

NEWSLETTER



www.orange-h.schools.nsw.edu.au

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21st February, 2013 : Week B

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Year 8 Adviser

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Year 11 Adviser

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Year 12 Adviser

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School Counsellors

Robyn Flood
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Sports Co-ordinators

Anthony Wharton
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ENGLISH NEWS

On Friday 15th February Head Teacher Kathleen Maksymczuk and classroom English teachers Sophie Healey and Kristie Esson attended a professional learning course to learn more about preparing for the new English syllabus, that will be implemented, in year 7 and 9, in 2014 under the National Curriculum. The English faculty at Orange High school is extremely excited about the new opportunities the new syllabus offers. The syllabus rationale explains clearly what English is all about. The new syllabus for English states that ‘Developing proficiency in English enables students to take their place as confident communicators, critical and imaginative thinkers, lifelong learners and informed, active participants in Australian society! It supports the development and expression of a system of personal values, based on students’ understanding of moral and ethical matters, and gives expression to their hopes and ideals.’ This is the aim of all the extremely passionate teachers in our faculty. All of us are already preparing for new programs and exploring new texts to ensure that the Orange High School English faculty is leading the way in teaching the new syllabus in the Western area. The day was a wonderful opportunity to collaborate with fellow teachers and to listen to some experts on their ideas and insights for the New Curriculum. Please give us a call if you have any questions about the syllabus, we are all excited about the future of English at Orange High.



LION'S YOUTH OF THE YEAR DINNER



On Thursday 14th February, I had the honour of attending the Lion's Youth of the Year dinner to see Lachlan Jensen, one our school captains represent our school with pride, enthusiasm and dignity. Lachlan had already been through the arduous process of an interview the previous Saturday, where he was asked about his opinions on current events as well as his personal achievements.

Thursday night was the opportunity for Lachlan to showcase his excellent public speaking skills when he delivered a passionate speech about the inspiring nature of the Olympic Games and how this sporting event is much more than just competition. Lachlan's presentation was mature, insightful and he was able to connect with every member of the audience. There was also the pressure of two impromptu speeches, one concerning gun laws and the other about drugs in sport. Once again Lachlan's views were firm, direct and most importantly articulate.

I would like to thank the Lion's club for hosting the event and for their very generous donation to the school. Also thank you to Lachlan for being such an excellent ambassador for Orange High School.

K Maksymczuk, Head Teacher English

Achievement in a supportive environment

PRINCIPAL'S REPORT

Assessment for learning is a crucial part of quality teaching.

To enable parents to better support learning at home, assessment schedules have been sent emailed to all parents in each year group. Additionally all of the schedules (Years 7 to 12 will be available on the schools website next week, www.orange-h.schools.nsw.edu.au **The assessment schedules highlight when and in what subjects students have tasks coming up.** The timelines provide an opportunity for parents to actively support home learning and engage in conversations that further develop the concepts taught in class.

Students in Years 7 and 11 will later this week receive their Interim Reports. The Interim Reports provide parents and students with an overview of how their child has settled into learning in high school in the case of Year 7 and senior school in the case of Year 11.

To further support learning partnerships between school and home, **a parent teacher night for students in Year 7 and 11 has been scheduled for Monday 4 March** between 6pm and 8 pm. A note inviting all parents to make bookings with their child's teacher will be distributed with the reports later this week. Bookings can be made online or through the front office of the school if there is no internet access at home.

Congratulations to English Head Teacher Kathleen Maksymczuk and her team for their coordination of a regional Australian Curricula day last week. The team co-ordinated professional learning activities day for approximately 60 English teachers across the Orange, Bathurst and Lachlan schools who are preparing the for introduction of the new English syllabus next year. I have no doubt given the talent of teachers at Orange High, that many other Head Teachers and teachers will lead professional learning as the industry prepares for the successful introduction of contemporary curricula.

David Lloyd

WELFARE WORDS

MERITS

This week students have an opportunity to collect a few extra merits. Tuesday was double signature day!! Those students working above expectations during class received 2 signatures/merits from teachers. Tallied merits allow students entry into School events such as the School Disco and numerous other events throughout the year. Next Thursday (28th Feb) is our first School Disco and students need 10 signatures to be eligible to attend.

YEAR 7 AND 11 PARENT/TEACHER INTERVIEWS

Book it in your calendar!! Monday 4th March, 2013. Year 7 and 11 Parent/Teacher Interviews from 6.00pm – 8.00pm at Orange High School PAC (Performing Arts Centre). Booking details available soon.

UNIFORMS

A big thankyou to parents who have kindly donated uniforms that are no longer required. If you happen to have uniforms that are in good condition, that you no longer need, please drop them off to the School front office. Orange High School has a bank of uniforms that are used for families in need and for those students

who damage their uniform during school hours. We would really appreciate any clothing donations.

ASTHMA PLANS AND MEDICAL INFORMATION

If your child suffers from a medical condition that may affect them while they are at school, please let us know. Initially this information is recorded during the enrolment phase, however, if it has been a recent diagnosis, often this vital information is not passed onto the school. Parents can phone the school or make an appointment to come in to update student records. Alternatively, students can see Mrs Blowes in the front office to collect a medical update form to be completed and signed by a parent/guardian.

It is important that Orange High School has accurate medical details, so in the case of emergency we can implement relevant procedures. Thank you for your support in addressing this important matter.

That is all for now, have a great week, enjoy the great weather.

K Chopping, HT Welfare

OHS NETBALL SELECTIONS 2013

Selections for Orange High School netball teams will occur on the following dates. The venue for all trials is the OHS gym.

- 13's (for those turning 13 and under in 2013): Wednesday 6th February 3.30 - 4.15 pm
- 14's (for those turning 14 and under in 2013): Wednesday 13th February 3.30 - 4.15 pm
- High A (CHS Open representative team and Astley Cup team), Junior A (15 and under selected team) and 15's (for those turning 15 and under) and CHS U/15s representative team: Wednesday 20th February 3.30 - 4.15 pm
- Senior team nominations must be received by Friday 22nd February.

If your child has missed any of the selections can you please contact Ms Dray ASAP.

Please note that girls attending the 13s and 14s trials may be asked to attend Junior A trials on Wed 20th February.

If you are willing to coach or manage a team could you please contact me ASAP.

The Orange High School Netball Club will be holding an **AGM on Thursday 21st of February, 5.00pm in the OHS gym.** We are seeking people to fill a number of positions so if you are interested please come along. We would love to meet as many OHS netball club parents as possible.

Our registration day will be held at the Orange High School Gym on Saturday the 23rd of February from 10am-1pm. This is your opportunity to submit your child's registration fee and try on uniforms for sizing.

T Dray, OHS Netball Club

LIBRARY NEWS

Congratulations to the students in Year 11 and 12 who have settled into their study periods in the library. Either during a normal week day or on a Wednesday morning.

Your cheerful, positive attitude and your work ethic are to be commended. Don't forget that your Study Skills modules can be accessed from home. You can use this site to complete your set modules, or to explore what the site has to offer, and find information that is relevant to your personal needs.

This is also a timely reminder to all parents, students and staff, that the 'Study Skills Handbook' is available to all Orange High School community members. By working through the units at: <http://www.studyskillshandbook.com.au/> students are helped to consolidate their study skills set, or in some cases introduce them to the skills they need to improve their organisation and results.

There are two units specifically for transition. 'Starting Secondary School' and 'Becoming a Senior Student'

Username: orangehs

Password: 18success

H Michell, Librarian

STUDY SKILLS TIP FOR FEBRUARY: COPING WITH TRANSITION

Many students will be experiencing some form of transition this year. Perhaps they have moved from Primary School to Secondary School. Perhaps they are now a senior student. Maybe they are trying a new subject or changing levels within a subject.

With change, can come uncertainty and anxiety.

Whenever we are in a new situation, we have a period of time where we are learning and adapting. Below are some tips to help students make their transitions this year as smooth as possible.



- 1. ASK QUESTIONS:** Ask lots and lots of questions. If you are unsure about something, don't sit there in silence, ask a question. If you are uncomfortable asking the teacher directly, then ask a friend or ask the teacher after class. But be aware, there are probably many other students with the same question and they will probably be thankful that someone asks the question they also have!
- 2. FIND A BUDDY:** It is much easier if you have someone to talk to about what you are both experiencing. Someone you can check things with, even just someone to listen to you when you want to moan and groan, or celebrate! You don't have to specifically say 'let's be buddies', but look out for a like-minded person so that you can help each other along the way.
- 3. CONSOLIDATE:** When you are learning new things, or have lots of new information heading your way, it's important to take time to consolidate. This could be explaining what you are learning to someone like your parents, or it could be writing a short list or summary of what you have been told so you don't forget it.
- 4. POSITIVE ATTITUDE:** Your attitude can make a world of difference to the type of experiences you have during any transition. Start noticing your thoughts. Are they negative or positive? You can start to take control and direct the way you think about a situation and this in turn will change how you

feel. For example if something goes wrong and you notice you're thinking something like 'I am dumb, I can't believe I did that' immediately catch yourself and say 'that's a bit negative, after all, everyone makes mistakes, at least now I know what I need to do for next time'. Eventually you can start to have a more positive reaction to things, look for the good in situations.

- 5. AIM FOR PERSONAL BEST:** Don't compare yourself to other people. Aim for your own "personal best". Strive to do the best *you* can, to learn, to grow and develop. We all have different skills and strengths and sometimes these aren't always evident in the school situation. So just focus on being the best student you can be and celebrate all of your strengths and gifts – whether they show up in the school arena or in your outside life.

Prue Salter, Enhanced Learning Educational Services

www.enhanced-learning.net

CINEMA UNDER THE STARS

On Friday 22nd March the cinema is coming to Orange High School to raise money for interactive smart boards and new text books. There will be a 10m x 5m inflatable movie screen on the oval for a great night's entertainment. This will be an evening for students, families and the general public. Tickets will be \$10 a single or \$25 for a family. More details will follow soon but mark the date down now!

As a way to offset costs, the P&C will be selling advertising space to be shown on the big screen before the movie. If any parents with a business who would be interested in advertising and supporting the night, please contact Alison Duffield at sduffield2@bigpond.com for more details.

NSW SCHOOL BASED ADOLESCENT VACCINATION PROGRAM 2013

Each year NSW Health works with education authorities to offer vaccines recommended for adolescents by the National Health and Medical Research Council (NHMRC).

In 2013 vaccines will be offered to all Year 7 students as well as a "national catch up" for Year 9 boys. A specialised team of nurses will visit Orange High School on four occasions this year to implement the program in the following way:

Dates for your calendar:

Thursday 21st March, 2013

Hepatitis B – all Year 7

HPV – Dose 1 - all Year 7 and Year 9 boys only

Thursday 23rd May, 2013

HPV – Dose 2 - all Year 7 and Year 9 boys only

Thursday 22nd August, 2013

Varicella (chicken pox) – all Year 7

dTpa (diphtheria, tetanus & pertussis) – all Year 7

Thursday 24th October, 2013

Hepatitis B – Dose 2 all Year 7

HPV – Dose 3 all Year 7 and Year 9 boys only

Parent information kits will be sent home this week. To consent to vaccination, parents are advised to read all the information provided, complete the Consent Form and return it to the school. Each consent pack should contain the following:

Year 7 – Girls

- Hepatitis B (green)
- Varicella (yellow)
- HPV (pink)
- dTpa (blue)

Year 7 – Boys

- Hepatitis B (green)
- Varicella (yellow)
- dTpa (blue)

Year 9 – Boys

- HPV (pink)

For more information please visit

www.health.nsw.gov.au/immunisation

WARATAH JUNIOR SOCCER CLUB

Waratah Junior Soccer Club will hold registration days on Saturday 23 February and Sunday 24 February and 12:00-2:00pm Wed 27 Feb-1 March 5:00-6:00 pm; Saturday 2 March and Sunday 3 March from 12:00-2:00 pm at Waratah Sports Club.

For further information contact Jo 0400623841 or 63620804.

Thank you for your assistance.

ORANGE CITY JUNIOR RUGBY UNION CLUB

2013 season, players wanted, U7's to U17's

For further details <http://orangecityjuniors.rugbynet.com.au> Tony 0435025181 Deryck 0427621965.

HOSTING EXCHANGE STUDENT

Hosting exchange students gives Australian families the opportunity to share their life and their culture with young international students for a term, semester or year. It is also a great way for all your students to learn more about another culture and help each other with their language study.

Looking For Volunteer Host Families

World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to an international student arriving in July 2013. Our students from Italy, Belgium, Finland, France, Switzerland, The Netherlands and South America are looking forward to experiencing life in Australia, making new friends and becoming a member of an Australian family soon.

Find out more!

Getting to know your student before he or she arrives brings fun

and joy to everyone involved. Take the next step and contact WEP today to receive a full information pack for your family.