



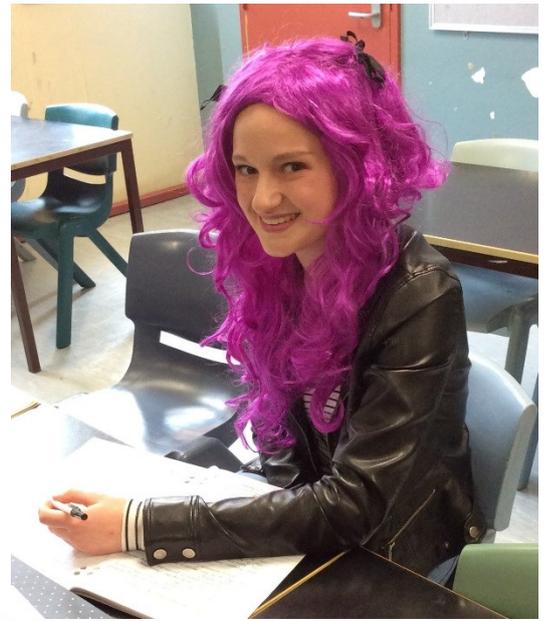
Orange High School NEWSLETTER

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Quod Potero Sedulo

29th October, 2015 : Term 4 Week 4

PINK RIBBON DAY



I PINK

SUPPORT THOSE AFFECTED BY **BREAST CANCER**



Honour the past ... create the future

Principal's Report

Congratulations to all of the student leaders below who have been elected by their peers as 2016 Student Council Representatives.

Year 8, 2016:

Anna Macpherson
Thomas Lloyd
Alex Matthews
Mitchell Cooper

Year 9, 2016

Cain Selwood
Noah Lamrock
Lucy Johnston
Maddie Caughlan

Year 10, 2016

Marly Hevers
Eliza Owens
Seamus O'Connor
Nick Robbins
Malakai Talanoa

Year 11, 2016

Hugh Duffield
Joe Grindrod
Lucy Cooper
Georgie Clark



As a result of the election, the Prefects yesterday led the 2016 Student Representative Council through an inspiring Planning Day. Each of the seniors worked with the juniors to refine their and further build their visions for our school. As a result, each of the juniors have formed groups with a Prefect and will collaborate with them to lead their initiative over the next 12 months.

As principal, I cant help but share with you how inspired I am with this team – their passion, vision, intellect and team work really is something else!

Three key themes that emerged from the day were:

- School Pride/Passion for everything Orange High School
- Improving Student Participation in all areas
- Student Wellbeing

Congratulations to our Agriculture Team who have just been awarded the Encouragement Trophy for 2015 from the National Galloway Association in recognition of the ongoing development of our Orange High School Elm Park Stud. The further development of our cattle enterprises is an exciting part of school with a growing number of students becoming involved.



Congratulations also to our Concert Band and Student Leaders who helped lead the Cooe March through Orange last Tuesday. It has been heartening to receive very positive emails from members of the community expressing their congratulations for our school and the positive way they represented themselves.

David Lloyd
Principal

Principal

David Lloyd

Deputy Principals

Kathleen Maksymczuk (Rel)
Helene Hamilton

Head Teacher Admin

Kylie Winslade (students)
Joanne Cormack (Rel) (staff)

Head Teacher Welfare

Kerrie Chopping

Year 7 Adviser

Cassie Coates

Year 8 Adviser

Alice Bright

Year 9 Adviser

Sophie Healey

Year 10 Adviser

Sarah Townsend

Year 11 Advisers

Taara Wilson
Aaron Routh

Year 12 Adviser

Daniels Wait

Careers Adviser

Glen Pearson

School Counsellors

Robyn Flood
Gai Torshavin

Sport Co-ordinators

Anthony Wharton
Tegan Dray

Student Representative

Council Leader
Peita Mages

HOMWORK CENTRE

Opening hours Term 4
Wednesday and Thursday 3.40pm - 5.00pm



OHS staff run the centre. It is for student to get help with their assessment tasks, access the internet or resources in the library, or have the staff assist them in their learning.

THE ELEPHANT IN THE ROOM

October is Mental Health Month across Australia. Orange High School has celebrated youth mental health and wellbeing throughout this month and participated in some community events. The local message for 2015 is the notion that youth mental health is the elephant in the room. To support the theme, the Men's Shed built some big wooden elephants for schools to decorate and display. Our elephant is finished and painted with positive words on one side and bright colourful art on the other. The elephant is a visual reminder and talking point for the month of October and beyond. Let's start talking about the elephant in the room!! The aim is to remove the stigma and create positivity around youth mental health and wellbeing.

Thank you to Mrs Coates and the art students who worked for hours making our elephant look so wonderful. The elephant is currently on tour around the school.

Stay positive!!
Mrs Chopping



Japanese News

Ushiku Eishin Exchange

Bryce Ostini has recently returned from spending four weeks at our Sister School in Ushiku, Ibaraki Prefecture, Japan. Bryce stayed with Saho, who was at our school for four weeks earlier this year. He attended classes at the High School each day and practiced his Japanese speaking and writing. His four week immersion will be of great assistance to his studies of Japanese for Beginners in Year 11/12. Bryce's participation in the 2014 Ushiku Exchange gave him the confidence to work towards planning and organising his exchange. Mr Kameshita, who has visited Orange High three times, assisted Bryce with his visit to their school. Bryce's photos and his stories have indicated that he had a fantastic time and learnt a lot of Japanese through this exchange.



Taiko Drumming at Orange High

Several of our Japanese students participated in Taiko drumming workshops with Kiyomi Sensei from EZ Japanese on Monday. The students enjoyed the practical lesson and learnt about Taiko Drumming. Some of the students were able to give a short performance at the assembly, despite their short experience, they gave a good performance to all present.



Tamworth Interschools Horse Extravaganza



On the 17th to 20th October, Maaike Riphagn (Yr 9) competed at the Tamworth Interschools Horse Extravaganza competition. The event saw a large range of horse sport disciplines being showcased, including the working horse challenge, horse sporting events, hack and led classes, show jumping, dressage and the combination class of the One Day Event competition. Maaike represented the school proudly riding her two horses, Moby and Andy in the AM5 and AM7 show jumping and the One Day Event (show jumping, dressage and cross country). Her effort and horsemanship skills over the event were excellent and out of 53 competitors in her class she placed 6th overall in the showjumping, riding Andy, and 11th in the ODE, riding Moby.

Yelena Latter

Well done Maaike!



Industrial Arts (Agriculture) News

Elm Park Award - National Recognition

The OHS cattle team has been awarded the perpetual Galloways Australia and Small Farms Magazine Encouragement award. This award acknowledges the dedication and hard work of every member of the Orange High Cattle team in 2015. Our journey with Galloway cattle began when we formed Orange High School's Elm Park Galloway Stud and purchased Iona and Janalli from Monreith Galloways. The cattle team has since worked closely with Jason Viles and Monreith Galloways. The 2015 show season was successful with outstanding results. The team prepared and exhibited both Elm Park and Monreith Galloway cattle. The cattle team began the year with very little experience with cattle showing but quickly learnt their way around the show ring. At the conclusion of 2015 show season, the team had won a number of ribbons for the cattle including Champion junior bull, Reserve champion heifer, first place in both Bull and heifer classes. The team was also selected in a number of parader and junior judging classes where they picked up a champion junior judge and reserve champion parader. 2016 promises to be an exciting year where the team will present cattle at Canberra Royal, Royal Bathurst and Orange Shows. A huge thanks to Jason Viles and Monreith Galloways and Galloways Australia for their ongoing support.



Agriculture Report

We have been busy in Agriculture this semester. Students have been involved in a range of different events including The Rabobank Merino School Wether Trial. This year we entered three teams of Merinos into the event and the students did an outstanding job of representing the school. The students who attended were, Andrew Hulak, Amanda Thompson, Hanna Buttle, George Penson, Laura Smith, Elsa Bates-Gussoni, Lucy Cooper, Ashley Sawyer and Tamara Matthews.

Students also participated in Junior Judging of Meat and Wool. In this competition Elsa made it into the top six out of 150 competitors, which was an outstanding achievement. All students should be proud of the exemplary behaviour.



Students participating in wool judging

Cow Create Careers Presentation

On Thursday the 22nd of October Year 9 students travelled to Cowra to attend the Cows Create Careers Presentation Day. In Term 3 all students completed the project of raising dairy calves and feeding them in mornings and afternoons. It is a highly engaging project and students get first hand experience of caring for farm animals.

At the presentation day students participated in a range of activities designed to test their knowledge about the dairy industry. It was a highly successful day and one group of students achieved first place for the local region. This group consisted of Katelyn Elliot, Georgia Dickson, Keely Morrow and Dakota Jonstone. These students should be proud of their overall achievement.



Field Days

On Friday the 23rd of October, Agriculture students travelled to the Field Days at Borenore to see current agricultural farm practises. Students had the opportunity to move around the site and see the current livestock and cropping displays. Students had to complete a small booklet about the displays at the Field Days so they could investigate what was on offer. Overall it was a great experience and students were well behaved.

Daniel Wait
Agriculture Teacher



NEPAL – THE ALTERNATIVE SCHOOLIES 2016
A Project of the Rotary Club of Orange Daybreak

This is the second year that our Club has been able to provide this exciting opportunity

15 days - All-inclusive with flights approx \$AUD3,500

Would you like?

- An alternative to the usual self-focused schoolies trip to the Gold Coast etc?
- The opportunity to make a difference to the lives of some children in a very poor country?
- To have fun, adventure, and trek in high mountains, ride elephants and experience an ancient culture in Nepal?

If the answer to all three questions is yes, read on!!!

For the past five years, the Rotary Club of Orange Daybreak has been involved in a number of projects in various villages in Nepal, mainly teacher training and health education. We have developed strong links with many people and communities in Nepal, and we would now like to share our knowledge and expertise by extending to you, students in Orange the opportunity for volunteering in Nepal.

This will be a cultural, growth and adventure experience in a developing country, organised by our partner company in Nepal, *Hike Himalaya Adventure*, with whom we have been involved for the past 5 years.

The activities during your visit will include:

- Play and teach cricket
- Teach science and English
- Make a wall painting with everyone
- Repair the canteen
- Make a presentation to the students and teachers about Australia
- Experience local foods
- Learn the local Nepali language

You will also have lots of fun and adventure on a Jungle Safari in Chitwan National Park, trekking for four days in the Annapurna Mountain Range (part of the Himalayas...but graded easy trek) and sightseeing in the capital city of Nepal, Kathmandu.

Why should you come? You will:

- See and experience a developing country
- Recognise that humanitarian work- doing something for others- is beneficial to others, yourself and hopefully your future
- Develop self-awareness and reliance in very new and unfamiliar situations, while having amazing fun and adventure
- Understand something about the world-wide work of Rotary.

THE FACTS AND FIGURES

Total length of the adventure: 15 days

When: Late November/early December 2016, dates to be confirmed

Cost: Approximately \$AUD 3500. The final cost is dependent on the exchange rate with the USDS and the cost of flights at the time of booking

What do you get: Return flights Sydney/Kathmandu; Nepal visa and airport fees; all accommodation (hotels, guesthouse and homestay in village); ground transportation; all meals and 2 litres purified water per day; guides and porters during trek; optional loan of down jacket, sleeping bag and duffel bag for trekking; National Park permits and fees for trekking; AUD \$200 donation to School Project in village

Not Included: Personal travel and rescue insurance; any bottled drinks/alcohol; personal expenses eg phone calls, laundry.

Who is coming with you: The group will be accompanied at all times by two Rotarians from the Rotary Club of Orange Daybreak (RCOD) and highly qualified and experienced Guides/staff from *Hike Himalaya Adventure*.

Assistance with cost: Rotary will support those lucky people chosen to go on this adventure with their fund raising efforts. An instalment payment plan is provided to help you raise your funds.

Still Interested???

What's next?

- Discuss the idea of Nepal – The Alternative Schoolies with your family/guardian/parent
- Come to a public information session on 29th October 7.30 - 9.00pm at the Sundowner (Oriana) Motel, Woodward Street (opp Dundry League Golf Course)
- If possible, bring a family member to the public meeting

Further information: Rotarian Kerry Denney 0423175954



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FOR YOUNG DRIVERS

Preparing you for your **P**s

Become a safer driver and earn 20 hours of bonus log book credit by enrolling in a Safer Drivers Course.

Friday 6th November 2015

Time: 4pm – 7pm

Where: Skillset Office 289 Summer St, Orange

Cost: \$140.00 for 20 log book hours

To Book: Call Skillset

Ph:63301400 or email cevans@skillset.com.au

Telephone helpline for parents & teachers

Open school days during school hours

Info on: assessments, support, resources, websites, booklists, fact sheets, and more.

02 9806 9960
www ldc org au
info@ldc.org.au

- Autism Spectrum Disorders
- Behaviour
- Tourette Syndrome
- Self Esteem
- Literacy & Numeracy
- Learning Difficulties
- Anxiety & Depression
- ADD & ADHD
- Speech & Language
- Bullying
- Dyslexia & Dyspraxia
- Social Skills
- Support Groups
- Supported by the DEC.

Learning Difficulties Coalition

ASSESSMENT TASKS DUE WEEK 5 Term 4 - 2nd Nov to 6th Nov 2015

Year 7	English, HSIE Geography & History, Maths & Science (End of Course examinations), PDHPE (post your are what you eat) Japanese (Task 5)
Year 8	English, HSIE Geography & History, Maths & Science (End of Course examinations), PDHPE (practical assessment - road safety & first aid), Japanese (Task 5)
Year 9	Commerce (travel brochure or court visit), PASS (practical exam), Science (knowledge test)
Year 10	Agriculture (end of course exam), Marine Studies (Antarctic Exploration presentation)
Year 11/12	-----



A MESSAGE FROM TEACHERS AND PRINCIPALS

YOU HAVE PROBABLY HEARD OF GONSKI FUNDING BUT WOULD LIKE MORE INFORMATION.

Gonski funding provides better resourcing for schools so that all children get the education they deserve.

Local schools have already started receiving Gonski funding. It is delivered according to the individual needs of students.

Schools are using this funding in ways we know make a real difference, such as:

- Reducing class sizes
- Employing specialist literacy and numeracy teachers
- Providing more assistance for students with additional learning needs

BUT THERE IS ONE PROBLEM YOU NEED TO KNOW ABOUT.

In 2013 the NSW Government signed a Gonski agreement with the Federal Government.

That sets out how much both governments would pay over the six years it will take to ensure all schools are properly funded to a national minimum resource standard.

But the Federal Coalition Government in Canberra wants to walk away from funding the vital last two years of the agreement.

This would have a serious impact on schools and students across NSW. Many children who need help will not get it.

We need all politicians, all political parties, to support this once in a generation investment in the education of our children.

With one click you can help.

**REGISTER YOUR SUPPORT
FOR THIS VITAL FUNDING AT
WWW.IGIVEAGONSKI.COM.AU**



GONSKI FUNDING FOR SCHOOLS WHAT EVERY NSW PARENT MUST KNOW

HELP MAKE A DIFFERENCE FOR NSW CHILDREN

As a parent you can make a difference.

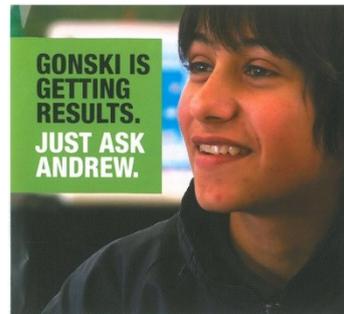
- Register your support for better funding at www.igiveagonski.com.au
- Talk to teachers and the principal at your local school about how Gonski funding is being used and their plans for doing more with the full six years of funding.

WE CANNOT LET CHILDREN MISS OUT ON THE EDUCATION THEY NEED DUE TO A LACK OF RESOURCES.

WITH ONE CLICK YOU CAN HELP WWW.IGIVEAGONSKI.COM.AU



This leaflet was produced and paid for by the NSW Teachers Federation which represents principals and teachers working in public education. Authorised by John Dixon, General Secretary, NSW Teachers Federation, 25-33 Mary St, Surry Hills 2010.



When Andrew started high school he was struggling with the basics. He lacked the literacy skills to study effectively and keep up in class. But things changed when the school received Gonski funding last year.

Andrew started getting seven hours a week of intensive one-on-one support. With that assistance, his reading and overall literacy skills improved dramatically. His teachers also saw a big change in his self-confidence and attitude to school.

Andrew is ready for year 10 next year and he is working towards his goal of completing the HSC. Many students like Andrew need the additional help of Gonski funding.

LEADERSHIP IN EDUCATION

Learning from Experience

by Pam Ryan



Drawing on her experiences in the Central West and in Hong Kong, Pam Ryan's book offers practical, conversational insights into leadership.

- What should leaders know and how should they act?
- How do teams become high-performing?
- What makes an effective learning program?
- Why and how do leaders empower the innovators?

The book explores these key questions.

Orange High School has copies of the book which are available through the front office. Pam is making the book available to the school for \$20 a copy, \$5 of which will be donated to the school creative arts program.

the people

Fusion Australia is a Christian organisation who have been working with young people and their communities for over 50 years. In 2000 we started working with schools - under the Schools in Harmony banner - to bring change to the way young people see themselves and each other. The result has been thousands of teenagers getting involved, and over 70 bus trips to Uluru since 2001.



ulurupilgrimage.fusion.org.au
facebook.com/ulurupilgrimage



the way there

April 4th - 14th 2016

TRAVEL is by modern coach with a company that is experienced in outback travel.
TENTS are provided and most nights we stay in Caravan Parks
FOOD all provided in the cost.

COST \$1600 + Suggested \$100 for souvenirs and presents.

LEADERSHIP there are older adults supported by younger adults and older teenagers who have done Fusion training or been on the Pilgrimage

contact Jeremy Sharpe:

CENTRAL WEST 0410612809

"You go to awesome places. I learnt about myself, met lots of new friends and had so much fun."

-Brooke, Narrandera



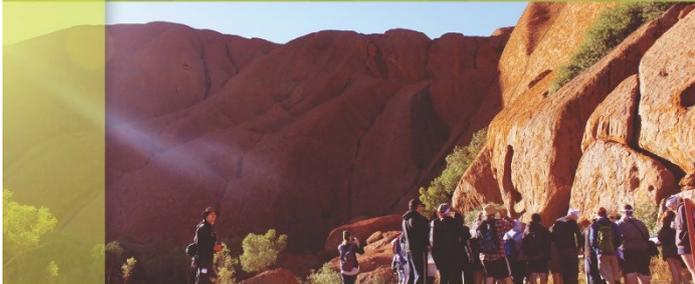
pilgrimage to uluru

change your view.

easter | 2016



pilgrimage to uluru



the journey

The Pilgrimage to Uluru is a journey to the very heart of Australia. We take a bus load of adventurous high school students and youth workers from the edges of Australia, and head inwards. It's a chance to see our country in a whole new way, and an opportunity to do something that many Australians will never experience. We take the chance to visit Indigenous cultural centres along the way, to give a broad picture of how our history has effected modern Australia. The Pilgrimage to Uluru looks at the issue of reconciliation from a uniquely Christian perspective.

"This trip was a massive wake up call that this world isn't perfect and I think if together we could help make it a better place for everyone, bring everyone back together. It could really be something special."

- Emily, Victoria 2013

Hear more from Emily: <http://youtu.be/g3rNBbjHOD4>

the destination

Situated near the dead-centre of the continent, and on average 2,500 kms from any capital city, is Uluru. A place full of culture and history that shows off both the best and worst of Australia. While the journey is the fun part, the destination is where eyes have been opened, and young people have discovered a determination to have an impact on the future.

ulurupilgrimage.fusion.org.au
facebook.com/ulurupilgrimage

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