

NEWSLETTER



www.orange-h.schools.nsw.edu.au

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ORANGE NSW 2800

9th May, 2013 : Week A

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FAX: 6361 3616

PREMIER'S SPORTING CHALLENGE

A number of Orange High School students from years 8-12 have been involved in the development of a statewide sports leadership initiative called the 'Premier's Sporting Challenge Leadership Program'.

After 3 years of ongoing courses and training, the OHS students developed and ran a sports day which involved primary school sports leaders from Bletchington, Calare, Anson St and Nashdale public schools. The primary school students who are involved will progress with the program into high school and one day will be in charge of running future leadership days.

The event was a huge success with our year 12 leaders organising and running the program. They made sure the day was run on time and with purpose. The other OHS leaders ran training programs in soccer, rugby league, rugby union, tennis, soccer and golf. The OHS team conducted themselves in a professional manner and demonstrated skills well beyond their years.



T Baker, HT PDHPE



DR RICH ALLEN SEMINAR



On Thursday 2nd May almost 80 senior students and a number of parents took up the opportunity to work Dr Rich Allen at Canobolas Rural Technology High School.

Dr Rich Allen is an educational psychologist and former teacher from America who spent the week working with teachers in the Orange region on student engagement.

The student session was an energetic 90 minutes centred on how the brain receives, processes, stores and recalls information. Students were taught memory strategies and were amazed at how quickly they could both learn the strategies and use them.

As well as being highly informative the session was a great deal of fun, with students really connecting with the concepts delivered. Students and staff both now have another way to further their knowledge and skills in delivering and receiving a quality education.

K Winslade

Achievement in a supportive environment

Contact List

Principal

David Lloyd

Deputy Principals

Michelle Barrett

Michael Sloan

Head Teacher Admin

Kylie Winslade (students)

Helene Hamilton (staff)

Year 7 Adviser

Sarah Cooper

Year 8 Adviser

Jo Cormack

Year 9 Adviser

Jenny Wickham

Year 10 Adviser

Narelle Small

Year 11 Adviser

Karen Rogers

Year 12 Adviser

Glen Pearson

Careers Adviser

Melanie Hope (Rel)

School Counsellors

Robyn Flood

Sue Tallis

Sports Co-ordinators

Anthony Wharton

Tegan Dray

PRINCIPAL'S REPORT

Congratulations to Ali Clarke who so far in Year 12 Advanced English has **achieved 100% in all Assessment Tasks** – a remarkable achievement. The 3 tasks included:

- a speech and narrative for the 'Area of Study',
- an essay on Blade Runner and Frankenstein in the module 'Comparative Study of Texts and Contexts' and
- 100% in her Half Yearly Exam consisting of 3 parts, short answer, narrative writing and an analytical essay.

Ali's achievement is very impressive and no doubt reflects a high natural ability and exceptional work ethic.

Last Friday students studying Physical and Sports Studies led a sports development day as part of the 2013 'Premier's Sporting Challenge' for students from primary schools across Orange. ***It was wonderful to see the positive interactions through coaching and mentoring between future high school students and current students in a range of sports.*** For current students, the opportunity to develop organisational and leadership skills was invaluable.

Earlier today, a group of talented students filmed segments for an informational DVD (approximately 2 minutes) capturing some of the teaching, learning and extra curricula activities at Orange High School. The aim of the film was to capture the spirit and culture of the school. ***I am very happy to say that the students involved in the production have a much greater level of skill than I when it comes to presenting and filming*** and as a result am very confident it will be high quality. I look forward to seeing the final cut of the DVD!

David Lloyd, Principal

MUSIC ENSEMBLES

The music ensembles have been busily rehearsing for the opening of the new music classroom, Orange Eisteddfod and the School Show at the end of Term Two. A reminder for ensemble rehearsals.

Monday 8:00am	Tuesday 8:00am	Wednesday 8:00am	Thursday 8:00am	Friday 8:00am
Small Ensembles	Concert band	Man Choir	String Ensemble	Choir
Brass Ensemble	Tuesday 4:30pm			
Saxophone	Junior Stageband			
Ensembl	Tuesday 6:00pm			
Flute Ensemble	Senior Stageband			

ANZAC MARCH

We were very proud to lead the ANZAC March once again this year. A huge thank you goes out to all the students who gave up their holiday to practice marching. Also thank you to the parents who assisted with the set up, pack up and minding of the equipment. We really do appreciate your effort and time to assist us. The students were invited by the RSL Committee to attend their luncheon; a well earned treat enjoyed by all.



Students marching on the oval under the watchful eye of Felix



Students enjoying lunch at the Orange Ex-Services Club



The new music classroom is taking shape

THE NEW MUSIC CLASSROOM

Fingers crossed, the new music classroom should be completed at the end of June. PRISM parents have been meeting to see how they can assist in fundraising for a grand piano and other items. Although we need your help. If you are able to offer any support with fundraising or you have community connections to assist us in our plight could you please make contact with Bronwyn Fox at ohsprism@gmail.com or contact one of the music staff on 6362 3444. Any assistance would be greatly appreciated.

SCHOOL BLAZERS

We would like our ensembles to perform in school blazers at future public events. These items can be costly with growing children so we are looking to establish a pool of blazers in the music centre. Perhaps you have or you may know of ex- students who might like to donate their old blazers to the music students. If so, could you please bring these to the music centre at your nearest convenience? We have approximately forty-five students in the concert band, our biggest ensemble, so we are looking to collect at least this many.

VISUAL ARTS EXCURSIONS AND STUDENT NEWS.

This year our senior students have been making use of the Orange Regional Art Gallery. We have visited a few exhibitions and been lucky enough to experience some talks by local and visiting artists and curators of the gallery. The first exhibition we went to was the sculpture exhibition by Adam Rish whose work shows his range of styles and subject matter with insight and humour. The students found his work, in particular his wooden sculptures both clever and entertaining. We also visited the exhibition by Australian Abstract Artist Peter Griffen. These works ranged from landscapes of the Australian bush with appropriations of images such as Ned Kelly and influences such as the classical paintings of the Renaissance, to the expressive works by Picasso. These works reinforced artists and artworks that we have studied in class.

We also had the opportunity to attend the opening of *Artexpress* and to meet last year's H.S.C art students whose works were chosen for the travelling exhibition. The following week Visual Arts students from Year 12, 11 and some Visual Arts and Photography students in Year 10 and 9 visited the *Artexpress* exhibition and were amazed and extremely motivated by the variety and quality of the works exhibited. The weeks following the *Artexpress* excursion were filled with students who had more ideas and direction for their own art making.

We are entering many of our students work from Year 7 to 9 in the upcoming Orange Apple Festival art competition and exhibition, at the Orange Show Ground. All students works are imaginative explorations of the theme of apples and a range of art forms will be submitted for exhibition; ranging from drawing, photography and digital imaging and mixed media.

We would also like to make a special mention to a Year 9 Visual Arts student, Cheyenne Styles, who was awarded two 1st places and a 2nd place in the Art section of the Orange Show and also received the Most promising Artist award category! A big congratulations to Cheyenne- we are lucky to have her in our subject area and look forward to seeing more of her talent over the coming years.

P Frost, HT CAPA

Open the door to your creative talent

WITH

TUESDAY ART STUDIO

Expressions of Interest-

The Visual Arts department is offering an exciting new opportunity for students of all years and all levels of ability

- Tuesday Art Studio. Students will have the opportunity to explore a range of artmaking materials, art forms and styles, outside of the syllabus focus of the classroom.

Tuesday Art Studio will emphasise a studio focus combining structured art projects with one-on-one mentoring and practical tutoring of students' individual progress and their preferred artmaking styles and ideas.

The Tuesday Art Studio will run between 3:30 and 5:00 pm, every Tuesday in A2. All of the Orange High School Visual Arts teachers will be offering mentoring and leading workshops at different stages.

Students can see Ms Frost in the Visual Arts Staffroom for information and to indicate their expression of interest.

Permission forms will also be available.

For any further queries, please contact Ms Frost, Head Teacher Creative and Performing Arts, at the school on 6362 3444.

Cost: \$50.00 per Term

Day: Every Tuesday

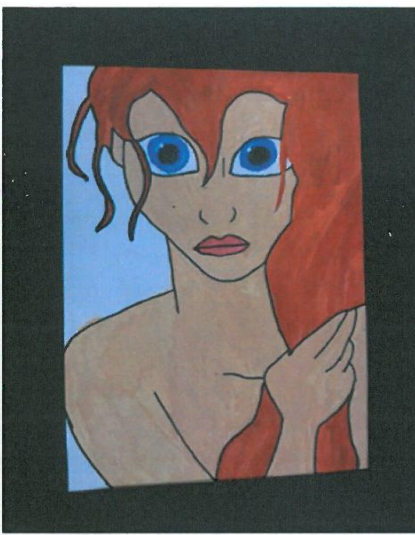
Time: 3:30- 5:00 pm

Venue: A2

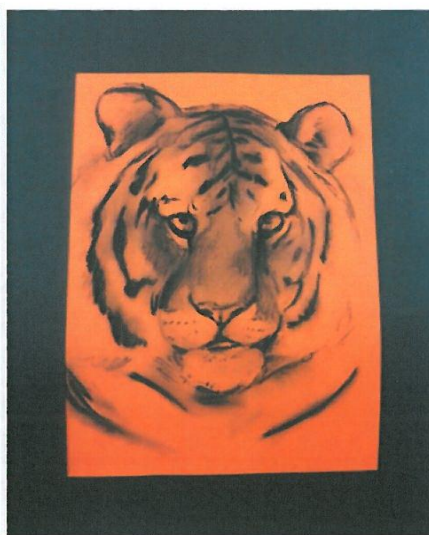




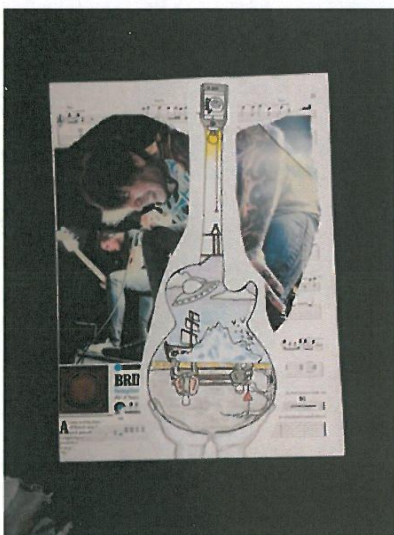
Hannah Peebles



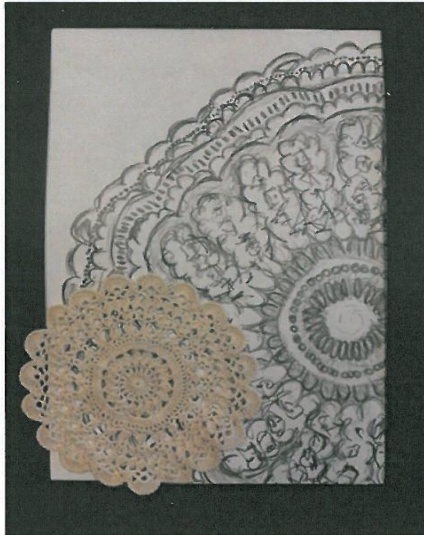
Megan Brown



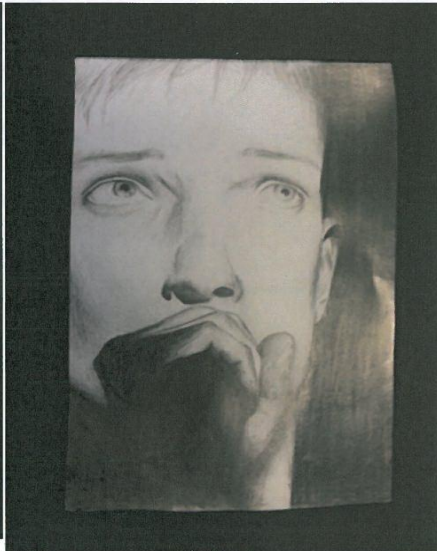
Renee Chelo



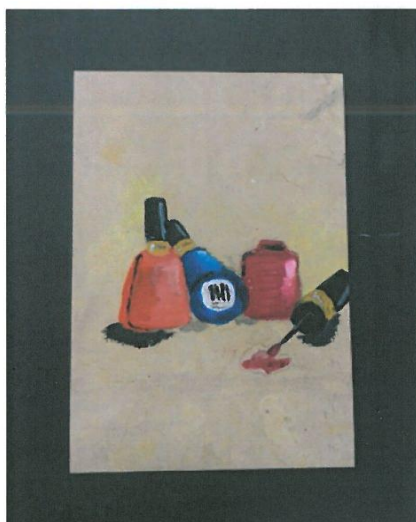
Nathan Swann



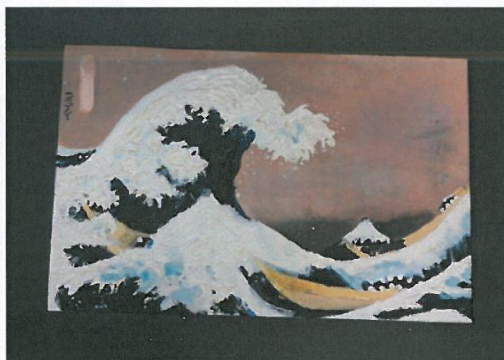
Monica Faucett



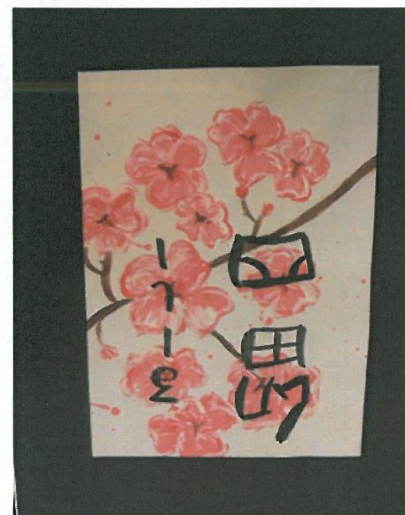
Imogen Hunter



Cody Mc Hatton



Demi Lawler



Lucy Hill

LIBRARY**STUDY SKILLS TIP FOR MAY: Improving Handwriting**

To improve your handwriting, you need to first assess how healthy you are in the four elements of legible handwriting: letter formation, sizing, alignment on the line and spacing between words. Then use the steps below to start to improve your handwriting:

- **FIND BEST PEN:** Experiment with different pens to see which is the easiest to write with and which one gives you the neatest handwriting. Use the same pen all the time.
- **GOOD GRIP:** Hold the pen/pencil gently and do not grip too tightly or push too hard on the paper.
- **USE ARM MUSCLES:** Always write with your forearm and shoulder NOT with your fingers or wrist. This way your strokes will flow much better. It may take you some time to retrain your arm and hand but be aware of these movements when you practise. The muscles in your forearm and shoulder tire less easily than your fingers.
- **BEGIN WITH LARGE STROKES:** practise initially on a whiteboard (or even tracing letters in the air) using large strokes until you feel comfortable with using your forearm and shoulder muscles. When you feel you have conquered this, it is time to begin practising on paper. Keep using large strokes, gradually reducing them in size as your control of the muscles increases. Once you have accomplished this it is time to begin practising in your exercise book forming normal sized letters.
- **POSTURE:** Ensure you practise your handwriting skills at a desk or table. Sit up straight using a good chair.
- **RULED LINED BOOK:** Buy a ruled exercise book (like a primary cursive pad) for practice use. Always write on lined paper and take note of how you are writing and how your work looks on the page.
- **COPY STYLE:** Look for an example of a handwriting style that you like and can use to copy from. Keep this in front of you at all times to inspire you towards improving your style.
- **INDIVIDUAL LETTERS:** Begin with individual letters and practise writing at least one letter per day concentrating on the four elements of legible handwriting.
- **WHOLE WORDS:** Once you have worked your way through individual letters in the alphabet practise writing whole words. Be aware of the flow from one letter to the next as well as spacing between each word.
- **TEST SENTENCE:** Choose a test sentence for yourself and write it at the top of your first practice page. Each week write this sentence at the top of a new page to check for improvement in your writing.
- **SPECIAL SENTENCE:** Frequently practise writing the sentence 'the quick brown fox jumps over the lazy dog' in small and capital letters. This sentence contains all the letters in the alphabet and gives you good overall practice of each letter.
- **WRITE SLOWLY:** Write slowly when practising.
- **REALISTIC GOALS:** Don't set impractical goals for improvement. Improvement will take time and is a matter for persistence – it all comes down to practice, practice and then more practice!

Once your handwriting style has improved, you can then focus on improving the speed of your handwriting. Every day, practise writing at speed. Choose a particular passage and write it out

neatly. Time yourself. The next day write it out neatly again but try and speed up a bit and time yourself again. The goal is to get to the point where you can write the passage out quickly but still maintain neat handwriting. Doing this for just 5 minutes every day will really help you to improve your handwriting. If your cursive (running) writing is really bad, you may find it easier to learn to print really fast in exams rather than focus on improving your cursive style.

You can also try writing with a pen that is weighted on the end to build up the muscles in your hand used for writing. When you get to the exams take the weight off the end and feel the benefits of a lighter pen! And for people with serious handwriting issues, check out this amazing pen: www.ringpen.com. Learn more useful tips to help you achieve your personal best at school at the Study Skills Handbook website.

Cheers, **Prue Salter, Enhanced Learning Educational Services**

www.enhanced-learning.net Our school's subscription details to www.studyskillshandbook.com.au are -

Username: oranges

Password: 18success

H Michell, Teacher/ Librarian**NAPLAN 2014**

Orange High School expects students to 'do whatever they do to the best of their ability'.

On May 14th, 15th and 16th the National Assessment Program-Literacy and Numeracy (NAPLAN) will be completed by all students in Years 7 & 9. Whilst NAPLAN is only one measure of student achievement used by Orange High School, it is essential that students are encouraged to try their hardest with all tasks. At Orange High School we use the results of NAPLAN to help support students in identified areas of difficulty, monitor student growth in key literacy and numeracy domains and guide teachers to employ strategies to support all learners within their classroom.

Students will receive a copy of the test timetable in week 2, along with reminders in the daily notices. Pencils **will** be supplied for all assessments. Students **need to bring** an eraser and sharpener for all tests and a calculator for the numeracy test. **No** other equipment such as pencil cases or rulers are allowed in the test area. Mobile phones, ipods etc are not permitted and students will be asked to take their device to the office if they attempt to access it during the test time.

Students who are absent for any of the tests will be given the opportunity to catch up the missed test on Friday 17th May. After this date we are unable to allow students to complete any outstanding tests.

Further information about NAPLAN testing, adjustments and exemptions can be found at the following address:

<http://www.nap.edu.au/naplan/parent-carer-support.html> Should you require further information about NAPLAN at Orange High School please contact one of the following staff members: David Lloyd, Principal, Kathleen Maksymczuk, Head Teacher English, Terri Johnston, Head Teacher Mathematics, Nicole Griffith NAPLAN Coordinator/Learning and Support Teacher.

Nicole Griffith

ASSESSMENTS DUE – WEEK 3

Year 7: NAPLAN – no assessments due

Year 9: NAPLAN – no assessments due

Year 10: Agriculture (investigation)

LANGUAGE PERFECT WORLD CHAMPIONSHIPS

The Language Perfect World Championships is the largest online languages competition on the planet. Students compete for their class, school and country against other students from around the world, by earning points through learning foreign languages.

Last year Orange High was given 50 free entries into this competition and two Year 8 Japanese classes participated in the competition. Through their contributions these students had Orange High ranked 520th out of 802 schools across the world, 330th out of 504 Australia schools, 87th out of 111 New South Wales Schools and 194th out of 576 Japanese studying schools. But also 45th out of 51 Samoan schools and 480th out of 630 French studying schools.

Steven Clifford received a Gold Award, Rory O'Shea received a Credit Award and Alexandra Boyd received a Bronze Award in the 2012 competition. They are seen in the photo below with Mr Sloan.

This year Year 7 to 11 have been invited to participate in this competition. The website www.languageperfect.com has links that explains about the competition and will answer all questions. The competition is an online competition that is about learning a language. The languages that students can study are Chinese, French, Japanese, German, Latin, Greek, Indonesian, Italian, Maori, Russian and Samoan. There are also prizes that are worth working towards include an MacBook Air, iPods Touches, iPod Shuffles, iTunes Cards and Certificates, and new this year, a \$5000 Language scholarship for an Australian student.

Orange High also has three iPod shuffles to give as prizes just for Orange High students. So the odds of winning a prize are quite good. You simply need to pay \$5 to the front office and Mrs Pirie will assign a password for you to begin working on Language Perfect.

Students should try to begin working on the website before the 20th of May, as that is when the big competition starts, so that they are familiar with the website. The competition it goes for 10 days. Students will then have access to the website for the rest of the year.

Lets all see if we can win some prizes and improve Orange Highs world ranking in Language Learning this year.

JAPAN TRIP 2013.

We have a couple of places left on our trip to Japan this year. If you are interested in an memorable trip at the beginning of Term 4 please contact Mrs Pirie. You do not have to have studied Japanese or speak any Japanese. You do have to be in Year 9, 10 or 11. If you are a boy and interested in going then this is the trip for you, don't wait and miss out next year when our sister school brings 19 girls and 1 boy.

ANZAC DAY

25th April saw Orange High School's Concert Band proudly leading the ANZAC Day march down Summer Street, as well as providing music for the ceremony in Robertson Park - all under the guidance of Mr Brian Irvine. 45 students of the Orange High School Concert Band volunteered their time over the school holidays to practise their pieces, and learn to march while playing their instruments! A BIG thank you to all parents who helped cart the gear down and back, and minding it in the park.

Mrs Pirie**SCHOOL FUN-RUN**

We will be holding an *adidas School Fun-Run* as a major fundraising event this year. The event will be held on Friday 24th May within the school grounds.

The *adidas School Fun-Run* is a healthy, fun and active fundraiser that ensures we send the right message to our students about getting active, having fun and maintaining a healthy lifestyle. The main focus of this event is on participation. Family support is most appreciated as we encourage all students to get involved.

All students have received a Sponsorship Form to help collect sponsorship on behalf of the school. The funds raised will be used to purchase new sporting equipment and uniforms.

We ask all parents to read the Sponsorship Form and sign the front page to grant permission for their child to fundraise and participate in this event. Students who raise just \$10 or more will receive a reward for effort. In the Sponsorship Form you will also find many other benefits like the chance to win a family holiday to Disneyland!

Students wanting to train for our event and to receive advice from sporting heroes like Sally Pearson and Jonathan Brown, can do so by logging onto schoolfunrun.com.au/students and clicking on mi adizone.

Finally, we would like to welcome parents and family members to attend the *adidas School Fun-Run* event day at the school on Friday 24th May to help cheer on the students.

If you would like to volunteer and help out on the day please contact the school on 63623444. Thank you, good luck and happy fundraising!

T Baker, Head Teacher PDHPE