

NEWSLETTER



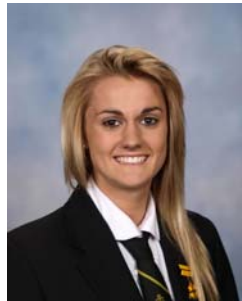
www.orange-h.schools.nsw.edu.au

PO BOX 654
ORANGE NSW 2800

28th July, 2011

PHONE: 6362 3444
FAX: 6361 3616

Congratulations to our Vice Captain, Olivia Patterson for her outstanding performances in sport. Olivia is a dynamic member of our newly formed students' sports council, an active supporter and participant of all things 'sportie' and as of last Friday, a member of the NSW Combined High Schools' Girls' Touch Football team.



Olivia is one of a small number of students in the state who have been selected to represent their state in two sports. Olivia is now a member of the NSW combined High Schools' Basketball and Touch Football teams. We are all extremely proud of Olivia's efforts.

Next week is Education Week. Throughout NSW Public Schools celebrate the contributions that they make to communities and our Australian society. I am always extremely proud to be working in Public Education and look forward to celebrating the theme 'Creating the Future'.

Fortunately for Orange High School, Education Week and Frostfest coincide, so Thursday's Cold Night, Hot Band provides us all with an opportunity to celebrate Public Education and our wonderful Orange community. I hope many of you can join us on Thursday. It's always a great night's entertainment and funds raised will go towards our music building extension program.

Thank you to all the parents and students who attended the Year 8 into 9 Parent Information Evening this week. I apologise again for not being able to attend. I have heard very positive comments about the night. If you were unable to attend and have a child who will begin Year 9 next year, please contact Mrs Small (the Year Adviser) or myself, if you have any questions.

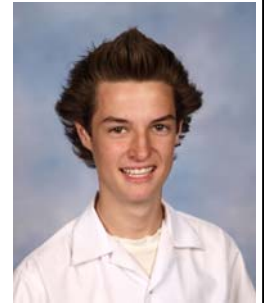
Year 12 students should all be extremely busy at the moment. They have their trials beginning next week and many also have due major works for their practical subjects. I am always impressed with the time management skills of many Year 12 students at this time of year. Their ability to 'juggle' is amazing. Please don't hesitate to contact Mrs Beeby, myself or other executive members, if you need assistance supporting your child at this important time.

As always please contact the school if you have any concerns or queries.

M Angus, Principal

CHS SQUASH SELECTION

Congratulations to Jesse Keegan who has been selected as a Combined High Schools' Team Member. NSW Combined High Schools' representation is the highest sporting honour a student in NSW can attain. In achieving this representation Jesse has become part of a great tradition.



WELFARE WORDS

- TOMORROW is Double Deal day, a Have Merit initiative where students can work above expectations and receive two signatures instead of the usual one. Make sure your diaries are out on your desks in each class.
- Are you a grandparent or do you know one? *Interrelate* are conducting a seminar focusing on the needs and changing roles of grandparents on Thursday 4th August from 10a.m.-1.00pm at their centre in McLachlan Street. Please book on 6360 0895.
- Information on the ARCHER study went home with all Year 7 students last week. This study is a longitudinal study which will aim to investigate the role of hormones and the effect on the behaviour, physical and mental wellbeing of rural Australian teenagers. The team from the University of Sydney would like at least 100 students to volunteer to take part in this world-first study. An information night for parents and students will be held on Wednesday, 3rd August, at 7.30pm in the PAC. The university team will be present to answer any questions you may have and will outline the program for testing. There is a 'postbox' outside the cashier's window for consent forms.
- Orange High has also been invited to participate in a Health Behaviours Survey by NSW Health. This is aimed at students in Years 11 and 12 and involves a 45 minute survey. Information was forwarded home early in the week. It is a national survey, involving 25,000 secondary school students and the information provided will assist policy makers and health promotion specialists.
- Consent forms for the Boostrix injection also went home last week for Year 7 and 10 students. This immunization covers Tetanus, Diphtheria and Pertussis (whooping cough) and with students' last vaccination usually being just before starting kindergarten, immunity levels are low and require a booster. There is currently a Whooping Cough epidemic in the Western suburbs of Sydney and Orange High has had a notification of the condition already this year. If your child has not brought home a consent form as yet, he/she can

collect one from myself or the front office. There are 'postboxes' at the front office for signed consent signs to be returned. The injections will take place on Thursday 4th August.

- Here are some dates for your calendar:

Friday	29 th July	Double Deal Day – two signatures for the price of one
Wednesday	3 rd August	University of Sydney ARCHER meeting, 7.30p.m.
Thursday	4 th August	Vaccinations for Boostrix (tetanus, whooping cough and diphtheria 3 in one needle) for Years 10 and 7
Wednesday-Friday	10 th – 12 th August	Year 10 Excursion to the snowfields

ORANGE HIGH NETBALL CLUB

- We had three of our teams involved in the Marianne Murphy Shield on Tuesday, 26th July. Games were played at Anzac Park, with the finals at KWS TONIGHT – 14's at 4p.m., 16s at 5p.m. and Opens at 6p.m. Come along and support our teams. A full round up in next week's newsletter.

L Middleton, Head Teacher Welfare

STATE CROSSCOUNTRY

Tori Mansfield, Kyle Ostini & Josh Nagle represented Orange High School at the New South Wales State Cross Country Championships held on Friday, 22 July, 2011. Weather conditions were far from perfect at the Eastern Creek venue with torrential rain falling throughout the day.



Tori Mansfield; 12 years girls competed in the 3km course in a time of 11:24 finishing 26th in the CHS Government School Category.

Kyle Ostini; 14 years boys' 4km in a time of 14:54, 10th in the CHS Government School Category.

Josh Nagle, 15 years boys' 4km in a time of 16:05, 58th in the CHS Government School Category.

Congratulations to all three students on their achievements and representing Orange High School proudly.

ORANGE TOUCH SIGN ON DAY

City of Orange Touch Association will hold its junior sign on day on Wednesday 10th August at the Orange Ex-Services Country Club grounds (Bloomfield Hospital) 4.00 – 6.00.

For more information please ring 0432 082 204 or visit www.sportingpulse.com.au or email orangetouch@nsw.chariot.net.au