



Orange High School NEWSLETTER

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Quod Potero Sedulo

28th May, 2015 : Term 2 Week 6

A thank you from the Salvos



RED SHIELD APPEAL

THANK GOD FOR THE SALVOS

Honour the past ... create the future

Principal's Report

Principal
David Lloyd

Deputy Principals
Kathleen Maksymczuk (Rel)
Helene Hamilton

Head Teacher Admin
Kylie Winslade (students)
Joanne Cormack (Rel) (staff)

Year 7 Adviser
Cassie Coates

Year 8 Adviser
Alice Bright

Year 9 Adviser
Sophie Healey

Year 10 Adviser
Sarah Townsend

Year 11 Advisers
Taara Wilson
Aaron Routh

Year 12 Adviser
Daniels Wait

Careers Adviser
Glen Pearson

School Counsellors
Robyn Flood
Gai Torshavin

Sport Co-ordinators
Anthony Wharton
Tegan Dray

Congratulations to the more than 100 students from our school who volunteered to collect money for the Salvation Army last weekend. Volunteering to support charities is a big undertaking, especially on weekends when most of us have other commitments, but it is something we as educators, believe is important. **Helping out those less fortunate than ourselves is a value we seek to foster in the young people who attend our school.**

Speaking of charity work, it has been heartening to see a group of our senior students organise, cook and sell a huge amount of cupcakes and other sweets today to raise money as part of a student "Biggest Morning Tea" event, to raise money for the Cancer Council. In particular I would like to congratulate Rochelle Hall in Year 11 who has taken the lead in the organisation of this event.



This Friday will see the staging of a major road safety event for students in Year 12 as part of their Crossroads Personal Development Course. We truly appreciate the time and dedication of our local paramedics, health and police personnel who, along with local actors, will stage a mock, but very real, car accident. The event is designed to be confronting for our Year 12 students, to drive home a personal safety and responsibility message. **We are very conscious that events of this nature have the potential to upset students with prior experience of tragedies. As a result, we have taken precautions as part of the planning to minimise the exposure of the rest of the school.** However, we believe as parents you are the most powerful people to help guide us and ensure support for the young people in our care. **Please get in touch with us if you believe your child may be affected by activities of this nature so we can be aware and provide support as needed.**

Congratulations to Hayden Dillon for his selections into the NSW Combined High School Hockey Team. Both Haydon and Bailey Fergusson represented our school with distinction at the Western Region Carnival held last week.

David Lloyd
Principal



PDHPE Report

Term 2 is an exciting time for the PDHPE faculty. We have recently hosted Gosford High School as part of the historic Malynley Shield, and we're now about to focus all of our attention on the jewel in the crown for Western School's Sport, the Astley Cup. Staff and students alike are eagerly awaiting the opportunity to maintain their position as the number 1 sporting school in the region. Teams have been training hard and hopefully their efforts will be rewarded in the next couple of weeks. Good luck to all competitors!

Congratulations to Hayden Dillon and Chloe Barrett who have recently been selected in the NSW CHS boys and girls hockey teams. This is an amazing accomplishment and a reflection of their hard work and high level of skill. The faculty wishes you the best of luck in future representative fixtures.

Cross Country

The school cross country was held in recent weeks, with a large number of students participating in the annual carnival. The atmosphere on the day of the carnival was electric and helped to inspire many of the students to personal best performances.

In order to compete in the carnival, students were required to meet qualifying standards within their PE lessons. It was clear during these lessons that students were willing to utilise class time effectively to improve their fitness and running times. Congratulations to all students who participated in the day and best of luck to the athletes who have progressed on to the Western Region carnival.

Below is a list of the age champions.

- 12 Boys- Reiss Robinson
- 12 Girls- Mia Cubbin
- 13 Boys- Mitchell Cooper
- 13 Girls- Caitlyn Broadfoot
- 14 Boys- Kobe Mansell
- 14 Girls- Jamilah Vangarden
- 15 Boys- Ben Blanch
- 15 Girls- Eliza Owens



Circa

The Year 9 and 10 Pips students have been treated to expert training from the world renowned circus group called 'Circa'. Fortunately for the school the 'Circa' management had heard of our circus program and offered to send the performers to work with our students.

The Pips classes were put through their paces in acrobatics, juggling, balancing and a variety of other skills. The workshops were engaging and assisted our three Pips classes to practise and refine their performance skills. I look forward to seeing a few of these new techniques incorporated into the upcoming school show.

The 'Circa' performers are in town for a performance at the Orange Civic Theatre on Friday the 5th of June before they head off to the Sydney Opera House for future shows.

School Show

The two year 10 Pips classes have been working tirelessly to choreograph their group performances for the school show. OHS has a large number of talented students who will demonstrate skills in a variety of techniques such as diabolo, aerial silk, trapeze, walking globe and juggling, to name a few. The faculty looks forward to seeing the finished product on stage in the next few weeks. No doubt the hours of practice will ensure that a polished performance will be displayed.



Malynley Shield 2015

On Wednesday 27th May, Gosford High School arrived in Orange for the 46th annual Malynley Shield. This is regarded as a special sporting interschool competition as it is one of the last ones left in NSW which students are billeted by host families. On the Monday of that week we had approximately 80 students to find beds for and by Tuesday evening we had placed everyone. A big thank you goes out to those families who responded to our urgent calls for help and welcomed Gosford High students into their homes. Without you, this trip cannot take place!

In 1968 the Orange High School University Shield team reached the Grand Final and drew with Tamworth. Under the rules of the competition, the match was replayed at Gosford, and again the result was a draw. Orange players were billeted by Gosford High School students and during informal discussion after the game, it was suggested that an inter-school visit between the two schools would be a beneficial adjustment to the sporting calendars of both teams. As a result, the sportsmasters organised a program of events of a sporting and cultural nature, and in the following year, approximately two hundred Gosford students visited Orange. The inaugural competition was a great success, and it was decided that the visit be an annual one. The Malynley Shield was donated by a Mr & Mrs A Dews, whose interest in the competition was stimulated by the fact that their three children attended either Gosford or Orange School. "Malynley" is an acronym for members of their family. The MALYNLEY SHIELD is awarded for the overall points score during the visit. All contests are included in the points score, and are of equal value (win-2, draw-1, loss-0).

We held the first event Wednesday afternoon, a rugby league '9's' game, and it was amazing to see how many students remained behind after school to spectate this event. OHS took the first points of the competition, winning 36-22. All students and their billets then went home for a free evening before the competition on Thursday.

The rain came down heavy Thursday morning and continued for much of the day. However, this did not dampen OHS or GHS's spirit. There were many close games throughout the day, with many people competing against their billets. The debaters were unlucky in their contest, drawing the negative of "we should prioritise the economy over the environment." Thursday night was a BBQ for all involved, kindly organised and coordinated by the OHS P&C. Thanks very much to those parents who donated their time for that, and to the teachers who helped supervise the Disney themed disco.

Whilst we had some resounding wins, Gosford came out on top of the points table, retaining the Malynley Shield for 2015.

The PDHPE Department would like to congratulate our competitors and billetters for exemplary behaviour this year and we are looking forward to a great contest in Gosford in 2016.

T.Dray - Sports Organiser



Malynly Shield



Honour the past ... create the future



The under 14's representative soccer team has been competing in the Western Youth League over the last couple of months and have played against other regional teams including Dubbo, Lachlan, Bathurst and Mudgee.

After round 3 the boys were undefeated and leading the competition, and therefore advanced to the Country Cup. This will be played in Merimbula over the long weekend against Southern district and Riverina teams. The boys have worked very hard to get to this level and have been training twice a week for the last few months.

The 14's Orange representative soccer side includes several boys from Orange High school Isaac Dawson, Cal Dixon, Aaron Driver and Will Graham.



Zac Cook and Nathan Swain at CHS rugby league state trials in Toronto



PIPS students practising for the School Show





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ASTLEY CUP INFORMATION FOR PARENTS AND SPECTATORS:

Astley Cup is a 92 year old sporting competition between Orange High, Bathurst High and Dubbo Senior College. It is a unique competition purely due to the way each sport is scored. Each school plays two ties, one at home and one away during which eight sports are contested. Each sport is worth 100 points and is split in a ratio to points for and against.

Our first Astley Cup tie will be held Thursday and Friday against Bathurst High at Bathurst on the 11th and 12th of June, 2015.

Our second Astley Cup tie will be held Thursday and Friday of the following week against Dubbo Senior College at Orange on the 18th and 19th of June.

The cost for competitors is \$58.00, in which all costs incurred for the event have been split evenly amongst the competitors. There will be an opportunity for students to spectate at both ties for a fee.

The OHS Prefects of 2014 had been instrumental in the creation of an Astley Cup Supporters Pack for 2014. This pack consists of an OHS beanie, scarf and cheering sticks and costs \$20.00. There are still some left over from last year to purchase.

ASTLEY CUP HOME PROGRAM 2015

TIME	THURSDAY 18 th JUNE	TIME	FRIDAY 19 th JUNE
8.55AM	STUDENTS ASSEMBLE IN GYM FOR WELCOME TO DUBBO	9.30AM	LEAGUE, WADE PARK
9.00AM	TENNIS, TOTALLY TENNIS	9.30AM	DEBATE PREPARATION, LIBRARY
		10.30AM	MULVEY CUP DEBATE, LIBRARY
11.30PM	NETBALL, PCYC	10.45AM	HOCKEY, HOCKEY FIELDS
1.00PM	BASKETBALL, PCYC	12.15PM	ATHLETICS, OHS
2.15PM	GIRLS SOCCER, OHS	2.30PM	BOYS SOCCER, OHS
3.30PM	DUBBO DEPART	3.45PM	AFTERNOON TEA AT OHS FOR COMPETITORS

If you have any questions, please contact the OHS PDHPE department.

T. Dray
OHS Sports Organiser

D. Lloyd
OHS Principal

ASSESSMENT TASKS DUE WEEK 8 Term 2 - 9th June to 12th June 2015

Year 7	Music (guitar performance)
Year 8	-----
Year 9	English (essay task), Photo & Digital (Body of work, surreal landscapes), Visual Arts (BOW - Critical & Historical study)
Year 10	Weeks 7 - 9 PIPS (group performance)
Year 11	English Adv (critical study of text), English Studies (interview), English Std (extended response), Food Tech (food quality research, experimentation, preparation & presentation)
Year 12	Agriculture (animal trial, practical), Engineering Studies (written report), Food Tech (food product development, practical), Mathematics Ext 1 (in class test), Music 1 (research portfolio of topics), Physics (research task), Society & Culture (stage 4 PIP review #4), SLR (skills assessment)

Honour the past ... create the future



Information for parents "Mock Crash" being held at OHS for Year 12 students

Dear Parent/Carer,

Orange High School is hosting an inaugural "Consequences" Rescue Presentation and workshop for Year 12 students from Orange and surrounds. This event will occur on Friday, 5th June, 2015 during periods 5 and 6.

Although students in years 7 through to 11 are not involved in the activities on Friday, this is a scenario that is designed to be highly realistic. In the star quad, there will be a wrecked vehicle. The area will be cordoned off and students will be kept away from the vehicle. However, there will still be movement between periods and this still may cause some students to be upset and reminded of past traumas.

As the parent/carer, if you feel that your child may be upset at the sight of the vehicle or actors portraying the victim of the accident, please contact myself, Mrs Hamilton or your child's Year Advisor and we will endeavour to have your child's movement near the scene minimised. We can also facilitate further counselling support as required.

Thank you for your continued support of your child's education at Orange High School.

Regards,
Kathleen Maksymczuk
Deputy Principal (rel)



Living with Type 1 Diabetes Camp
Registrations now open for a FREE children's camp
at Royal Far West



Registrations are now open for our upcoming Diabetes Camp. Royal Far West, in partnership with the Manly Warringah Sea Eagles, is delighted to offer a free camp to young people aged between 12-16, living with Type 1 Diabetes. Attendance at camp, accommodation, meals and activities are all proved free of charge

The camp will be held from 5-9 July 2015 at our beachside location in Manly. It will include information and education sessions for young people and their families, as well as an afternoon recreation program.

If you know someone who would benefit from this free camp, please contact Hannah at hannahp@royalfarwest.org.au for more details.

WEP Student Exchange – Learn and Discover the World!

WEP Australia is a not-for-profit student exchange organisation registered with the Education Departments in NSW, QLD and VIC. Applications for short and long-term programs commencing from November 2015 onward are open now. Students can choose from over 25 countries to live with a volunteer WEP host family and attend an overseas high school for a summer, semester or year. To request program information for your family, visit www.wep.org.au, email info@wep.org.au or call 1300 884 733.

