student has completed a detailed analysis of their daily diet, evaluating the number of serves of the 5 food groups. (4 marks)	Student has completed an analysis of their daily diet, evaluating the number of serves of the 5 food groups. (3 marks)	Student has analysed their daily diet, evaluating some information on the number of serves of the 5 food groups. (2 marks)	Student has analysed some aspects of their daily diet, answering some of the evaluation questions. (1 mark)	Student has not attempted the analysis and has not completed the questions. (0 mark)
TE4-2DP Plans and manages the production of designed	Recipe research and selection	Student has researched and provided 3	Student has researched and	Student has provided less than	Student has provided less than	Student has not provided any

solutions.		appropriate recipes,	provided 3	3 recipes and	3 recipes and has	recipes, including
		including the details of	appropriate recipes,	included some	included limited	the recipe to be used
		the recipe to be used in	including some	details listed for the	or no details for	in the video. (0
		video. (5 marks)	details of the recipe	recipe to be used in	the recipe to be	mark)
		,	to be used in the	the cooking video.	included in the	,
			video. (4 marks)	(3-2 marks)	video. (1 mark)	
TE4-2DP	Justification of the	Student has justified the	Student has justified	Student has	Student has	Student has minimal
Plans and manages the	final recipe selection	recipe, referencing	the recipe,	justified the recipe,	provided little	to no attempt to
production of designed solutions.	F	recommendations to the	referencing some	referencing a few	detail as to the	justify recipe
Solutions.		Australian Guide to	recommendations to	recommendations	justification of	selection. (1 mark)
		Healthy Eating. A	the Australian Guide	to the Australian	recipe, making no	
		comprehensive and	to Healthy Eating, A	Guide to Healthy	reference to the	
		coherent response. (5	detailed and	Eating. Less	Australian Guide	
		marks)	coherent response. (4	detailed and	to Healthy Eating.	
		,	marks)	generally coherent	Unstructured	
			,	response.(3-2	response. (1	
				marks)	mark)	
TE4-1DP	Storyboard/script	Student has completed a	Student has	Student has	Student has	Student has minimal
Designs, communicates		detailed, creative and	completed a detailed	outlined, with less	provided basic	to no information for
and evaluates innovative ideas and creative solutions		informative storyboard	storyboard and	detail a storyboard	detail to plot	storyboard/script. (0
to authentic problems or		and script. (5 marks)	script. (4 marks)	and script. (3-2	storyboard or	mark)
opportunities.		1	• , , ,	marks)	script. (1 mark)	,
TE4-3DP	Production of	Student has produced a	Student has	Student has	Student has	Student has filmed
Selects and safely applies a	cooking segment	cooking segment using	produced a cooking	produced a cooking	produced cooking	some footage of the
broad range of tools, materials and processes in	000111119 009-110110	various presentation	segment using an	segment using an	segment using	practical cooking
the production of quality		elements including	opening title, closing	opening title,	some editing	with no editing
products.		opening title, closing	credits,	closing credits	techniques, no	techniques or has not
		credits, outstanding	commendable	attempted, basic	variation in	attempted to produce
		filming techniques,	filming techniques,	filming techniques,	filming	a cooking
		variety of camera angles,	some variation in	minimal variation	techniques, no	segment.(3-0 marks)
		outstanding use of	camera angles,	in camera angles,	attempt at	
		editing techniques,	commendable use of	basic editing	opening and	
		required time length. (20-	editing techniques, <	techniques and > 5	closing credits.(8-	
		18 marks)	or > 2 minutes/under	minutes over	4 marks)	
		,	the time limit. (17-	time.(12-9 marks)	<i>'</i>	
			13 marks)			
TE4-1DP	Evaluation of	Student has critically	Student has	Student discusses	Student lists the	Student has not

Designs, communicates and evaluates innovative	cooking segment	evaluated the	evaluated the	points for and	points for and/or	attempted to
ideas and creative solutions		effectiveness and	effectiveness and	against to evaluate	against to	evaluate their
to authentic problems or opportunities.		suitability of the cooking	suitability of the	the features of the	evaluate the	cooking segment
opportunities.		segment against the	cooking segment	cooking segment	features of the	video. (0 marks)
		predetermined criteria to	against the	and suggests basic	cooking segment.	
		include positives,	predetermined	improvements. (2	(1 mark)	
		negatives, function,	criteria to include	marks)		
		aesthetics,	positives, negatives,			
		improvements,	function, aesthetics,			
		modifications and impact	improvements,			
		to target audience etc. (5	modifications and			
		marks)	impact to target			
			audience etc. (4-3			
			marks)			

Year 7- Technology Mandatory Marking Rubric Stephanie Alexander Kitchen Program – Practical Assessment: 20 marks (2 per semester)

Outcome	Task	Outstanding (10-9 marks)	High (8-7 marks)	Sound (6-5 marks)	Basic (4-3 marks)	Limited (2-0 mark)
TE4-3DP :	Student selects,	Student demonstrates	Student	Student	Student	Student
Selects and safely	justifies and uses a	outstanding food	demonstrates	demonstrates sound	demonstrates basic	demonstrates limited
applies a broad	range of	preparation and cooking	thorough food	food preparation and	food preparation	food preparation and
range of tools,	appropriate tools	techniques including the	preparation and	cooking techniques	and cooking	cooking techniques
materials and	and techniques in	appropriate use of	cooking techniques	including the	techniques	including the
processes in the	food preparation.	equipment in preparing	including the	appropriate use of	including the	appropriate use of
production of		recipes.	appropriate use of	equipment in	appropriate use of	equipment in
quality projects.			equipment in	preparing recipes.	equipment in	preparing recipes.
			preparing recipes.		preparing recipes.	
TE4-3DP :	Student identifies	Student demonstrates	Student	Student	Student	Student
Selects and safely	and applies safe	outstanding food safety and	demonstrates	demonstrates sound	demonstrates basic	demonstrates limited
applies a broad	work practices.	hygiene procedures	thorough food safety	food safety and	food safety and	food safety and
range of tools,	-correct use of	including use of knives,	and hygiene	hygiene procedures	hygiene procedures	hygiene procedures
materials and	tools and	equipment, washing hands,	procedures including	including use of	including use of	including use of
processes in the	equipment	hair tied back and	use of knives,	knives, equipment,	knives, equipment,	knives or equipment,
production of	food safety and	maintaining clean	equipment, washing	washing hands, hair	washing hands,	or washing hands, or
quality projects.	hygiene practices	workspaces.	hands, hair tied back	tied back and	hair tied back and	hair tied back and/
			and maintaining	maintaining clean	maintaining clean	or maintaining clean
			clean workspaces.	workspaces.	workspaces.	workspaces.

Year 7- Technology Mandatory Marking Rubric Stephanie Alexander Kitchen Program – Let's Cook! Practical Assessment: 20 marks (2 per semester)

Class	Student identifies and applies safe work practicescorrect use of tools and equipment -food safety and hygiene practices		t	Student selects, justifies and uses a range of appropriate tools and techniques in food preparation.		
Student	Hygiene (2 marks)	Safety (5 marks)	Correct use of equipment (3 marks)	Correct food preparation techniques (10marks) Collection in ingredients, using equipment correctly, preparing food hygienically, correct cookery method followed, food presented	Comments:	Total = 20 Mark
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Stephanie Alexander Kitchen Program – Let's Cook! Practical Activities: Semester 1: 2019

Term 1: Plants	Term 2: Animals
1. Smoothie Bowl	1. Basic Pizza Dough/Toppings
2. Blueberry and Yoghurt Breakfast Pots (toasted seed sprinkle)	2. Roast Pumpkin, Chickpea and Sage Sausage Rolls
3. Hummus and Vegetable Stick Combo/Mango Lassi	3. Breakfast- Designer breakfast
4. Poached Fruit and Crumble	4. Salad of the Imagination & Corn Fritters
5. Asian Omelette or Summer Vegetable Omelette Stack	5. Risotto of the Imagination
6. Stephanie's Simple Pasta Sauces/Pasta Making	6. Oven baked spring rolls
7. Fried Rice	7. Beef Stir-fry
8. Cherry Tomato and Basil Focaccia/homemade butter	8. Seasonal fruit muffins
9. Rice Filling- Capsicums	9. Steamed Chicken, Ginger & Vegetable
10. Filming Cooking Segment (Peach and Honey Frozen	Wontons
Yoghurt)	