



# Orange High School NEWSLETTER

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Quod Potero Sedulo

17th September, 2015 : Term 3 Week 10

# Ministers Award for Excellence in Teaching



Congratulations to Kristie Esson who was the recipient of a **Ministers Award for Excellence in Teaching** at Parliament House last week. The bestowing of this award is a true recognition of Kristie's exceptional teaching skills and dedication to her chosen career. The award is further evidence of the high esteem in which Kristie is held both at Orange High School and beyond. Her selection was the result of a rigorous application and selection process.

Well done Kristie!

*Honour the past ... create the future*

# Principal's Report

**Principal**  
David Lloyd

**Deputy Principals**  
Kathleen Maksymczuk (Rel)  
Helene Hamilton

**Head Teacher Admin**  
Kylie Winslade (students)  
Joanne Cormack (Rel) (staff)

**Head Teacher Welfare**  
Kerrie Chopping

**Year 7 Adviser**  
Cassie Coates

**Year 8 Adviser**  
Alice Bright

**Year 9 Adviser**  
Sophie Healey

**Year 10 Adviser**  
Sarah Townsend

**Year 11 Advisers**  
Taara Wilson  
Aaron Routh

**Year 12 Adviser**  
Daniels Wait

**Careers Adviser**  
Glen Pearson

**School Counsellors**  
Robyn Flood  
Gai Torshavin

**Sport Co-ordinators**  
Anthony Wharton  
Tegan Dray

**Student Representative  
Council Leader**  
Peita Magee

The school community has enjoyed celebrating the conclusion of 13 years of schooling for our 2015 Year 12 Cohort. The final presentation of graduation portfolios to each of the students this morning was a very moving occasion. There were very few, if any, dry eyes in the packed Performing Arts Centre at the conclusion of the speeches by our 2015 School Captains Alex Kennedy and Sean Faucett. Both captured the positive culture at Orange High School and spoke personally of how they have been impacted by their last 6 years of education. The pictures below capture the atmosphere and share the story of an amazing event. We look forward to continuing to nurture the students over the coming HSC exams and know that many teachers have arranged holiday study sessions with their classes to further develop and fine their tune knowledge and skills prior to the external HSC exams.



Earlier this week I was privileged to join Kristie Esson, our much esteemed Head Teacher, Teaching and Learning, in the Theatre at Parliament House to watch her presented with a Minsters Award for Excellence in Teaching. This is the highest honour for any teacher in NSW and recognises the absolute elite of the profession. This year there were only 6 awards across the entire state. To be selected, teachers have their portfolio of work assessed by an external panel of experts and only the absolutely exceptional teachers from across the state are selected.



I cannot speak highly enough of the talented teaching team here at Orange High and am honoured for Mrs Esson to be recognised as an example of this team and one of the state's best. Congratulations!

**I would like to conclude by wishing students and parents a wonderful safe and relaxing school break.** Term 4 will unfold quickly from Tuesday 6 October. We look forward to welcoming back students for another term of learning.

**David Lloyd**

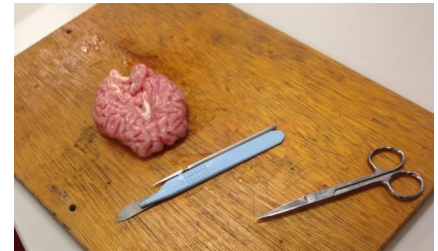
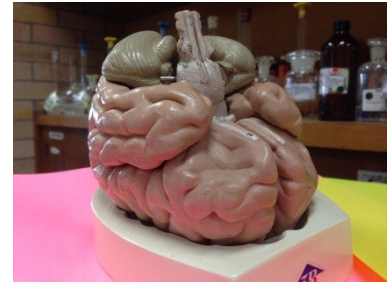


# Biology News

Our Year 12 Biology classes put their grey matter to good use last week and took part in a brain dissection prac. Miss Townsend, Mrs Wilson and Mr Shea each taught their students the inners and outers of the human brain, using fresh sheep brains as a comparative model. Mr Shea then made further use of some of the dissected brains by demonstrating dropping them from a height. Students learnt how different forces affected the way the brains splattered on impact.



**Mrs Milton**



## The Buzz



### PBL Tickets

Congratulations to the last draw winners for this term. Winners of the \$10 Canteen Vouchers are Kobe Mansell (Year 9), Maddi Caughlan (8), Asher Bateson (9) and Rebekah McMullen (7).

The term draw winners are Miette Van Bockom Maas (9), Alice Black (11) and Shiann Rowland(8). Congratulations to all winners. We look forward to more exciting draws next term.

Stay tuned for more detail early next term.

### Vaccinations

Vaccinations are now complete for 2015, except for year 11 and a few catch ups (students away on the day they were done).

### Orange Mental Health Month

Orange High School are supporting Mental Health Month in October. The theme is Value your Mind. The Local message is 'Let's talk about the elephant in the room' aimed at encouraging young people, their parents, their family and friends, to start talking about all aspects of mental health, wellbeing and how to seek help. We are raising awareness by displaying a large wooden cut-out of an elephant (courtesy of the Men's Shed) in and around the school. Our elephant will be decorated by OHS students and will display positive mental health messages and how to access various help services. It will be a visual reminder and talking point about youth mental health and wellbeing.

Enjoy the holidays, and the sunshine!!

**Kerrie Chopping**  
**Head Teacher Wellbeing**



# Japanese News

## Term 3



These pictures show students studying Japanese and the sentences that they are able to make. The students were required to form their Japanese sentence, check its correctness, then write it in Japanese and English in their books. This helps them learn about their own language whilst they learn another. Throughout this process students are talking to each other, checking their understanding of the vocabulary and practising saying their sentence before they get to the teacher. This process also gave the students confidence that they could achieve correct Japanese sentences.



Students also enjoyed trying some Japanese food this week. They made a fine attempt at trying the new food with it all being consumed!





# Support News

## League Tag Gala Day - Wellington



OHS went undefeated in the Western League Tag Gala Day at Wellington on Thursday the 17<sup>th</sup> of September to take out the Division 2 Trophy.

The boys played against 8 other schools in two pools to win the competition.

Excellent teamwork, communication and sportsmanship were the key to their success.

Ken Mills



## Well done!

### ASSESSMENT TASKS DUE WEEK 1 Term 4 - 5th - 9th September 2015

Year 7	Science (Practical Investigation Task)
Year 8	-----
Year 9	-----
Year 10	Physical Activity and Sport Studies (Ongoing practical assessment)
Year 11	-----
Year 12	-----

# Year 12 Reminders...

A reminder to Year 12 students that UAC Applications close on the 30<sup>th</sup> September. It is essential that students who are seeking a placement at university lodge their applications by this date. The Schools Recommendation Scheme also closes on that same date. For further information or assistance in completing the application please contact Mr Pearson or go to the UAC website.

[www.uac.edu.au](http://www.uac.edu.au)



## BreastScreen NSW Family Fun Walk

Proudly supported by Integra Health Fitness and Wellbeing Club

**When:** Sunday 11th October 2015

**Where:** Lake Canobolas

**Who:** all ages are welcome

**Entry:** Free

**Registration:** 9am at Lake Canobolas

**Walk commences at 9.30am**

**Prizes and entertainment to follow**

For more details and to register your interest please visit  
<http://breastscreennswfamilyfunwalk.eventbrite.com.au>



BROADEN YOUR HORIZONS. EXPAND YOUR MIND. MAKE FRIENDS FOR LIFE.

As John Steinbeck, Nobel Laureate in Literature, wrote: "No man really knows about other human beings. The best he can do is to suppose that they are like himself."

Getting to know another person, especially one from a different culture, can be exciting, challenging, and has its unique benefits. Department of Education-registered and approved Southern Cross Cultural Exchange (since 1983) is providing such a unique experience to help your children and family learn through bridging cultures, grow closer with one another, understand one another better and see the world in a new light.

International exchange students from France, Germany, Italy, Japan, Finland, Denmark, Norway, Sweden and the USA are arriving in Australia to live as a local with volunteer Australian families and attend a local secondary school. The students, aged 15 – 17, arrive from February 2016 for 3, 5, or 10 months and are fully insured, with their own pocket money. If you have a spare room or bed, and a place at the family table, why not be the "heart" of cultural exchange by becoming a volunteer host family?

Expand your world for the whole family – all without any air tickets. Call S.C.C.E. now on 1800 500 501 or [emailsceaustr@scce.com.au](mailto:emailsceaustr@scce.com.au) or visit [www.scce.com.au](http://www.scce.com.au) and ask for our incoming student profiles, choose the nationality you prefer, and start having fun matching up your hobbies and interests.

Capture the spirit of fun and friendship, and build your global cultural network. After all, it is different cultures that "make the world go 'round" at the end of the day.

