



# Orange High School NEWSLETTER

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Quod Potero Sedulo

1st September 2016 : Term 3 Week 7

# CONGRATULATIONS 2017 OHS LEADERSHIP TEAM



Introducing our Orange High School  
Leadership Team for 2017!

### School Captains

Tori Writer & Hugh Duffield

### Vice Captains

Isabel Harris & Joshua Punivai

### Prefects

Georgina Clarke, Rebecca Hooper,  
Lucy Cooper, Gabrielle Lloyd, James  
Cashen, Christian Presslaber, Joe  
Grindrod and Lynton Robbins!

Congratulations to all involved in the  
leadership selection process!



# PRINCIPAL'S REPORT

## Principal

David Lloyd

## Deputy Principals

Helene Hamilton

Kathleen Maksymczuk (Rel)

Narelle Small (Rel)

## Head Teacher Admin

Kylie Winslade (students)

Aaron Routh (Rel) (staff)

## Head Teacher Welfare

Kerrie Chopping

## Year 7 Advisor

Josh Thacker

## Year 8 Advisor

Cassie Coates

## Year 9 Advisor

Alice Bright

## Year 10 Advisor

Sophie Healey

## Year 11 Advisors

Sarah Townsend

## Year 12 Advisor

Aaron Routh

## Careers Advisor

Glen Pearson

## School Counsellors

Susanna Brown

Liz Franks

## Sport Co-ordinators

Anthony Wharton

Tegan Dray

## Student Representative

Council Leader

Peita Mages

Students have successfully completed a huge week of extra curricula activities.

On Monday, the whole school voted to elect the 2017 School Captains following the recent prefect elections. **Congratulations to Tori Writer and Hugh Duffield who were elected 2017 Captains along with Isabel Harris and Joshua Punivai, who were elected Vice Captains** following the sharing of their leadership visions and plans. In addition I would like to congratulate the following Student Council Representatives who were also elected by the peers last Monday:



**Year 8 2017 - Tom Anderson, William Burdack, Darcy Climpson & Jessica Elliott.**

**Year 9 2017 – Mitchell Cooper, Tabua Tuinakauvadra, Madeleine Owens & Anna Macpherson.**

**Year 10 2017 – Cain Selwood, Tom Radnedge, Connor Swords & Lucy Johnston.**

**Year 11 2017 – Connor Dawson, Leighlany Fenualelei, Eliza Owens & Malakai Talanoa.**

These students will commence their roles at the start of Term 4 and will run through until Term 4 next year. I have no doubt that these talented students will continue the development of student leadership at Orange High and further develop the wonderful work that is in the process of being completed by the current Student Representative Council.

In addition, students in Year 7 and High Achieving Classes completed an Inquisitive Minds Mathematics Development Day. **I was inspired by the levels of engagement and positive competition observed on the day amongst the students.** The direction and emphasis of new senior syllabi in maths and other subjects has much more of an 'application and problem solving' focus than current syllabi. As a result the development of these skills in junior students will ensure even higher levels of achievement in future years.

Likewise I was very impressed with our talents on display last Tuesday from the Design and Technology area. **While the years 12 projects such as a trailer and decorative circular garden seat and kitchen bench are always impressive, it was terrific to see displays of robotics, food technology, agriculture and industrial arts from a variety of year groups.**

**Not to be outdone, students in our Man Choir and School Choir impressed with a choral performance of high order last Tuesday.** Students in our **Year 12 Music 1 and 2 classes also performed their HSC repertoires to a full house on Wednesday evening** as part of the lead up preparation for HSC markers in a couple of weeks time.



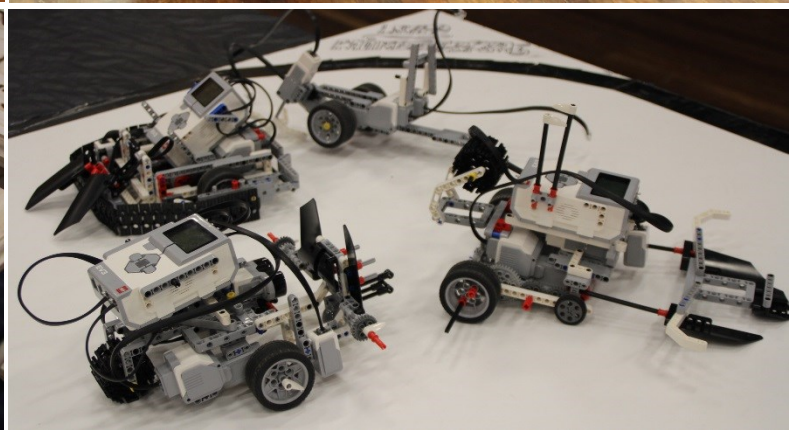
Congratulations to our girls League Tag Team for their success in winning the title of Regional Champions after defeating James Sheahan Catholic High School in the final of the Country Cup Competition.

David Lloyd  
Principal



# TAS GALA EVENING

On Tuesday, the TAS Department conducted a gala evening to celebrate the achievements of students! The evening showcased the HSC Industrial Technology major works as well as a range of projects by Agriculture, Food Technology, Electronics, Industrial Arts & Textiles! Catering was provided by our Hospitality students!





# OHS DEBATING



Congratulations to the Year 7 & 8 debating teams from Orange High and Canobolas who participated in two debates on Monday at OHS. The OHS Year 7 team won their debate against Canobolas, while the OHS Year 8 team narrowly lost.



# INQUISITIVE MINDS

Orange High students enjoyed 'Inquisitive Minds' workshops this week!

The workshop immerses students in mathematical & logical thinking as they complete fun problem solving challenges!



# ATTENTION YEAR 12 STUDENTS

Are you a current Year 12 student planning to head off to university in 2017? The Charles Hawker Scholarship perpetuates the memory of scholar, soldier and pastoralist Charles Allan Seymour Hawker.

C.A.S Hawker Scholarships are one of the most generous privately funded scholarships available to undergraduate students in Australia. Each residential scholarship is valued at up to \$60,000 over three years!

Information about the C.A.S. Hawker Scholarship and an application form are available at [www.hawkerscholarship.org](http://www.hawkerscholarship.org)



# NARRABEEN FIELD TRIP

Year 11 Biology and Senior Science students enjoyed their excursion to Narrabeen this week, studying sand dunes as well as the interactions of organisms in a hostile environment!

The students also visited Taronga Zoo as part of the excursion!



# TOM KEMP CUP HOCKEY

Well done to our OHS Girls Hockey team who played as part of the Tom Kemp Cup in Bathurst on Friday.

It was an awesome day and the girls played 5 games, with the last two being played very well!





# COUNTRY CUP LEAGUE TAG FINAL

Well done to our OHS League Tag team who took out the final of the Country Cup Competition against James Sheahan! The girls showed great sportsmanship, teamwork and motivation as they represented Orange High with pride. A big congratulations to Emily McDonald who was recognised for her outstanding display on the field, a true inspiration to the younger players on the team. Well done girls!



## P&C UPDATE

### Orange Ex-Services Club — Club Grants

Last week P&C President Keith Lummis and Vice President Alison Duffield, were pleased to accept a grant from Orange Ex Services Club through the Clubgrants Program. The grant was for \$1000 and is to be used to purchase laptops for use by Year 7 students who may not have a laptop or if their laptop is not working. The aim is that all Year 7 students will have access to a laptop at all times for uninterrupted learning. The P&C is very happy to be able to support learning at OHS for all students. The P&C is very grateful to Orange Ex Services Club for their ongoing support of OHS!



### September Meeting

The next P&C meeting will be held on Wednesday 14<sup>th</sup> September at 6:30pm in the music centre. Meetings are friendly and a fantastic way to be involved in the education of your students.

Come along and find out what great things are happening at OHS!





# YEAR 7 2017 TRANSITION EVENING

Dear Parent/Caregiver,

You are invited to our:

Transition to Orange High School  
Year 7 2017

## *Parent Information Evening*

**Date:** Monday 5<sup>th</sup> September, 2016

**Time:** 6:00pm – 7:30pm Supper to follow

**Venue:** Orange High School Performing Arts Centre (PAC)

(From the main carpark, behind the bus bay on Woodward Street, walk south between the buildings - the PAC is on the right.)

At 6.00pm there will be an opportunity to view uniform displays, chat to the bus company representatives and enjoy some OHS ensemble music. **From 6:15pm there will be introductions and detailed information regarding vision for OHS Year 7 Bring Your Own Device Policy (BYOD)**

We look forward to welcoming you to the Orange High School Community.

David Lloyd  
Principal

Daniel Wait  
Year 7 Advisor 2017

Kerrie Chopping  
Transition Coordinator



ORANGE HIGH SCHOOL

P: 6362 3444

## NOTIFY US ABOUT YOUR CHILD'S HEALTH

We welcome information from parents about your child's health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child's health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the principal. This will greatly assist our school in planning to support your child's health and wellbeing.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter's health needs or as otherwise required by law.



## LATE ARRIVALS & EARLY LEAVERS

A reminder to all parents and students that any student needing to leave school for an appointment must bring a note in and get a leave pass in the morning.

Any student arriving late to school must bring in a note to explain their absence.

Thank you!



# PLAY CRICKET!



## Registration Day

Boys and Girls 5 - 16

Riawena Oval, Kooronga Ave  
Sunday 11th September, 12 - 2pm

**BBQ and used cricket gear sale**

For more info visit [odjca.nsw.cricket.com.au](http://odjca.nsw.cricket.com.au)

# THUNDER GIRLS CRICKET LEAGUE



T20, 8 per side, girls only

Thursdays 4:30 - 7:10pm

**New to cricket? No problem**

U13 and U17 comps

More info at rego day or

[odjca.nsw.cricket.com.au](http://odjca.nsw.cricket.com.au)



## SOFTBALL COME-N-TRY DAY

A FREE family event.

Fun for ALL AGES. NO obligation to join.



Saturday, 24th September

Sir Jack Brabham Park Free BBQ and all equipment provided

9 a.m - Teeball U11s

10 a.m - U15s

11 a.m - Kandooz Disability Program

11 a.m - Competitive Adults

10 a.m - Modball U13s

11 a.m - Youth U19s

11 a.m - Mixed Social Adults

Pam 0419 013 951 Jacquie 0407 934 471

Cathy 0407 450 260

Email us at [orangedistrictsoftball@gmail.com](mailto:orangedistrictsoftball@gmail.com) or  
join our group on Facebook for more information  
and updates. Search Orange District Softball



# JOIN IN THE FUN. PLAY CRICKET!



ALL CLUBS SIGN ON DAY

Junior Boys & Girls: U11-U16

Thunder Girls Cricket League: U13 & U17

Riawena Oval, Kooronga Ave.

SUNDAY 11th SEPTEMBER, 12-2pm

Cricket gear 'car-boot sale' on the day  
more info at [odjca.nsw.cricket.com.au](http://odjca.nsw.cricket.com.au)

## How healthy are your lungs?

Asthma affects over two million Australians - that's about 1 in 10 and it is estimated that 1 in 20 people over 55 has Chronic Obstructive Pulmonary Disease - Are you breathing easily?

Book in for your 15-minute, one-on-one consultation and take home valuable knowledge about your lung health.

Our Registered Nurse will:

**ASSESS** your personal risk factors and relevant signs and symptoms

**TEST** your lung function and calculate your "lung age"

**GIVE** you personalised and practical preventative health and management advice (including a take home brochure)



**BOOK YOUR  
CLINIC  
APPOINTMENT  
TODAY**

CARING FOR YOUR HEALTH & WELLBEING

## Asthma & Lung Health Clinic



- Are you 35 or over and have never had your lungs checked out?
- Are you a smoker or ex-smoker?
- Have you experienced any of the following recently?
  - wheezing
  - persistent or changed cough
  - shortness of breath
  - coughing up mucus, phlegm or blood
  - Does exercise bring on any of the above symptoms?
- Do you have a family history of asthma?
- If you have asthma do you:
  - know how to get the most out of your inhalers
  - have an asthma action plan or first aid plan?
- Have you been diagnosed with COPD?
- Would you like to know your "lung age"?

Book your clinic appointment for a one-on-one consultation

CARING FOR YOUR HEALTH & WELLBEING

Date/Time: Friday 30 September 2016 10:00am - 3:00pm

Venue: **MCCARTHY'S LIFE PHARMACY**  
196 Lords Place  
Orange NSW 2800  
Ph: (02) 6362 1009

Phone:



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