



Orange High School NEWSLETTER

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Quod Potero Sedulo

19th May 2017 - Term 2 Week 4

Year 10 Marine Studies

The Year 10 Marine Studies class travelled to Jervis Bay last week to complete their open water dive certification. Over the 4 days the students completed 6 dives in both the pool and the ocean. During the ocean dives the students observed a large variety of marine life such as cuttlefish, wobbegongs, starfish, and blue groper fish. Overall, the annual excursion was a great experience for the students, giving them an opportunity to gain a variety of valuable marine based skills.



PRINCIPAL'S REPORT

Principal

David Lloyd

Deputy Principals

Helene Hamilton
Kathleen Maksymczuk
Kylie Winslade (Rel)

Head Teacher Admin

Kate Rogan - Students (Rel)
Jo Beeby - Staff (Rel)

Head Teacher Welfare

Kerrie Chopping

Year 7 Advisor

Lisa Phillips

Year 8 Advisor

Josh Thacker

Year 9 Advisor

Cassie Coates

Year 10 Advisor

Alice Bright

Year 11 Advisor

Sophie Healey

Year 12 Advisor

Tegan Dray

Careers Advisor

Glen Pearson

School Counsellors

Susanna Brown
Liz Franks

Sport Co-ordinators

Anthony Wharton
Tegan Dray

Student Representative

Council Leader
Kate Rogan

Congratulations to Jacinta Smith in Year 10, who placed 2nd in her age division in the Country Women's Association Central West Public Speaking Competition earlier this week. Jacinta led a highly engaging and well-constructed speech reflecting on the complexities created by technology. Jacinta will now travel to Trundle to compete at the next level! **Well done also to Milla Parker in Year 7 who received a Highly Commended Award in her age group.**



Jacinta Smith



Milla Parker

Last Tuesday, our Music Team hosted a Partner Primary Schools Band Workshop for approximately 120 budding primary school musicians. **Stage Band students from Orange High School were the tutors for the day, working closely with small groups of talented young people.** The day



culminated in a performance for parents and visitors of several pieces learnt throughout the day. **The final production was of amazing quality, especially considering it was the result of only 1 day of learning.** Congratulations to all involved and in particular to our Partner Schools for their efforts supporting the day.



Our students were part of a WIN TV News segment promoting the need for parents to see winning at sport in the right context.

Junior sports clubs and Orange High School teamed up with NSW Office for Sport's to support Shoosh for Kids Week – an initiative aimed at discouraging bad sportsmanship and promoting positive behaviour on and

David Lloyd
Principal

Sticks to Stadium

Mitchell Leonard, Elijah Smyth and Will Page were invited to participate in Sticks to Stadium - a community program run by the Penrith Panthers designed to inspire Indigenous youth from regional communities. Over three days the group undertook a number of activities including a trip to the NRL Learning Centre, South Sydney PCYC and the chance to experience the Sydney CBD. The students met and mingled with Panthers players and staff at the Panthers Rugby League Academy, attended a training session and cheered the team on against the Titans.



OHS Students to perform at Sydney Opera House in the Department of Education State Instrumental Festival

Congratulations to Ben Hoskins, who will perform as a member of the State Junior Wind Band at the Opera House in September, in the Department of Education State Instrumental Festival.

Also, a huge congratulations to Matthew Baines, Grace Corby, and Olivia Maksymczuk who will represent Orange High School in the State Senior Wind Band, performing at the Opera House with students from across the state.



Tennis

Swinging into action, our tennis team travelled to Cowra last Friday. Unfortunately, the girls lost to a strong and experienced Cowra team 0-8, however, the boys won 6-2 and will now proceed to Parkes for the semi-finals.



Rugby League



Last Friday, the OHS 16s Tom Kemp Shield were round victors over a strong hearted Parkes squad with a very impressive performance. The sportsmanship carried throughout the game should be highly commended.

Well done to the OHS Opens boys league team who played against Cowra last week. Although our boys played extremely well, they went down 26 to 22 in a close fought game.



Hockey

Well done to our Open Girls Hockey team who played extremely well against Lithgow last Friday, winning 5-0. An outstanding achievement from the girls.



OHS Cattle Team at the Orange Show



Uniform

Just a reminder to all parents to label items of clothing. I have had many jumpers arrive in lost property without names on them. I will return all items with names on them and students can see me if they have lost an item whilst at school.

PBL

Congratulations to the following students who earned themselves a \$10 canteen voucher this fortnight.

| | |
|--------------|---------|
| A Properjohn | Year 10 |
| M Bryant | Year 7 |
| E Kearney | Year 7 |
| J Larson | Year 12 |
| J Dziergas | Year 8 |
| A Hewitt | Year 12 |
| H Puxty | Year 8 |
| P Keegan | Year 8 |
| I Puata | Year 7 |
| M Jones | Year 10 |

Congratulations to our 'Students of the Week' winners for this fortnight.

Ruby Owens, nominated by Mrs Boardman for 'Commitment to quality work'.

Sam Golfin, nominated by Mrs Bright for 'Amazing Innovation Assessment'

We had many entries in the box this fortnight, which is a tribute to all students who are working hard and achieving their best. The race to win the PBL BBQ is very close at this stage!!

I hope to see many parents at the 'Building Resilience in Anxious Adolescents' Seminar next week (details attached in the newsletter).

Have a great weekend.

Kerrie Chopping

Head Teacher Wellbeing

Stage Band Workshop

Orange High held a band workshop on Tuesday, inviting the local Primary schools to attend. Mrs Mickle and Mr Irvine did a wonderful job organising and running an exciting day for these talented primary students. Some of our students assisted in leading the workshop, encouraging and helping our future musicians.



An information evening for parents, carers, teachers and allied educators* Building Resilience in Anxious Adolescents

Presentations by

Dr Radha Srikanth, Unit Staff Specialist Psychiatrist, Wollemi Kids (CAMHS) Unit Orange Hospital.

Nicole Manktelow, Clinical Lead Psychologist, headspace.

- understanding brain development in adolescents and the challenges during this critical phase
- the neurobiology of anxiety
- intervention and management of anxiety
- using emotional coaching
- how to support the young people at home and in classroom settings

Orange High School Performing Arts Centre
Wednesday the 24th May 2017 at 7.00pm.

Please ring 63623444 for more information.

*Please Note. This information evening is for parents, carers, teachers and allied educators. Young people will be more than welcome at future events.



SHOOSH FOR KIDS WEEK

15-21 May 2017

If your comment is negative, then **SHOOSH!**

Reward good play by both teams with applause; if you can't then **SHOOSH!**

If your comment is directed at a referee or match official, then **SHOOSH!**

If your comment is directed at a player, then **SHOOSH!**

Show respect to players and game officials. **Remember it's their game.**



Shoosh for Kids Week is proudly supported by:



[f](https://www.facebook.com/shooshforkids) [i](https://www.instagram.com/shooshforkids) #shooshforkids | sport.nsw.gov.au

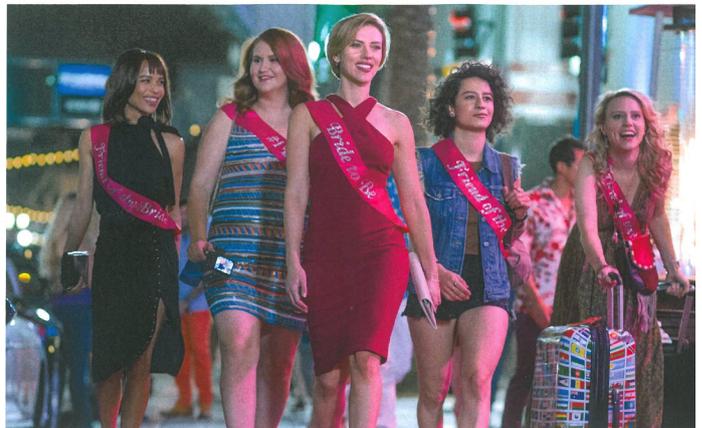
NSW GOVERNMENT Office of Sport

YEAR 12 PARENT TEACHER NIGHT

Monday 22nd May in the PAC from 4pm - 7pm

Booking can be made from 8am on 10th May via the Parent Portal.

We look forward to seeing you there



ROUGH NIGHT

fundraising for Cancer Council NSW

Odeon 5 Cinemas, William Street, Orange

Thursday 15th June 2017

6.45pm for 7pm

Tickets \$20 or

\$25 w/ Small Drink & Popcorn

Tickets can be purchased from Everly Jewellers, Central West Gymnastics and Kellie 0409 788 943





WEP IS LOOKING FOR VOLUNTEER HOST FAMILIES! HOST A HIGH SCHOOL EXCHANGE STUDENT FROM OVERSEAS AND CREATE MEMORIES FOR LIFE!

LAST CHANCE TO HOST AN EXCHANGE STUDENT THIS JULY



FIND OUT MORE

WEP.ORG.AU
INFO@WEP.ORG.AU
1300 884 733



Teaching someone to drive can be a **happy** experience.

You can learn all the simple steps on how to teach a learner driver at a **FREE** two hour workshop.

The next workshop in your area will be held:

| TIME & DATE: | VENUE: | BOOK NOW ON: |
|------------------------|--|--------------|
| 6:00 -8:00pm 23 May | Community Info & Services 79-81 Kite St Orange | 6393 8600 |

Helping learner drivers become safe drivers



KEEP CALM

It is just a Fundraiser

TRIVIA NIGHT

Saturday 20 May 2017

ORANGE HIGH SCHOOL

Hosted by OHS P&C

6:30pm to 10:30pm

GET YOUR TEAM TOGETHER

Tables of 8 - \$15.00 per person

You provide own nibbles and drinks.

We will have light supper of tea/coffee and slices for sale.

There will be a raffle and coin tossing events – bring some cash.

Tickets available at:

- OHS School office or
- "Cinnabar" 145 Kite Street, and
- Also available at the door.

This is a Parent/Carer only evening and we are raising funds for a Covered Outdoor Learning Area and Electronic Sign Board.

Further Information call/txt
Alison on 0448394508 or Virginia on 0431597868.

100 CLUB

A 100 Club is running in conjunction with Saturday night's Trivia Night.

\$1 300 worth of prizes up for grabs!!

Tickets are only \$10 each - Only 100 will be sold!

Tickets may be purchased in 3 ways:

| | |
|---|---|
| 1 | @School Office: Bring \$10 cash/cheque |
| 2 | Online Payment to: Account: Orange High P&C BSB: 633 000 Acc no: 150586881 Ref: "Trivia" + your name |
| 3 | On Saturday at the Trivia Night! |

Prizes:

| | |
|--------------------------|--|
| Rowlee Wines | Private tasting for 2 and a case of wine worth \$400 |
| Harris Farm Market | \$250 voucher |
| Dindima Wines | Private tour and tasting for 6 with cheese platter \$150 |
| The White Place | Spa pack \$150 |
| Dubbo Zoo | 2 adult passes \$95 |
| Scenic World Katoomba | family unlimited discovery pass \$99 |
| Good Eddy cafe | \$50 voucher |
| Village Bakehouse | \$50 voucher |
| Collins Bookstore | \$50 voucher |

Enquiries: Alison 0448 394 508 or Virginia 0431 597 868

Or email secretaryohspc@gmail.com





NDIS Information Sessions

Free Community Event

The Department of Education and the National Disability Coordination Officer Program will be holding an interactive, social and all-inclusive event for families with children with disabilities.

These sessions are designed to learn more about the NDIS from an NDIA representative, meet Department of Education staff and will give an opportunity to ask questions.

Date: Tuesday 30th May 2017

Venue: Anson Street School
Trade Training Centre
94 Anson Street, Orange

Time: 2:00pm to 3:00pm
or
5:30pm to 7:00pm



NDIS Information Sessions

The Department of Education and the National Disability Coordination Officer Program will be holding an interactive and all-inclusive event for Department of Education staff requiring additional information on the National Disability Insurance Scheme.

These sessions are designed to learn more about the NDIS from an NDIA representative, meet the Department of Education Coordinator, NDIS Transition and will also give an opportunity to ask questions.

Date: Tuesday 30th May 2017

Venue: Anson Street School
Trade Training Centre
94 Anson Street, Orange

Time: 3:30pm to 4:30pm