

# NEWSLETTER



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**11<sup>th</sup> August, 2011**

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Earlier this week, I saw my 1 full game of Rugby Union when our Under 15 team played Westfield Sports High School in the state quarter finals.

Although the boys were out weighted by about 20-1 and came second, they could certainly be pleased with their team's stamina, determination and agility.

It was interesting talking to the boys after they visited the high school's facilities. The team is now campaigning for an ice bath that accommodates 20 students and an extra gym for a weights room. I think they may have a little wait for those additions!!

Year 12 trial examinations are drawing to a close. I've been pleased with the students' attitude and application to their studies during this time.

Lots to celebrate again this week! Groups and individuals continue to excel in their chosen fields.

Our Science students travelled to Dubbo last week with Mr Schenkel to participate in the Regional Engineering Challenge. The challenge, sponsored by the Road and Traffic Authority, had students build model bridges that are then tested and for their weight bearing strength. Orange High School teams were placed first, second and third in the challenge. What a fantastic effort. Students from government and non-government schools throughout the region participated in the challenge.

Last week Meaghan Kempson was chosen to represent the state in Under 15 Girls Football and Ellie Humphrys was selected in the Under 14 Girls Football team. Well done to them both.

Congratulations to Kaitlyn Riles, who has been selected as a featured artist for the 2011 School Spectacular. Only the best of the best are chosen as soloists for this prestigious event. Kaitlyn is also into the final auditions for the NSW Talent Development Program.

Last Thursday night, the Orange High School stage band 'brought the house down' again at our Frost Fest activity, *Cool Night, Hot Band*. The evening was well attended and the band were fantastic. Our guest artists, Cecilia Rochelli and Kyle Manning added another dimension to the performance, too.

Our outstanding Debating team has retained the Mayor's Cup again this year. Our team, Kenan Milham, Sarah Owens, Jackson Griffith-Bankovic and Thomas Moad continue to argue their cases convincingly. The students debated against Kinross Wolaroi in the finals.

Well done and thanks to their coach, Mrs Kenna.

As always please contact the school if you have any concerns, suggestions or queries.

**M Angus, Principal**

## **ENGINEERING CHALLENGE**

Twenty students in five groups of four people each from Orange High travelled to Dubbo for the Annual RTA Great Engineering Challenge last Wednesday. This competition was open to all schools from the Western Region on NSW with over 50 teams competing. The day consisted of three challenges for each group. With great concentration and some very innovative design, our students managed to come first, second and third in the competition. The winning team managed to score an impressive 283/300 and each of the three top teams scored a perfect 100 for their model bridge.

Congratulations go to Adam Griffith, Hayden Lummis, Sam Goodacre and Connor Anderson for an outstanding performance and to the rest of the Orange High Students who gave their best effort in each of the challenges. This is a fantastic result given the wide selection of schools that took part in the competition.



## A Schenkel

### WELFARE WORDS

- Orange High has been invited to participate in a Health Behaviours' Survey by NSW Health. This is aimed at students in Years 11 and 12 and involves a 45 minute survey. Information will be forwarded home after the Trial HSC and conducted in Week 6. It is a national survey, involving 25,000 secondary school students and the information provided will assist policy makers and health promotion specialists
- Any Year 7 or 10 students who missed the Boostrix [Tetanus, Diphtheria and Pertussis (whooping cough)] injections last week will 'catch up' when the nurses return in October.
- Orange PCYC are conducting a Video Disco tomorrow, Friday, 12<sup>th</sup> August, from 8pm to 10pm. The disco will be fully supervised and there is strictly no alcohol. No attendee will be permitted to leave the disco prior to the finish time. There are free tickets for special students to attend, but they must also take a paying friend.
- Athlete's Foot is offering a Schools' Rewards Program. Any family who buys shoes from the store in Summer Street will generate money towards the school regardless of the price of the shoes (\$5 donated back to the school for each purchase). If you think you could be a part of this fundraiser, please see me for your loyalty card and go shopping OR call into the store and tell them you are part of the Orange High Community when you purchase some shoes.
- *Interrelate Family Centres* are conducting a 3 session program on Being A Dad – Wednesday 17<sup>th</sup>, 24<sup>th</sup> and 31<sup>st</sup> August from 5.30pm.-8.00pm. Be a better dad, connect with your children, be able to discipline constructively and deal better with conflict are some of the areas covered. Bookings are essential. There is a cost. Phone 6360 0895 for more details
- *ASPIRE* is a program for students to develop their self-esteem and build confidence in their abilities. Conducted by OCTEC, we have 10 students in Years 7 to 9 enrolled and they will attend activities, such as abseiling and canoeing on Fridays.
- The OHS Staff completed a very informative Asthma Awareness presentation last week, covering the

recognition of symptoms and signs and the immediate management of a student having an asthma attack. It is all part of our on-going support for students with medical conditions

- Here some dates for your calendar:

Thursday	13 <sup>th</sup> October	Year 7 Final immunizations
Thursday	27 <sup>th</sup> October	RYDA for Year 11 students

### ORANGE HIGH NETBALL CLUB

- This is an URGENT call for girls turning 12 or 13 years in 2011 to join a team in the Saturday competition, playing at 12 noon, (to avoid this team pulling out of the competition). We are also in need of an adult to look after the team. With only 4 Saturdays left, we would like to keep the girls playing. If you think you can assist in either way, PLEASE call me at school before Saturday.

### L Middleton, Head Teacher Welfare

#### STUDENT UMPIRES ACKNOWLEDGED

The following Orange High School students umpired games for the PSSA Boys' Softball Gala Day on Wednesday 3<sup>rd</sup> August, 2011. These students stepped in at the last moment as others pulled out of umpiring.

Meaghan Kempson, Louise Kempson, Melissa Byrne (Year 9), Gaven Byrne, Courtney Lamb (Year 10) and Emily Watson (Year 8). Once again I highly commend these students with their dedication and enthusiasm for umpiring. One student Meagan Kempson was desperate to call someone out for leaving the base early and she achieved this in the final game of the day after carefully watching each runner progress to the next base. Melissa Byrne umpired plates for the first time and has gained a great deal of confidence from the experience. Our more seasoned umpires of Courtney Lamb and Gaven Byrne shared plate umpiring and again performed exceptionally. Emily Watson and Louise Kempson made some very accurate calls at first base and are developing their ability in performing the umpire rotation around the bases. The students arrived on time and were very polite and encouraging to all primary school students and the coaches.

### C Byrne, Carnival Organiser

#### CAVALIERS' CRICKET CLUB

Cavaliers' Cricket Club will be holding a general sign on day for all players on Sunday 28<sup>th</sup> August between 10am – 12 noon at Riawena Oval (Kooronga Avenue). For more information please contact Chris Martin on 0421 953 275 or Mark Johnston on 0428 639 438 or Stuart Middleton on 0404 692 340.