



Orange High School NEWSLETTER

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Quod Potero Sedulo

15th September 2016 : Term 3 Week 9



Year 12 - 2016

CROSSROADS

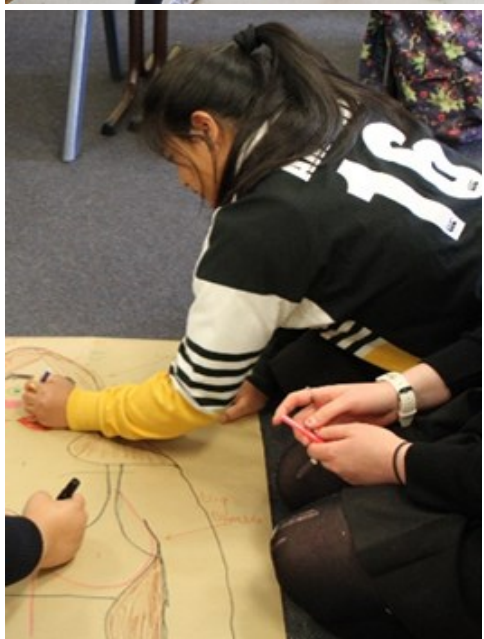


Year 12 students participated in a Crossroads workshops this week which covered various topics such as; drugs and alcohol, relationships, personal identity, safe travel, sexuality & sexual health and mental health & wellbeing! Crossroads is designed to help senior students address issues of health, safety and wellbeing at a time when they face significant changes and challenges in their lives through fun group activities and conversation!





CROSSROADS



CONGRATULATIONS EBONY HAY 15YRS STATE DISCUS GOLD MEDALLIST



Congratulations to Ebony Hay for winning first place in the 15 years State Discus Finals! Ebony competed against 23 others taking out the title with a massive winning throw of 37.90m! The next step for Ebony is trying out for Throws Club Nationals next month with a goal of beating her personal best of 39.90m! Fantastic achievement Ebony!!



PRINCIPAL'S REPORT

Principal

David Lloyd

Deputy Principals

Helene Hamilton

Kathleen Maksymczuk (Rel)

Narelle Small (Rel)

Head Teacher Admin

Kylie Winslade (students)

Aaron Routh (Rel) (staff)

Head Teacher Welfare

Kerrie Chopping

Year 7 Advisor

Josh Thacker

Year 8 Advisor

Cassie Coates

Year 9 Advisor

Alice Bright

Year 10 Advisor

Sophie Healey

Year 11 Advisors

Sarah Townsend

Year 12 Advisor

Aaron Routh

Careers Advisor

Glen Pearson

School Counsellors

Susanna Brown

Liz Franks

Sport Co-ordinators

Anthony Wharton

Tegan Dray

Student Representative

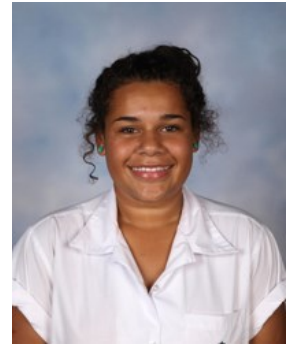
Council Leader

Peita Mages

Congratulations Ebony Hay for her outstanding Gold Medal Discus throw of over 37.90 metres to secure the Gold Medal at State Athletics.

Ebony is a very talented athlete who successfully competed against 23 others to be in the top eight of the state at the end of the qualifying rounds and then crowned the winner following three more throws. **We wish Ebony all the best as she trials for the National Team and then potentially international competitions.**

Her personal best distance is a massive 39.50 metres.



Also competing at the State Athletics championships were our girls and boys relay teams. **The boys team, consisting of Myles Palmer, Andrew Millan, James Sutherland and Ollie Keegan, achieved 3rd place in the final while our girls team comprised of Caitlin Broadfoot, Maddie Owens, Annabelle Crisp and Haegan Boland placed 6th in the final.** Interestingly, Annabelle Crisp was the only runner west of the mountains to compete in the 200m final. Congratulations to all!

On Wednesday afternoon our Indigenous education team hosted the Term 3 Indigenous Afternoon Tea during which the latest copy of Orange High Schools 'Deadly Times' was released. **The paper, now in its second year of quarterly publications is full of interesting cultural and community stories, many written by students.** The paper has now expanded to become a regional publication incorporating pages from partner primary and high schools. I commend the high standard of the paper and its contents to you and invite you to pick up a copy from the office as well as a range of other places around town.



A short time ago, I spent some time in with our Year 7 High Achievers Class and shared in their Study Skills and Learning Styles Workshop. **During the time I was in the room, the class was investigating neuroplasticity, the ability of the brain to change and grow.** The students were fascinated with new facts and challenges to investigate different and better ways of learning than those traditionally used. Following the year 7 class, I visited Year 12 Advanced Maths who were completing an intensive workshop with an outside expert, Morris Needleman. **The students were 100% engaged and challenged and working at an almost unbelievably high level. Whoever said 'its not cool to be an academic' clearly did not attend Orange High! Well done to all!**

David Lloyd

Principal

STATE ATHLETIC RELAY TEAM



Under 14s State Relay 2016 finalists

The boys and girls relay teams had a wonderful time. They represented the school very proudly and gave each other such lovely support and encouragement - great displays of sportsmanship. What a fantastic group of athletes the school has in this age group!

Annabelle Crisp made it to State for 100m, 200m, 400m and the Relay. She made it into the Finals for the 200m and the Relay team for the first time. She was the only runner west of the Great Dividing Range in the 200m finals.



Under 14s Boys and Girls State Relay Teams

CHEMISTRY AND PHYSICS EXCURSION



Year 12 Physics and Chemistry enjoying dinner in Sydney after a big day of exploring ANSTO and the Sydney observatory on their excursion last week.

HSC DRAMA PRACTICAL



Some fantastic shots of our Year 12 Drama students from their HSC Drama practical exam!
All the hard work has paid off! Well done everyone!



2016 -17 HSC ASSESSMENT INFORMATION EVENING

Dear Parents/Carers

Education partnerships are fundamental for your child's success in the Higher School Certificate. To ensure a clear understanding of the school and state assessment requirements, your attendance at an Information session at 6.00 pm on Monday, 10th October, 2016 in the Performing Arts Centre is requested.

We would ask that parents and students arrive at approximately 5.45 pm to sign in and collect the 2016-2017 Higher School Certificate Assessment Booklets that outline all assessment tasks, rules and procedures for their HSC year. It is envisaged that the information session will take approximately one hour.

Information in relation to assessment and the role of the Education Standards Authority (ESA) (formally BOSTES), will be provided which will include:

- ESA processes and systems leading to a final HSC assessment mark
- Orange High School Assessment procedures, rules, protocols and requirements

It is envisaged there will be time for questions at the end of the session.

It is hoped that you are able to attend the evening, with your child to ensure a full and clear understanding of requirements and processes. As this is the final year of secondary schooling for your son or daughter, the information evening will be very important.

If you require further information, you can contact Ms Narelle Small, Relieving Deputy Principal at the school on 6362 3444.

Yours faithfully



Mr David Lloyd

TAIKO DRUMMING WORKSHOP

OHS students participated in a taiko drumming workshop today. Sensei Kiyomi, who comes all the way from Griffith, instructed our students on the basics of playing a taiko drum. Sensei Kiyomi regularly trains to play the taiko drums in Japan. She used the Japanese that our students studied in class in her instructions for them. After the basic drumming instruction, she demonstrated how an experienced person uses the different taiko drums and she shared her knowledge about the drums with the students while they asked her questions. Our students had watched some youtube clips about how the drums are made in Japan and taiko drummers in action. From the pictures you will see that our students were very focused during the session. After the session many of them said that they had enjoyed their drumming.

