ORANGE HIGH SCHOOL

every student, every opportunity, everyday

NEWSLETTER WWW.orange-h.schools.nsw.edu.au

PO BOX 654 ORANGE NSW 2800 26th July, 2012

PHONE: 6362 3444 FAX: 6361 3616

Sadly, this week we farewelled our teacher, colleague and friend, Mr Trevor Pascoe. Trevor passed away last week in Royal Prince Alfred Hospital.



Trevor was a member of the Orange High School teaching staff from 1983 – 2009. He had previously taught at Canobolas, Finley, Castle Hill and Grantham High Schools.

Trevor was an outstanding teacher who instilled a love of Business Studies, Geography and Asian Studies in his students. He worked tirelessly to provide opportunities for students'

with a range of abilities. Trevor was the driving force behind Orange High's strong links with Western Institute of TAFE.

Trevor has made a very real difference to his local community, Millthorpe, the Orange community, and our school community. He will be remembered and missed by many.

Congratulations to our Cross Country students who performed well at the Combined High School Cross Country last Friday. A big thank you to Graham Jones and Frank Ostini for their photos and their article featured in this Newsletter.

Thank you to all of the parents and carers who attended Tuesday's subject information evening for 2013 Year 9. This is an exciting stage for students as it is the first time that they are able to choose some of their pattern of study. I'm sure that the overview of the new Record of School Achievement (ROSA) also helped explain the changes that the removal of the School Certificate has created.

Parent teacher evenings are also an important component of your students' education. Held once a semester, they provide the opportunity for you to discuss your child's progress and educational needs with all of his or her teachers.

Education Week is fast approaching. It begins on Monday 30th July. The 2012 theme is 'Public Schools NSW- Creating the Future'. We will be holding a special assembly and launching the Orange High School Centenary DVD and Adam Page concerts. The stage band and guests will be performing at 'Cold Night, Hot Band the following week for Frostfest. It will be a busy week and I hope that you will join us for one or more of the activities.

Year 12 students begin their trial exams on Monday. These examinations serve two purposes. They form part of the students' school based HSC assessment and provide students and staff with a guide to areas for improvement.

As always please contact the school if you have any concerns or queries.

M Angus, Principal

WELFARE WORDS

- ♦ THIS AFTERNOON/EVENING, there will be an opportunity for parents of all Year 7 to 10 students to meet with teachers to discuss their child's semester 1 progress, between the times of 4p.m.-7.30p.m. Bookings should have been made already, but if you were to just 'turn up', your child's teacher may be able to squeeze you in. Appointment times are, however, limited to 7 mins. Alternatively, you may like to give the school a ring and make an appointment to speak with a particular teacher or Year Adviser.
- ♦ Tomorrow night, we have a fundraiser happening at Newstead Bowling Club in support of Tristan Roach, Charlie Bubb, Phil Tyquin and Mr Anthony Wharton, who are all off to Russia in September for the International Federation of Muay Thai Amateur World Championships. It is a trivia night, so get your tables together and support these outstanding competitors. \$15.00 per head. Ring High Impact Gym for more details.
- Next Thursday, 2nd August, immunizations are happening for all Year 10 and Year 7 students, with the Boostrix injections. Over time, our immunity to certain diseases lessens, and so this injection boosts that immunity to Tetanus, Diptheria and Pertussis (Whooping Cough). The latter disease has made a significant appearance in recent years, and as it is often fatal for infants, it is important for teenagers and adults to be fully protected so that they do not pass the disease on to little ones. Consent forms have gone home, but if your child has lost it or did not receive it, please call into the school and collect a second form from the front office. Forms can also be collected from Mrs Griffen.
- Nominations for the Student Representative Council 2012-2013 will be opened next week. It is a self-nominating system, with forms collected from Mrs Griffen. We are looking for enthusiastic, vision-minded, hard-working and committed students: Year Representatives, House Captains (Year 10), House Vice-captains (Year 9), Prefects (Year 11), Indigenous and Integrated Student Representatives. The

SRC is a great opportunity to develop leadership skills and self-confidence and is the student decision-making body in the school. Collect your form and nominate next week.

- Interract Family Centre is conducting a 3 session program, assisting FATHERS to:
 - \circ be a better dad
 - $\circ~$ really connect with their children
 - \circ be able to discipline constructively
 - - deal better with conflict

Dates are Wednesday 1st, 8th and 15th August from 5.30pm.-8pm at 108 McLachlan St. Cost is \$75.00 for the course and you need to book on 63600895.

L Middleton, Head Teacher Welfare

NSW COUNTRY SOFTBALL

During the school holidays three OHS students travelled to Rockhampton to represent NSW Country in girls and boys softball. Maddie Lisle, Toby Westcott and Thomas Zeylemaker were competing at the Australian U15 Regional Championships. The girls were competitive, finishing in a credible fifth place whilst the boys were dominant winning the tournament and now hold the title of Australian U15 Champions. Congratulations to these talented OHS athletes.

CANTEEN NUTRITION

Our school cares about your child's health and nutrition! Did you know that our school is a member of Healthy Kids Association? That's right, we want to provide good food and nutrition education to your children and



Healthy Kids provides us with resources for the canteen and teachers. This is just one of the ways that we ensure your children learn about healthy food and eat well from the canteen.



Healthy Kids Association also provides a free parent e-newsletter with important nutrition information and great recipes that can help you stay on top of what is going on in the world of nutrition. To sign up, simply visit www.healthy-kids.com.au.

NSW ALL SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

Ten Orange High School representative competed at New South Wales All Schools Combined High Schools Primary Schools

Sports Association Cross Country Championships held at Eastern Creek Raceway on Friday, 20 July 2012: Charlie Bubb, Haley Butcherine, Lauren Kerwick, Gabrielle Lloyd, Tori Mansfield, Lachlan McHatton, Kyle Ostini, Joey Thorley, Phil Tyquin and Toby Westcott. Unfortunately, due to illness, Bailey Goransson, Angus Parsons and Rachel Pengilly were unable to compete at the event.



Name	Age	Distance	Time	Gender Total	Gender Position	Government Category Position
Lachlan	12yrs	3km	14:38	82	77	57
McHatton						
Lauren Kerwick	13yrs	3km	13:00	113	40	21
Gabrielle Lloyd	13yrs	3km	15:18	113	97	77
Tori Mansfield	13yrs	3km	13:43	113	60	40
Toby Westcott	13yrs	3km	13:00	106	77	58
Charlie Bubb	15yrs	4km	14:45	110	88	69
Kyle Ostini	15yrs	4km	13:05	110	34	17
Haley	16yrs	4km	16:32	105	63	45
Butcherine	_					
Joey Thorley	16yrs	6km	22:09	108	40	23
Phil Tyquin	18yrs	8km	29:24	90	55	36

There were over 2100 participants (not including their numerous supporters, teachers and officials) in attendance at the State Championships undertaking this challenging course over various distances in their respective age groups.



OHS participants took particular pride in representing their school, region and school sports association throughout the event. The Championships showcased the enormous talent that is nurtured within schools

and encouraged competitors to participate in the spirit of friendship, fair play & respect for others. To have gained selection to represent WSSA/CHSSA at these championships is indeed a great achievement in itself.

The Orange High School athletes are to be commended on their individual efforts at this high level of competition, with many achieving their own personal goals. Congratulations to all!

S Ostini

