



Orange High School NEWSLETTER

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Quod Potero Sedulo

11th February 2016 : Term 1 Week 3



OHS SWIMMING CARNIVAL - 2016



Orange High School Swimming Carnival 2016

Age	Girls Champion	Girl Runner-Up	Boys Champion	Boys Runner-Up
12	Abigail Thew	Angela Weckert	Bradyn Nicol	Lachlan Ross
13	Riley Summerfield	Claudia Smith	Blake Weymouth	James Haberecht
14	Nikol Sekutkovska	Alena Nicol	Tom Lloyd	Ollie Keegan
15	Leisel Haberecht	Amy Wilson Bronte Preston	Noah Lamrock	Isaac Dawson
16	Alana Pilossof	Holly Pilossof	Daniel Stevenson	Kaleb Cook
17+	Lauren Kerwick	Gabby Lloyd	Bryce Ostini	James Cashen

RECORDS SET

Bradyn Nicol – 12 Yrs 50m Freestyle 32.41 Previous record held since 2001
Bradyn Nicol – 12 Yrs 50m Breaststroke 42.96 Previous record held since 2004
Bradyn Nicol – 12 Yrs 100M Freestyle 1.11.85 Previous record held since 2001
Bradyn Nicol – 12 Yrs Backstroke 43.19 Previous record held since 1996
Bradyn Nicol – 12Yrs IM 3:04:88 Previous record held since 2003.

SENIOR BOYS IRON PERSON – Daniel Stevenson
SENIOR GIRLS IRON PERSON – Eliza Owens
JUNIOR BOYS IRON PERSON – Noah Lamrock
JUNIOR GIRLS IRON PERSON – Caitlin Broadfoot

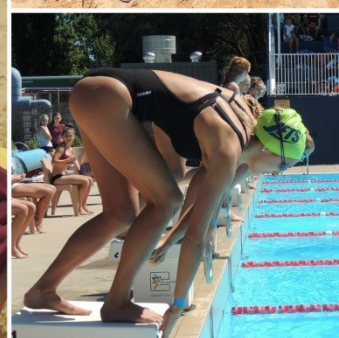
HOUSE POINTS

BOURKE – 514

ELLIOTT – 531

MACQUARIE – 803

PARKES – 651



Principal's Report

Principal

David Lloyd

Deputy Principals

Kathleen Maksymczuk (Rel)

Helene Hamilton

Head Teacher Admin

Kylie Winslade (students)

Aaron Routh (Rel) (staff)

Head Teacher Welfare

Kerrie Chopping

Year 7 Adviser

Josh Thacker

Year 8 Adviser

Cassie Coates

Year 9 Adviser

Alice Bright

Year 10 Adviser

Sophie Healey

Year 11 Advisers

Sarah Townsend

Year 12 Adviser

Taara Wilson

Aaron Routh

Careers Adviser

Glen Pearson

School Counsellors

Susanna Brown

Sport Co-ordinators

Anthony Wharton

Tegan Dray

Student Representative

Council Leader

Peita Mages

Congratulations to all students for their amazing contribution to the 2016 Swimming Carnival last Friday. **The atmosphere throughout the day was incredibly positive as evidenced by the high level of participation in events.** For me, the highlight was seeing senior students positively encouraging junior students to complete in races and succeeding at the highest possible levels. Ironically at the pool, even a fire alarm and resulting evacuation did not dampen a terrific day. Congratulations in particular to Bradyn Nicol who broke five records, one dating back to 1996. Well done to the Age Champions and Runners Up.

This week has seen the commencement of many extra-curricula activities ranging from dance, training for sporting teams, music, debating and chess teams. Each have called for students to put themselves forward for 2016. **Involvement in extra-curricular activities is a key part of the whole school experience and I can't encourage students strongly enough to have the confidence and tenacity to get involved where they are interested.** One of the key messages on assembly this week was encouraging students to step out of their comfort zones and contribute to the whole school through involvement in as many extra-curricula activities as possible. Ultimately, Orange High is the students' school and they will receive rewards from what they put into their activities.

It was great to see a number of parents at the BBQ for the commencement of the PRISM group for 2016. PRISM is a parent group (Parents Rejoicing In Student Music) whose main goal at present is to complete fundraising for a Grand Piano for our Recital Room.

Many thanks to the parents who were able to find time to attend this week's first P&C Meeting for the year. **It is great to work with such an active and supportive group committed to working together to further develop our school into a place of excellence.** It is exciting see to see 2015's major project, the re-surfacing of the basketball courts, almost finished. I look forward to working with the parent team in 2016.

Finally, congratulations to the hundreds of Orange High students who donated money to the Fred Hollows Foundation in support of the 50km walk about to be undertaken by teachers Mrs Winslade and Mrs Coates.

Students generously donated money in roll call and also purchased cup-cakes at morning tea. **To see, and actively voluntarily care for the world beyond our immediate understanding is a value that is exuded by the actions, as well as the words of students and staff.** Well done to all.



Mrs Winslade and Mrs Coates selling cupcakes to raise money for the Fred Hollows Foundation

David Lloyd
Principal

Maths News

It's been an excellent start to 2016 for the Mathematics Faculty, with all classes settled and working really hard!

The **Year 12** classes are preparing for their Mid-Course Examinations at the end of this term and they have been given plenty of revision work over the holidays to get them into good study habits and thinking mathematically. This picture of 12MA2 is representative of just how serious each of the classes are taking their Mathematics. Well done Year 12 and good luck on your forthcoming examinations! Study hard!

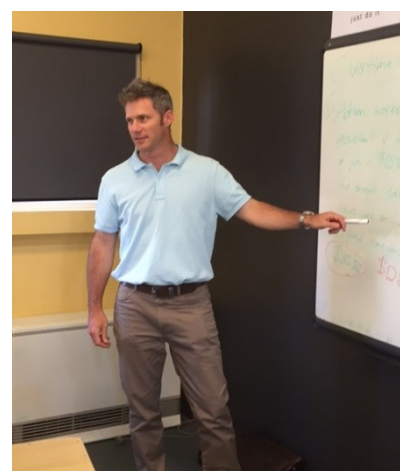


The start of the year has also meant that we have welcomed a new addition to the Mathematics team, namely, **Mr. Rob Mages**.

Most students will have seen Mr. Mages last year as a casual replacement in the PDHPE faculty but we are pleased to announce that Mr. Mages will be a permanent fixture in the Mathematics faculty in 2016. He brings to the faculty a very diverse knowledge of all things mathematical and a tremendous enthusiasm for teaching. Welcome Mr. Mages!

To help us all get to know him a little better, we will spend 30 seconds with him, placing him under the spotlight and learning a little more about what makes him tick.

- Name: Mr. Rob Mages
- How long have you been teaching? About 0.5 of a year
- What is your favourite movie? Rudy
- What is your favourite singer/band? Huey Lewis and the News
- Favourite number? 1
- Favourite mathematician? Pythagoras
- Favourite person at Orange High School? (Luckily he answered this correctly!) My wife! Mrs. Peita Mages (English teacher and SRC Coordinator)
- Pies or sausage rolls? Pies (this was a trick question – all good mathematicians prefer “pi”!)



On a more serious note, some important news from the faculty.....

Term 1 Assignments will be given out in class to all students in **Years 9 and 10** next week and will be due in Week 6. Students and parents are reminded that the assignments are also posted on the school's website, just in case the paper copy is misplaced.

Year 7 have completed their BYOD Boot Camp successfully and are now able to access **weekly homework sheets** in their **OneNote Notebooks for Mathematics**. They have also been given access to **Mathletics**. This is an online, interactive program which allows the students to complete work set by their teacher and partake in Live Mathematics competitions. They can also access tutorials at home to complement their in class learning and gain the necessary drill and practice. This is an excellent learning resource and **all year groups** will have access to this learning tool in the coming weeks. Contact your mathematics teacher for an immediate start! They will give you your username and password. The Mathletics web address is www.mathletics.com.au

Mathletics Hall of Fame

World Top 100 Students	World Top 50 Classes	Australia Top 100 Students	Australia Top 50 Classes
1 Mohamed A	Team SAU, ARR, Saudi Arabia	23,695	23,695
2 Tyler G	John Taylor Collegiate, MB, Canada	17,952	17,952
3 G K	Our Lady Of Grace School, CA, United States	14,743	14,743
4 Julius D	Queen of All Saints Catholic Academy, NY, United States	14,400	14,400
5 Kieron P	Talbot SNS, Dublin 22, Ireland	13,060	13,060
6 islim a	Team SAU, ARR, Saudi Arabia	12,535	12,535
7 Zachary P	Aquinas College, WA, Australia	11,677	11,677

Mathlete of the Week
 Asia A
 Team Cook Islands
 Cook Islands
 PRIZE: Specially Made Trophy



Maths News continued...

Year 8 also have **weekly homework sheets** that they must complete and are available in both digital and paper form. Like the Year 7 classes, this homework is in addition to any homework that is given daily in class.

Year 11 will complete their first Mathematics Assessment Tasks starting in Week 6 of this term and should be settled into a good study routine to ensure success in these tasks.

A very exciting day is planned for the **Year 9 High Achievers class** on Friday, 26th February, 2016. They have been invited to attend a Talented Mathematicians Workshop run by Inquisitive Minds at Denison College, Bathurst. The students will receive permission notes in class this week and it is hoped that they will take up this excellent opportunity. The workshop will include interactive lessons on foundational and advanced problem solving strategies including 'Logical Reasoning', 'Find a Pattern' (including 'find the rule'), 'Make a list' (including tables and tree diagrams) and 'Draw a Diagram' (including Venn diagrams).

Just a reminder to everyone that it is an expectation of the Mathematics classroom that each student must have **all the necessary equipment everyday**. A scientific calculator is a must. Pens, rules, pencils and your Mathematics book are essential. Please ensure that your student is well equipped to take on the challenges and fun of the Mathematics classroom. Year 7 will also need to ensure that their laptop is with them every lesson and that it is fully charged.

Well, that is all the news from the Mathematics faculty for now. Make sure that you work hard in class and spend time at home practicing all the concepts learnt. **The best way to learn mathematics is to do mathematics!**



The Buzz



Our PBL Merit Awards system is in full swing at Orange High. Many students have placed their well-earned PBL Tickets in the draw to win. Congratulations to the following students who earned themselves a \$10 canteen voucher this fortnight.

J Aroko – Year 9
C Caguioa – Year 7
D Sciascia – Year 9
Q Routh – Year 9
Ty Brayley – Year 11
L Maidment – Year 9
J Collins – Year 7
A Freeth – Year 9
M Eyb – Year 9
J Munday – Year 10

Also congratulations to Jacob Whitton and Jacob McMullen in Year 9. These boys were drawn out of the 'Student of the Week Award' box at assembly. They earned themselves an Astley Cup hat. Congratulations to all nominations this week. All students will receive their nominations by the end of the week.



OHS NETBALL CLUB – SELECTION INFORMATION AND OVERVIEW FOR 2016

TRIALS

Selections for OHS netball teams will occur on the following dates. The venue for all trials is the OHS gym.

High A (CHS Open representative team and Astley Cup team), Junior A (15 and under selected team), Junior A (division 2/3):

TUESDAY 16TH FEBRUARY 3.45-5.00pm

Senior team nominations (anyone not wanting to trial BUT wanting to play in a team of their creation in divisions 3-7) must be received by Friday 26th February.

Selections for U13's will be held **THURSDAY 18TH FEBRUARY** 3.45-4.30pm

Selections for U/14's AND U/15'S will be held: **THURSDAY 18TH FEBRUARY** 4.30-5.30pm.

IF YOUR CHILD IS UNABLE TO MAKE TRIALS AND WISHES TO PLAY PLEASE LET ME KNOW.

REGISTRATIONS

All registrations are going online in 2016.

Information will be sent home shortly on how to complete registrations and payment of fees. PLEASE NOTE THE LAST DAY TO REGISTER ONLINE IS MARCH 31ST

COACHES/MANAGERS

If you are willing to coach or manage a team could you please contact me in the PE staffroom. As always, the strength of a club relies on its volunteers and we appreciate the time and effort that you are willing to give.

UNIFORMS

Are able to be tried on during lunchtimes for all new players. Please contact me if you require an alternate time.

ORANGE NETBALL ASSOCIATION COME AND TRY DAY

Saturday 27th Feb at PCYC, 1-2pm. ONA is welcoming new players in both junior and senior divisions.

AGM

The Orange High School Netball Club will be holding an **AGM on Monday 15/2/16 5.00pm in the OHS gym.**

WE ARE DESPERATELY SEEKING ASSISTANCE TO ENSURE THE SMOOTH RUNNING OF THE CLUB.

There are a number of roles we require assistance with. If you are able to help out with any of the following please let me know.

President: to oversee the general running of the club, be available for inquiries, liaise with the ONA committee, adjudicate issues that arise, attend ONA council meetings.

Publicity Officer: manage the promotion of OHS netball through various media sources.

Equipment Officer: to manage club equipment throughout 2016

Fundraising Officer(s): to assist in coordinating fundraising opportunities for the OHS netball club in 2016



Thanks for your support of the OHS Netball Club.

Tegan Dray, PDHPE teacher, OHS Netball Club Coordinator.

P: 6362 3444(w)

E: Tegan.dray1@det.nsw.edu.au

No Second Chance

Last Thursday students from Year 11 and 12 were fortunate to be a part of the **No Second Chance** program. Students listened to key speakers Paul Stanley and Matt Speakman, who have both paid the ultimate price for other peoples decisions. Both men's stories were eye opening and at times emotional, with the main message being that your decisions and choices may give you no second chance. Students also heard from Warren Luff, a V8 supercar driver, who spoke about the No Second Chance Top Gun program. One OHS student will be invited to the Porsche Sport Driving School on Gold Coast. This is an all expenses paid for trip where they will learn about safety and vehicle control in a safe and relaxed manner. I encourage you all to enter. More information about the program can be found at <http://www.n2c.com.au>

Sarah Cooper

PDHPE Teacher



Ex-Services Hockey Club Sign-On Day



All current players and potential players, junior/senior (both male and female) are invited to come along and join. A \$10 fee deposit will be required on the day.

FREE Sausage sizzle and drink provided and if you have some spare change have a go at our guessing competition!

Venue: Orange Ex-Services Bloomfield Country Club Pavilion

Date: Friday, 12 February 2016

Time: 5.00pm - 7.00pm

Bring along your stick and ball to have a hit with other members
you **MUST** be a member of the Ex-Services club to play for Ex-services hockey club
For more information on our club please feel free to contact:

Sharyn Mitselburg 0419 425 047 (Treasurer), email sharynjm@bigpond.com or
Steph McManus (Secretary) on 0438 943 879, email steph.mcmanus@gmail.com



"Come Try Rugby" at Emus
Woodward Road, Orange

Wallas & Juniors Rugby 2016 Registration Now Open

Join the 2016 premierships winners!
Wallas U7's - U11's and Juniors U13's to U17's
Come to the registration events on
Friday 26th February from 4pm - 6pm
or
Saturday 27th Feb from 9am - 11am

Please call Michelle Duncan on 0401 404 212 or
Keryn Holland on 0421 210 492 for more information




Parents & Community Representative Council MARKETS

Norton Park Oval
James Sheahan Catholic High School
Anson Street, Orange

- Arts & Crafts • Fashion &
Jewellery • Gardening & Produce**
- Food Drink Ice Cream
 - Face Painting • Mini Train
 - Merry-Go-Round
 - Plus Much More...

Sunday 21st February 2016
10:30am - 3pm

**Entry by
Gold Coin
Donation**



BROUGHT TO YOU BY: Parents & Community
Representative Council - PCRC (formerly P&F)

For more information please email -
pcrc@jschs.nsw.edu.au

aspect
practice

autism practice that works

Aspect Recipe for Success[®]

This autism-specific Positive Behaviour Support Workshop uses contemporary evidence based strategies, based on our many years of direct work with families, organisations and people living with autism.

Our presenters



Dr Tom Tutton
Dr Tutton trained as a Clinical Psychologist in England, specialising in supporting individuals on the Autism Spectrum & Positive Behaviour Support (PBS). Until recently Dr Tutton was employed as Aspects Principal Consultant in PBS. He is now the Aspect Practice National Manager and supports the many programs and staff employed across the organisation. Tom has significant experience presenting workshops to parents and professionals across Australia and has spoken at numerous conferences including the Asia Pacific Autism Conferences in 2009 and 2011.



Sarah Maxwell
(B Behavioural Sciences)
Sarah joined Aspect in September 2015 and works on the Far North Coast as an Autism and Positive Behaviour Support specialist. She has experience in working with children and adults with intellectual, cognitive and developmental disabilities. Sarah primarily aims to support individuals and their families to achieve a good quality of life.

Who should attend?

Families and professionals supporting or working with people on the autism spectrum, including carers, direct support staff, managers, educators, respite staff, supported employment and Allied Health professionals.

Each participant receives:

- step by step, easy to complete forms to help you write your own autism-specific Positive Behaviour Support plan on the day
- specially designed forms and other tools to use at home or work
- access to a broad range of resources provided through a link to access a restricted section of the Aspect website
- help to support the implementation of your PBS Plan, using our Implementation Checklist

You will leave the workshop with greatly increased confidence in your ability to make a difference in environments and situations where there is challenging behaviour.

When: 15th, 16th and 17th March 2016

Where: Orange Ex Services Club
231-243 Anson St
Orange NSW 2800

Time: 9:30am to 2:30pm

Cost: Free for family members and professionals who attend with a family

All other professionals \$600.00

Contact: Sarah Maxwell
P: 0466 518 747
E: smaxwell@autismspectrum.org.au

Completing the Recipe for Success workshop will contribute 15 hours of OTC registered PD addressing 1.2, 1.2.2, 1.3, 1.4, 1.5, 1.6, 2.1, 2.2, 3.1, 3.2, 3.4, 3.5, 3.6, 3.7, 4.1, 4.2, 4.3, 4.4, 4.5, and 4.5.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.





WOMEN WITH WINGS
ORANGE
12 MARCH 2016
9AM - 3PM

GOLD COIN DONATION ON ENTRY

FREE DISCOVERY FLIGHTS FOR FEMALES
 (MUST REGISTER ONLINE)
Don't miss out on this wonderful local event.
Experience the joys of taking to the skies!

Due to safety, minimum age restriction 10 years of age.
 INDEMNITY NOTE: Participation in any WOAW event is at your own risk.

RIDE IN A SMALL AIRCRAFT FOR A CHANCE TO WIN
 Any woman who experiences a FIRST small aircraft flight during Women of Aviation Worldwide Week: March 7-13 2016 and reports it by the deadline can WIN!

2016 PRIZES

- UP TO \$2,500 CAD*
- AN IPAD MINI
- AND MUCH MORE... * in flight training cash
- AN IWATCH SPORT

ORANGE AIRPORT
 Aerodrome Rd Spring Hill via Orange
 Register only online at: www.orangeaeroclub.com.au

Fly It Forward*

AERO REFUELLERS

Women of Aviation



Hope Lives in a smile

Relay For Life

Relay For Life is a fun and moving overnight experience that raises vital funds for the Cancer Council's research, prevention, information and support services. Relay is a chance for the Orange community to recognise and celebrate local cancer survivors, patients and their carers, to honour and remember loved ones lost to cancer and to raise money to help save more lives.

Join the thousands of Australians who take part in Cancer Council's Relay For Life each year in the fight against cancer: start or join a team in the Orange 2016 Relay today!



Orange & District Relay For Life
2-3 April 2016
Waratah Sports Ground



Register. Participate. Donate.
 1300 65 65 85

facebook.com/RelayForLifeAustralia

relayforlife.org.au



PARENT INFORMATION EVENINGS

Orange
6.00pm
Thursday 18 February 2016
Orange Ex-Services

Register on the night
or call 1800 334 733

