# NEWS



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**PO BOX 654** ORANGE NSW 2800

9<sup>th</sup> August, 2012

The Principal position is currently advertised and applications

FAX:

As always, please contact the school if you have any concerns or queries.

close on Wednesday, 15<sup>th</sup> August. We should know who our new

#### M Angus, Principal

Principal will be by the end of the term.

#### WESTERN FINAL OF THE SWANS SHIELD (AFL)

Only in Western Region would a team undertake a 900 km round trip to play a game of footy at a venue half way between the two competing sides. This was the challenge facing the Orange High School AFL team last Wednesday 1 August when they took on Broken Hill High School in the Western final of the Swans Shield. "Epic" is how I would describe the trip. "Very impressive" is how I would describe the members of that team, in their behaviour, maturity, commitment and competitiveness. Broken Hill is a strong AFL area, and virtually the entire Broken Hill side play regularly on weekends. In contrast no one in the Orange side plays in regular weekend competition. What we do have in our playing group is sporting ability, competitiveness and a willingness to perform at their best.



group features. Hayden's invitation to join this elite group of singers is an affirmation by the NSW Performing Arts Unit of what we already know – Hayden is a fantastic singer. One of the many great things about my position is the positive feedback I receive about our staff and our students. The hospitality students, under the guidance of Mrs Small, recently

Congratulations to Hayden Buchanan

who has been invited to be a featured

artist at this year's School Spectacular. Each year the 'best of the best' are selected to perform in solo or small

catered for the 'Job Expo' held at the Orange Function Centre. The group received numerous accolades for the quality and presentation of their food. The students were also acknowledged for the way they presented themselves as well. A huge thank you to Mrs Small and the hospitality students for their work. Last Friday night a number of our students performed with Adam

Page, who had been conducting workshops for Education Week. Although the concert audience was not large, those who attended really enjoyed Adam's, and our students' performances. I was fascinated by the different sounds and effects the students achieved. Working on improvisation with Adam was a great opportunity for our young musicians.

The Orange group of schools has organised an Information evening entitled 'Improve your Memory' for parents and senior students. The session will be held at Canobolas Rural Technology High School on Thursday, 23<sup>rd</sup> August from 6pm – 7pm. I have included a more detailed flyer with this letter. A number of staff have worked with Dr Rich Allen, and have found his workshops engaging and beneficial.

I hope to see you all at this week's 'Cold Night, Hot Band' performance on Thursday evening. This is always a great night as local artists join our award winning Stage Band. The 'Weather Man' is predicting snow – so in the spirit of 'Frostfest' come and warm up with hot soup, hot music and lots of dancing!

On Friday, 17<sup>th</sup> August we will be holding a public viewing of the 'Centenary DVD' in the Performing Arts Centre. The film will begin at 10am and runs for approximately 45 minutes. The DVD and other memorabilia will be available for purchase on the day. I have seen the 'first run through' and it is an impressive collection of history and memories. Please contact Cathy Sharp, if you are intending to attend, or if you would like more details.



The team was made up of many quality rugby league and soccer players, and it was very apparent that many players have talents and abilities that can translate to other codes, such as AFL.

From the outset, Orange asserted their physical dominance over the game, and by the end of the match, the Broken Hill boys knew they had played a game.

The match started well with a strong centre clearance through Ryan Hamling (who was a very effective ball winner all day), to Charlie Bubb who put us in front after 30 seconds. Charlie was one of the best players on the ground, consistently winning the ball at ground level and in the air. A few late goals by Broken Hill had them in front by 23 points at quarter time, and it was a lead

Achievement in a supportive environment

# ORANGE HIGH SCHOOL NEWSLETTER

that they would maintain and improve for the remainder of the game. For Orange, Harry Garlick played a great game in defence, and was well supported by Pat Connors who cleared the ball with long kicks and Alex Thomas who took several strong defensive marks. Deryne McKenzie was dynamic, winning the ball in the middle and up forward and Jedd Kennedy played well in the second half, getting his hands on the ball. Luke Coyte was very strong in the ruck, dominating` his opponent physically and providing a lot of ball to the midfielders.

Hugh Taylor was excellent early, applying physical pressure and wining the ball, whilst Toby Thomas showed his sporting prowess, and had an impost on the game. Kyle Robbins was also a strong contributor. For Orange, Charlie kicked 3 goals, Toby, Bryson and Deryne kicked one each.

In the end it was experience and knowledge of the game that was the difference in the 13-9-89 to 5-3-33 scoreline. For me, effort, heart, courage and commitment are the real measures of success on the AFL field, and on that score, I would say we had it all over Broken Hill.

A big thank you to Mrs Middleton who accompanied the team on the trip and helped drive the bus and to Mal Hillier of the Cobar Blues for organising the venue.

#### M Sloan, Deputy Principal

# WELFARE NEWS Crazy Hair Day

Last Thursday the school celebrated Crazy Hair Day, a fundraiser to assist the Cystic Fibrosis Foundation. Together we raised \$260.25.

#### Vaccinations

The fourth and final visit for 2012 will be on **Thursday 6<sup>th</sup> September.** The second dose of Hepatitis B vaccine and the final dose of HPV vaccine will be given to Year 7 as well as any catchup dTpa vaccinations missed last week for Year 7 and Year 10. More information will be given as the date approaches.

Cans4Films Festival 2012 – Couch Potatoes Against Hunger Network Video Orange are asking for donations of cans of food, preferably with a long expiry date, so they can support local food relief charities in Orange.

With each can of food you donate you will receive **ONE FREE WEEKLY VIDEO RENTAL** this September.

Please help this worthy cause. For more information go to <a href="https://www.cans4films.com.au">www.cans4films.com.au</a>

#### K Griffen

#### WELFARE WORDS

♦ Nominations for the Student Representative Council 2012-2013 are open. It is a self-nominating system, with forms collected from Mrs Griffen. We are looking for enthusiastic, vision-minded, hard-working and committed students: Year Representatives, House Captains (Year 10), House Vice-captains (Year 9), Prefects (Year 11), Indigenous and Integrated student Representatives. The SRC is a great opportunity to develop leadership skills and self-confidence and is the student decision-making body in the school. Collect your form and nominate now.

♦ Royal Life Saving are offering several First Aid courses during August:

#### Face-to-Face Training

Saturday, 18<sup>th</sup> August at RLS Office 9a.m. – 5p.m. Cost: \$140 full course \$125 update course

#### Online Training

With assessment on Tuesday, 21<sup>st</sup> August 6-8p.m. Cost: \$140

To enrol over the phone, call 6369 0679, or call in at 76 McNamara Street.

- ♦ About 80 Year 10 students and 7 staff are currently on the snowfields, returning late on Friday night. We hope there is lots of snow and everyone has lots of fun out in it. Thank you to Ms Rogers for all her organisation.
- ♦ Mr Pearson, Year 11 Adviser, is currently on four weeks medical leave and Ms Dray will relieve in his place for that time. Students can find Ms Dray in the PDHPE staffroom should they need any assistance.

#### L Middleton, Head Teacher Welfare

# e<sup>2</sup> EXPERIENCE SCIENCE

Term 3 has started positively in the e<sup>2</sup> experience Science World. This term Year 5 are participating in the workshops and have settled in with an enormous amount of enthusiasm. So far they



have used the microscopes to explore all sorts of objects; studied the preserved animals, which I'm sure made interesting dinner table conversation; the magnets to identify north and south poles and the

big highlight so far..... learning how to safely use the Bunsen Burner. Year 5 will receive their red Ps Licence in Bunsen Burner Use in their last session. Year 5 also experienced the

demonstration of the fireball. This scientific demo always impresses the students!! Again thank you to Mrs Grifffen and Mrs Wickham for their Science expertise.



# ORANGE HIGH SCHOOL NEWSLETTER

#### YEAR 6 INTO YEAR 7 - TRANSITION

Plans are in full swing in preparation for Year 7 2013 to visit Orange High School next term for transition. Sarah Cooper is the appointed Year Adviser for 2013 and she will be visiting the Year



6 students at their schools to formally welcome them to Orange High. These visits will take place in weeks 7-10 of this term and will involve some SRC Representatives tagging along to lead some fun activities with the Year 6 students.

This is the first of many opportunities for our Year 7, 2013 to feel settled and confident as they transition to high school. We have lots happening in term 4 (listed below). If you have a child coming to Orange High School next year, you may like to make note of the dates. Permission notes and details will filter

Year 7, 2013 – Transition Dates

through from the Primary Schools at the beginning of next term.

Date	Time	Event	Description
Monday		Year 7 2013	Year 6 students from
22/10/12	1.00pm –	Orientation	non-partner Primary
T4, Week 3	3.00pm	Afternoon	Schools visit OHS
	-		Half of the Year 6
Tuesday			students enrolled for
30/10/12 +	9.00am –	Year 7 2013	2013 to attend OHS
Wednesday	3.30pm	Transition	for two days of
31/10/12		Days	lessons and normal
T4, Week 4			school routine (OPS,
			Bletchington,
			Millthorpe, Nashdale,
			Orange East, Bowen)
			The other half of the
Tuesday			Year 6 students
6/11/12	9.00am –	Year 7 2013	enrolled for 2013 to
+ Wednesday	3.30pm	Transition	attend OHS for two
7/11/12		Days	days of lessons and
T4, Week 5			normal school
			routine (Calare,
			Borenore, Canobolas,
			Clergate, Cudal,
			Errowanbang)
		Parent	Information for
Thursday	6.30pm –	Information	families of students
15/11/12	8.00pm	Night	enrolled in Year 7
T4, Week 6		Year 7 2013	2013
Wednesday			Catch up transition
28/11/12	1.30pm –	Transition	for late enrolments
T4, Week 8	3.00pm		

Orange High School has added a new section on our website, specifically to support our parents and students starting Year 7 in 2013. It is under the drop box called School Years – Year 6. It is still under development at this stage, but the aim is for parents and students to use this resource to answer general questions

about starting school at Orange High School. You can access it at your own convenience. In saying that please don't hesitate call the school if you have any further questions or prefer the comfort of speaking with a school representative.

## Kerrie Chopping, e<sup>2</sup> experience Coordinator





#### **Invites Stage 6**

"Improve your Memory"
with Dr Rich Allen, U.S.





- Are facts and figures jumbled in your brain?
- Do you forget things, and then remember them at an inconvenient time?
- Would you like to help your child/children to easily remember their lessons and exam study?
- How do you file and retrieve the information needed to do well in an exam?

Thursday 23<sup>rd</sup> August 2012, 6.00pm – 7.30pm

Venue – The Canobolas Rural Technology High School, Icely Road, Orange

Do you think you have a bad memory and therefore your child does too?

Think again - Maybe no one showed you how to REMEMBER WELL – it's easy when you know how and you will wonder why this is not common knowledge! Learn how your child/children can store and access exam work more easily.

By the end of the session, you will be amazed at what you can remember – and you will have had a few laughs in the process of learning!

Dr Rich Allen is visiting from the U.S. He has a PhD in Educational Psychology. His cognitive learning theory research gave him understanding on how the brain receives, processes, stores and recalls information – from which he developed a practical technique for teaching brain-based learning strategies to adults and teens.

RSVP/ Queries: The Canobolas Rural Technology High School - 6362 1677

Cost: <u>Gold Coin donation</u> to Stewart House based on the Northern Beaches in Sydney. Programs provide students with medical, paramedical and emotional support via targeted health and education initiatives designed to boost self esteem and promote a healthy lifestyle.







# ORANGE HIGH SCHOOL





to
Orange High School
Centenary DVD Launch to be held on

17<sup>th</sup> August, 2012 from 10am – 11am OHS Performing Arts Centre

RSVP: 15/08/2012





### **Private Cricket Coaching**

Level 2 Cricket Coach (Cricket Australia)

T.C. Cricket coaching offers a wide range of cricket services to suit individuals and clubs.

Private coaching or one-on-one lessons are the ultimate option in personal cricket development. Lessons will provide tuition and coaching on the correct techniques of batting, bowling wicket keeping and fielding.

 $\label{private coaching sessions allow on-going player technique development and improvement in all areas. \\$ 

#### Features include:

- One hour or half hour sessions
- Technique development in batting, bowling, wicket keeping and fielding
- Sessions involve specific batting, bowling and fielding drills, along with skills practices designed to cater for individual player
- Individual error detection and correction
- Improved confidence and understanding of cricket
- Coaching year-round
- Ball machine coaching
- Video analysis available

\$45 per hour session

\$30 per half hour session

Contact Details:

Phone: 0402 700 478

Email: trent.p.colley@det.nsw.edu.au

**BOOK NOW!!**