



Orange High School NEWSLETTER

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Quod Potero Sedulo

26th March, 2015 : Week 9

Principal

David Lloyd

Deputy Principals

Kathleen Maksymczuk (Rel)

Helene Hamilton

Head Teacher Admin

Kylie Winslade (students)

Joanne Cormack (Rel) (staff)

Year 7 Adviser

Cassie Coates

Year 8 Adviser

Alice Bright

Year 9 Adviser

Sophie Healey

Year 10 Adviser

Sarah Townsend

Year 11 Advisers

Taara Wilson

Aaron Routh

Year 12 Adviser

Daniels Wait

Careers Adviser

Glen Pearson

School Counsellors

Robyn Flood

Gai Torshavin

Sport Co-ordinators

Anthony Wharton

Tegan Dray



Senior Debating Team Wins Dudley Cup

Congratulations to our Senior Debating Team comprised of Ali Boyd, Eleanor Delaney, Freya Hawke and Isabella Bankovic following their win last week in the Dudley Hospital Mayors Cup Competition against all other secondary schools in Orange.

The challenging topic selected for the debate was that 'International diplomacy is moot without common values'. This required some deep thinking and strategic responses during the final debate against opponents from James Sheehan. Our Team previously defeated teams from Kinross and Canobolas High Schools during the competition.

Principal's Report

Last Friday students enjoyed a positive and friendly atmosphere as records were challenged and broken during the **Athletics Carnival**. It was terrific to see the high participation rates, particularly among the younger groups. One of the highlights for me was the way student spectators cheered students who gave their all and did their best, despite not finishing in the top positions. This helped create a very positive atmosphere during the day.

This week members of the **Gifted and Talented Team** are interviewing for our **Year 7 2016 class**. The interviews are an opportunity for talented students in academics, leadership, sport and creative and performing arts to share with teachers their skills and attributes that would ensure success in a challenging learning environment. The team of teachers have been very impressed with the number and incredible talents of students applying. However, they are not looking forward to making some difficult decisions as we only have one class of places to fill. The decisions will be based on applications, interviews, documentation such as school reports and awards and also on recommendations from their current primary schools. Students who just miss out on being selected for the GATs class will be placed on a waiting list and allocated places in our Academic Learning Stream or Motivated Learning Classes and provided with opportunities to earn a place in the GATs class through their work and application in 2016. It is important to remember that an integral part of our school culture is to create niches and places of belonging for all students from all backgrounds, no matter their academic learning talent or ability, and as such we look forward to welcoming all students in 2016.

Many thanks to all the parents who were able to make it to **Parent/Teacher night for students in Years 8, 9 and 10 last Monday**. Teachers reported very positive and constructive conversations with parents. The focus of the discussions was learning and I trust parents left with a deeper understanding of their child's strengths and areas for further development. While our school conducts Parent/Teacher nights in Terms 1 and 3 with formal reports in Terms 2 and 4, we welcome parent contact at any time. To further enhance communication beyond the newly released Parent Portal, we have also recently produced a brochure of ways in which school leaders and head teachers can be contacted. These were available at Parent/Teacher night but if you would like a copy please contact Chloe in the front Office on 63623444 or email chloe.raines2@det.nsw.edu.au

David Lloyd—Principal



ATHLETICS CARNIVAL RECORD BREAKERS

13 YRS BOYS

Discus - Ollie Keegan 36.32m

Previous record 28.20m (1997)

200m Sprint - Ollie Keegan 26.20

Previous record 27.20 (1992)

13 YRS GIRLS

200m Sprint - Annabelle Crisp 27.92

Previous record 28.23 (1992)

100m Sprint - Annabelle Crisp 13.16

Previous record 13.45 (2009)

14 YRS GIRLS

Discus - Ebony Hay 34.03

Previous record 27.67 (2004)

Shot Put - Milika Tui 11.42

Previous record 10.79 (1995)

16YRS BOYS

100m Sprint - Lachlan Duncan 11.55

Previous record 11.81 (1999)



Athletics Carnival



Honour the past ... create the future

MUSIC NEWS

Earlier this term the stage band performed at Borrodell for the Banjo Patterson organising committee's dinner. The stage band is also performing this evening at the art gallery for the Orange Arts Foundation cocktail party.

Rehearsals are underway for this year's ANZAC Day. The concert band, drum corps and flute and drum ensemble have been rehearsing before school. Please stay tuned for the rehearsal schedule during the holidays. The music department is also busy working with all ensembles to prepare for the school show which will be on during the last week of term two. Make sure you keep this week free.

Happy practice!

The Music Staff

JAPANESE CULTURAL EXCHANGE



Recently Orange High School was lucky to receive a visit from Saho, a student visiting from Japan, hosted by the Ostini family. During her stay, Saho had the opportunity to meet the Mayor of Orange, John Davis who presented her with a signed limited edition Greg Turner book featuring paintings and sketches of the Orange region. It was great to have such a pleasant and happy visitor to Orange High School and we thank her for adding another cultural dimension to our school during the short time she was here.

CELEBRATION CAKES

Mrs Ryan's Year 10 Food Technology class. Recently made these celebration cakes.



Assessment Tasks Due Week 10 - 30th March to 2nd April 2015

| | |
|---------|--|
| Year 7 | English visual presentation and reflection |
| Year 8 | |
| Year 9 | Agriculture weed collection and IPM, Geography skills and M/C, Mathematics end of term 1 test, Physical Activity and Sports Studies exam, Visual Arts body of work. |
| Year 10 | Australian Geography examination, PDHPE (Mandatory) practical, Physical Activity and Sports Studies peer coaching task, PIPS circus skills practical task. Mathematics end of term 1 test, Visual Arts body of work and critical and historical study. |
| Year 11 | Business Studies media file and research report, Legal Studies topic test in class. |
| Year 12 | Mid-course Examinations, Construction Cluster 5 – Group Project |

P & C News

We have raised around \$1,200.00 this week catering for an Orange Network "Principals Meeting". Thank you again to all who assisted with donations of food and time. These funds will go towards our 2015 goal of resurfacing the basketball/netball courts.

Election Day Fundraiser BBQ Saturday 28 March



The P&C needs some assistance with cooking and serving at a BBQ in the school grounds on **Saturday 28th March**. If you have an hour of two to assist please contact us with your availability secretaryohspc@gmail.com

Suggestions: 8:30 am to 10:30 am, or 10:30 am to 12:30 pm, or 12:30 pm to 2:30 pm



Family Portraits There are only a couple of time-slots still available. The family portrait day will be held on **Sunday March 29th**. The photos will be taken at Orange High. This is great opportunity to have a family photo taken for only \$15 and the photos will be back in time for Mother's Day!. Bookings and payments may be made online at <http://www.trybooking.com/HESO>

VISION PORTRAITS

\$15 = TWO 10" x 13" Photos!!

- Don't miss this great opportunity to update your family photos.
- Choose your time, book, & pay online
- Cash bookings also welcome, simply fill in a cash voucher & return it with the cash
- 100% of the booking fee goes to the school
- Share the link with friends and family, everyone's welcome!

info@visionportraits.com.au visionportraits.com.au
/visionportraits #visionportraits

Orange High School is running a \$15

Portrait Fundraising Event

Choose Indoor OR Outdoor session~!

Event held on: **Sunday 29th March**

Book & Pay Online at: www.trybooking.com/HESO

Bookings close: **Friday 20th of March**

Enter the link above (exactly as it appears here) into your web browsers address bar. Entering this into google or a search engine will not work. Please read the trybooking page for more information and our terms & conditions.

Questions? Contact Vision Portraits (03) 9596 9400

Orange and District Soccer Referees' Association Inc.

ABN 560 324 10531

President
Bernard Stedman 6362 0412

Secretary
Martin Collett 6362 6949

Treasurer
Michael Kopp 6361 3897

Level 4 Referee Course

When – Sunday 29 March 2015 from 10.00 am to 4.30 pm.

Where – Canobolas Rural Technology High School Health Building near the Icely Road entrance.

Who is eligible – anyone who is over 14 years old this year who wants to be a referee.

Course cost – the cost of the course is \$120 for juniors (18 and under) and \$150 for seniors (over 18). This includes the course work book and resources and referee registration fees for 2015.

Further information – for further information or to register for the course email me at braemar@bigpond.net.au

Orange Emus Juniors Rugby 2015 Recruiting for U15's

Orange Emus is looking for more players in our U15's team

All interested players are invited to train with us on either

Thursday 26th March, 5pm – 6pm
or

Thursday 2nd April, 5pm – 6pm

Emus, Woodward Road, Orange

Please call Dave Duncan on 0414 774 244 for more information



Young Carer Activities

Family and Carer Mental Health Program



The Family and Carer Mental Health Program and House With No Steps would like to invite young carers and family members of someone with a mental illness to attend these FREE art workshops in Orange and Bathurst.



ORANGE: Regional Art Gallery Young Carer Cartooning and Street Art Class

Where: Orange Regional Art Gallery
Byng Street, Orange NSW 2800

When: Thursday 16th April 2015

Times: Primary Aged Class: 10-11:30am
High School Class: 1:30-3pm

For all enquiries and reservations please ring Kathy Walls or Els De Mynck from Centacare on 02 6393 1900 before Thursday the 9th of April 2015.



PCYC | Safer Drivers Course For Learner Drivers



PCYC are an accredited provider of the Safer Drivers Course.
Guiding young people in the right direction since 1937



The Safer Drivers Course involves two modules:

Module one: A three-hour facilitated group discussion on how to manage risks on the road. This will involve a maximum of twelve participants and will be delivered by a facilitator.

Module two: A two-hour in-vehicle coaching session to develop low-risk driving strategies. This will involve two participants and a coach. Course cost: \$140

Participants must have completed 50 hours of actual on-road driving experience to be eligible for the course. Credits gained under the 3 for 1 scheme cannot be included.

Participants who complete the course will receive 20 hours credit recorded in their learner driver log book.

To find your closest club or book into the next available course check out our website:

www.saferdrivers.org.au

Call us on 9625 9111 or drop into your local club to find out more

PCYC Cowra, 40 Young Rd, Cowra 2794 Ph. 6341 2035

SMILES PROGRAM Adaption



Simplifying Mental Illness plus Life Enhancement Skills

When: Tuesday the 7th and Wednesday 8th April 2015
10am-2pm
Lunch will be provided

Where: Orange Baptist Church Hall
61 - 63 Sale Street, Orange

Who for: 8-12 year old young people who have a mother, father, brother or sister experiencing a mental health problem

The SMILES Program is designed to achieve:

- ♥ Increased understanding of mental illness
- ♥ Increased ability to cope effectively
- ♥ Development of creativity
- ♥ Reduction in feelings of isolation
- ♥ Increase in self-esteem and much more!



- This is achieved through:
- ♥ Education about mental illness
 - ♥ Artwork & music
 - ♥ Peer support
 - ♥ Interactive exercises
 - ♥ Relaxation exercises

This all takes place in a fun-filled, supportive and caring atmosphere.

Internationally recognised as best practice by the American Journal of Orthopsychiatry (Accepted Apr 2003, published Jul 2004).

Facilitated by Kathy Walls and Els De Mynck (Centacare) and Donna Picker (Lyndon Outreach Service)

Contact for further information & to register:

Els De Mynck or Kathy Walls
Centacare Wilcannia-Forbes, Orange
Phone: 02 6393 1900



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An Australian, State, Territory and Local Government Initiative

TOTEM SKATE SCHOOL

13 April 2015 @ 2:30pm

John Lomas Skate Park—Anson St, Orange

*Free skate boarding lessons
followed by a competition with
lots of demos and giveaways!*



*Open to all young
people in Orange.*



#orangeyouthweek

For more information, contact Katrina Hausia at Orange City Council—Phone 6393 8966



Family &
Community
Services



fusion
AUSTRALIA



TOTEM SKATE SCHOOL
Wavier and Registration Form

date: / /

location.....

Participants First name.....Surname.....

Address.....

.....Post code.....D.O.B.....

Telephone : (.....
).....M).....

Emergency Contact Number: (.....).....Name.....

Email.....

Would like event updates via Email? Y/N

Please read the following information.

LIABILITY

All participants must read the following waiver, liability release below, prior to signing the entry form. Once signed, the entry form will be deemed as approval as stated.

EQUIPMENT & FACILITIES INSPECTION

I agree before I participate in the event, I will inspect the facilities & equipment. I will advise the organisers immediately of any unsafe conditions I have observed. I will not participate if not rectified.

PHYSICAL CONDITION

I am physically fit to participate in the event & have not been advised otherwise.

MEDICAL TREATMENT

If I sustain injury, illness or other medical condition at the event, I authorise any emergency first aid, medication or medical treatment by the attending medical personal if I am unable to act on my behalf. I further authorise the medical personal to sign consent or permission forms, or document relating to medical attention on my behalf.

MEDIA RELEASE

I understand that any video footage, photos and any other images taken may be shown in a public environment in New South Wales, Interstate or Overseas.

RELEASE

I have read & understand this release of liability. I understand that by reading & signing the front of this form, I have given up substantial right. I have voluntarily signed this form.

Declaration:

By signing this form I agree that I have read the above information regarding liability, equipment and facility inspection, physical condition, medical treatment, media release and release. I will skate at my own risk & will not hold the event organisers or anyone involved in the event responsible for any personal injury, personal loss or damages to property.

To be signed by Parent or Guardian if entrant is under the age of 18.

(please circle)Participants/Parent/Guardian

Please print and sign name:

Name :.....

Signature:.....