

# NEWSLETTER



www.orange-h.schools.nsw.edu.au

PO BOX 654  
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**31<sup>st</sup> October, 2013 : Week B**

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**Contact List**

**Principal**

David Lloyd

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Michael Sloan

**Head Teacher Admin**

Kylie Winslade (students)  
Helene Hamilton (staff)

**Year 7 Adviser**

Sophie Healey

**Year 8 Adviser**

Jo Cormack

**Year 9 Adviser**

Jenny Wickham

**Year 10 Adviser**

Narelle Small

**Year 11 Adviser**

Karen Rogers

**Year 12 Adviser**

Glen Pearson

**Careers Adviser**

Mel Hope (Rel)

**School Counsellors**

Robyn Flood  
Sue Tallis

**Sports Co-ordinators**

Anthony Wharton  
Tegan Dray

**SPECIAL ED**

In Support Students have made a great start to the term. All students have returned fresh from holidays with a positive attitude and are ready to finish the year with a bang.

Students are continuing to enjoy working in Wood Technology with Mr Thompson and Mr Wharton. Students have started the term with a new project to make models of Semi-trailers, using some newly learnt skills.

The boys are also looking forward to joining with Mr Dunn and working on the Bush tucker garden this term and also into the New Year. Students are enjoying being outside and working with their hands to create a special space in our school.

Students in both classes have enjoyed studying Volcanoes in Geography and have completed some awesome model volcanoes and research on the types of Volcanoes to a very high standard. This term in Science both classes are enjoying researching the different systems in the human body. All students have participated in creating a life size poster of the human body systems to display in the classroom.

**M Morison**

**PRINCIPAL'S REPORT**

Following the release of the first part of the new school funding model that will roll out over the next couple of years, it was pleasing to see our school benefit from an increase in funding. This financial resource is provided to the school to support learning and is the result of a funding formula that more accurately reflects the needs of individual students. In net terms our school will be approximately \$80 000 in front based on the current funding model. As a result there are a whole range of additional initiatives under consideration including but not limited to further support for our High Achieving Program for students with special gifts and talents, the introduction of mathletics – a web based interactive maths tutorial program available to all students from home, resilience programs, boys

education initiatives and of course further focuses on literacy and numeracy. Obviously there is a limit to what is possible but it is exciting to develop and implement additional initiatives that previously would not have been possible.



The second half of the Year 7 2014 Two Day Transition Program concluded last week with lots of positive feedback. The leaders and I were extremely impressed again with the exceptional Year 9 Peer Support Mentors for their maturity and care of our newest students. Seeing them grow into their leadership roles reaffirmed again my belief that Orange High is so lucky to have such stand out compassionate and thoughtful young leaders.



*Achievement in a supportive environment*

Preparations for our 2014 Year 7 and 9 High Achieving Classes for students with special gifts and talents is well underway with a school gifted and talented linkage has been established with Ryde Secondary College and professional learning for staff has been organised. An information evening for parents and children accepted into these classes has been organised for the 26<sup>th</sup> November. If you are a parent of one of these children please mark this date in your diary. All parents will be sent a personal invitation shortly.

**David Lloyd, Principal**

#### ASSESSMENTS DUE – WEEK 5

**Year 7:** English (speaking task) – HSIE Geog (exam) – HSIE Hist (exam) – Japanese (exam) – Mathematics (exam) – Music (exam, course work) – PDHPE (post – you are what you eat) – Science

(exam) – Tech Mand, Ag (practical) – Tech Mand, Home Ec (practical skills) – Tech Mand, IA (practical)

**Year 8:** English (persuasive writing task) – English (exam) – HSIE Geog (exam) – HSIE History (exam) – Japanese (exam) – Mathematics (exam) – PDHPE (Pract – road safety & first aid), Science (test) – Tech Mand, Ag (prac) – Tech Mand, Home Ec (practical) - Tech Mand, IA (practical)

**Year 9:** Agriculture (exam), English (exam), Engineering (exam) Maths 5.1, 5.2, 5.3 (exam), Textiles (exam), Child St (exam), Food Tech (exam), Aust Geography (exam), Aust History (exam), Science (knowledge test), Drama (film), Vis Art (process diary), Graphics Tech (exam), IST (test), Japanese (exam), Metals (test), Power Tech (test), Science (test), Wood (test)

**Year 10:** English (exam), Maths 5.1, 5.2, 5.3 (exam), Aust History (exam), Aust Geography (exam), Science (knowledge test). Wood Tech (major project & folio), Agriculture (test), Child St (test), Engineering Tech (test), Food Tech (test), I & ST (test), Marine St (test), Metals (test), Vis Arts (test)

#### YEAR 7 2014 INFORMATION EVENING

Wednesday 13<sup>th</sup> November, 2013  
Orange High School Performing Arts Centre



**You are invited!**

## **Open House Performance The Recital Room**

in the Mrs Mickle Music Centre

**Friday 22nd November**

5.30 to 6.30pm

After all the play-outs, fundraising, concerts and donations the new performance space is now complete. You helped to make it happen!

Please RSVP by Wednesday 20th November to 02 6362 3444 or email: [catherine.sharp@det.nsw.edu.au](mailto:catherine.sharp@det.nsw.edu.au)



### **WARATAH'S SOCCER CLUB**

#### **WOMEN'S TWILIGHT SOCCER COMPETITION COMMENCING**

**TUESDAY 12 NOVEMBER, 2013.**

We are looking for girls (Year 7 – Year 12) and women to play twilight soccer in a competition for women only. The competition is not only aimed at experienced players but also novice players who have always been interested in playing soccer but felt they lacked the necessary skills. This is the second year we have run the competition and it has been very successful and would like to encourage more girls and women to join the competition.

So mothers and daughters, aunts and nieces, friends, work mates, neighbours, students and teachers and any other interested girls and women - here is your chance to put on the joggers (no soccer boots) and take to the field to have fun and increase your fitness levels. So why not get your Team of 10 players together and join the fun?

Anyone interested in playing but who is unable to form a Team please contact us and we will organise for you to be placed in a Team.

Venue: Waratah Sports Ground, Telopea Way, Orange

Time: 6:15 pm

Cost: \$60.00 (Adults)  
\$50.00 (Students)  
\$40.00 (School Students)

For further information please contact:  
Darren Sinclair – 0419 293 952  
Robyn Churchland – 0405 604 126

Nomination Forms and Rules available from the Waratah Sports Club

Nominations close 1 November, 2013.



# Study Skills

## Article #50 Make it Interesting

(This article was prepared for Year 12 students by Michael Auden. It is an extract from resources available from [www.HSCin2013.com](http://www.HSCin2013.com) )

### Make it Interesting

#### 1. Be aware of attitudes.

People who think history is boring tend to have difficulty remembering history. People who believe maths is difficult tend to have difficulty recalling, mathematical formulas. All of us can forget information that contradicts our opinions.

This is not the same as fighting your attitudes or struggling to give them up. Simply acknowledge them. Notice them. Your awareness can deflate an attitude that is blocking your memory.

One way to befriend a self-defeating attitude about a subject is to relate it to something you are interested in. For example, consider a person who is fanatical about cars.

She can rebuild a motor in a weekend and considers that a good time. From this apparently specialized interest, she can explore a wide realm of knowledge. She can relate the workings of an engine to principles of physics, maths, and chemistry. Computerised parts in newer cars lead her to data processing. She can study how cars have changed our cities and helped create suburbs, a topic that includes urban planning, sociology, business, economics, psychology, and history.

We remember what we find interesting. If you think a subject is boring, remember that everything is related to everything else. Look for connections.

### Bonus Section

#### Article #51 Use it before you lose it

(This article was prepared for Year 12 students by Michael Auden. It is an extract from resources available from [www.HSCin2013.com](http://www.HSCin2013.com) )

Even information stored in long-term memory becomes difficult to recall if we don't use it regularly. The pathways to the information in our brains becomes faint with disuse. For example, you can probably remember your current phone number. What was your phone number 10 years ago?

This points to a powerful memory technique. To remember something, access it a lot. Read it, write it, speak it, listen to it, apply it – find some way to make contact with the material regularly. Each time you do so, you widen the neural pathway to the material and make it easier to recall the next time.

Another way to contact the material is to teach it. Teaching demands mastery. When you explain the function of the pancreas to a fellow student, you discover quickly whether you really understand the pancreas.

Study groups are especially effective because they put you on stage. The friendly pressure of knowing you'll teach the group helps to focus your attention.

#### Article #52 And remember, you never forget

(This article was prepared for Year 12 students by Michael Auden. It is an extract from resources available from [www.HSCin2013.com](http://www.HSCin2013.com) )

#### And remember, you never forget

You might not believe that an idea or thought never leaves your memory. That's OK. In fact, it doesn't matter whether you agree with the idea or not. It can work for you anyway.

Test the concept. Adopt an attitude that says, "I never forget anything. I may have difficulty recalling something from my memory, but I never really forget it. All I have to do is find where I stored it."

Many people use the flip side of this technique and get the opposite results. "I never remember anything," they say over and over again. "I've always had a poor memory. I'm such a scatterbrain." That kind of negative self-talk is self-fulfilling.

An alternative is to speak more positively, or at least more accurately. Instead of saying, "I don't remember," you can say, "It will come to me." The later statement implies that the information you want is stored in your mind and that you can retrieve it ... just not right now.

We can also use affirmations that support us as we develop our memories. Possibilities include "I recall information easily and accurately" and "My memory serves me well." Or even "I never forget!"

## Education Matters: Information Session for Parents & Carers

Do you have a child with a disability who will be starting school 2014 / 2015? Now is the time to start planning! Do you have a child with disability already at school? Are you aware of the different ways your school can support your child?

Lisa Whittaker from the Dept. of Education will be giving an overview of the different types of support available through the public education system.

- Learn about the options available –mainstream or special school
- What are the Dept.'s disability criteria?
- Find out about regional placement panels and their role
- Does your child need special equipment?
- Are there supports available to assist with transport to and from school?
- What are *Learning and Support Teams*?
- How* can we support children with special needs as they progress through the education system?

WHEN: Thursday November 14

TIME: 6.30pm – 8.30pm. Dinner is provided so numbers are limited.

VENUE: Orange Ex Services Club 231-243 Anson Street

RSVP: *Suzi Welch 6360 1455 by 1<sup>st</sup> November*

## Shepherd Software

This website has hundreds of free online educational activities, games, quizzes, articles and more for students use. Thanks to Amanda L for sharing this great website: <http://www.sheppardsoftware.com/>

## International Day of People with Disability- December 2013

International Day of People with Disability (IDPWD) is a United Nations sanctioned day that aims to promote an understanding of people with disability and encourage support for their dignity, rights and well-being. There are various events happening across the region. Visit the website for further information: [www.idpwd.com.au/](http://www.idpwd.com.au/)

**Orange: MAD Ball** - Monday 2<sup>nd</sup> December 2013 at Orange PCYC 10-2pm

The Orange idpwd committee will be holding a MAD Ball (Music, Art and Dance).

As well as a DJ, dancing and entertainment, there will be a collaborative artwork where various organisations will submit artworks which will be then be displayed on the day on a large scale. A light lunch will also be supplied. For further information or to register contact Amanda Rodwell: [arodwell@orange.nsw.gov.au](mailto:arodwell@orange.nsw.gov.au)

**Orange: Wangarang Open Day**- Friday 6<sup>th</sup> December 9am - 3pm

Address: Wangarang Industries 1635 Forest Rd, Orange.

Wangarang open day for the general public to visit our workplace. Morning and afternoon tea will be provided on site.

Contact details: Tamara Pearson 63619659 [admin@wangarang.com.au](mailto:admin@wangarang.com.au)