



Orange High School NEWSLETTER

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Quod Potero Sedulo

16th February 2018 - Term 1 Week 3

Year 7 students learning new skills at the BYOD Boot Camp



PRINCIPAL'S REPORT

Principal

David Lloyd

Deputy Principals

Helene Hamilton

Kathleen Maksymczuk

Terri Johnston (Rel)

Head Teacher Admin

Kylie Winslade (Students)

Jo Beeby - Staff (Rel)

Head Teacher Welfare

Kate Rogan

Year 7 Advisor

Tammy Nash

Year 8 Advisor

Lisa Phillips

Year 9 Advisor

Monica Peasley

Year 10 Advisor

Cassie Coates

Year 11 Advisor

Tegan Dray

Year 12 Advisor

Kylie Winslade

Careers Advisor

Glen Pearson

School Counsellors

Susanna Brown

Liz Sams

Sport Co-ordinators

Ben Callaway

Tegan Dray

Student Representative

Council Leader

Yelena Latter

It has been terrific to see and feel the school getting into full swing over the last week. **In particular, I have enjoyed seeing the Concert and Stage bands starting up for the year together with all of the other music ensembles. It has also been exciting to see sporting teams being organised and training sessions finalised.** For any parents with students not involved in an extracurricular activity, can I urge you to encourage your child to get involved and find an extra area of belonging. We are lucky to be able to offer such a variety of 'niche' activities and also see a strong correlation between involvement and learning.

Applications for our 2019 High Achievers class for Year 7 next year, are now available. More information is available in this newsletter and don't forget applications close 8th March 2018. We continue to develop this program each year and for 2019 have included an opportunity for prospective students to demonstrate their skills 'in-situ', with activities facilitated by students already in the program. We believe this will provide further insights into the amazing talents and skills of future citizens of Orange High School.

It has been exciting to see the start of the 100KW solar array installation on our school roof getting underway this week. In peak conditions, it is estimated the panels will provide more than half our electricity needs, thus producing significant savings in energy over the coming years.

Nearly complete, is our new bike compound at the end of the science building. Once completed, this area will be locked during the day to ensure a safe place for students to park their bikes. We hope that this will encourage more students to ride to school in the coming months and years. Also under construction, is the redevelopment of the 'Japanese garden' at the front of the school. The design for this space has been developed by one of our parents, Sarah Presslaber and it is exciting to see it slowly take shape.

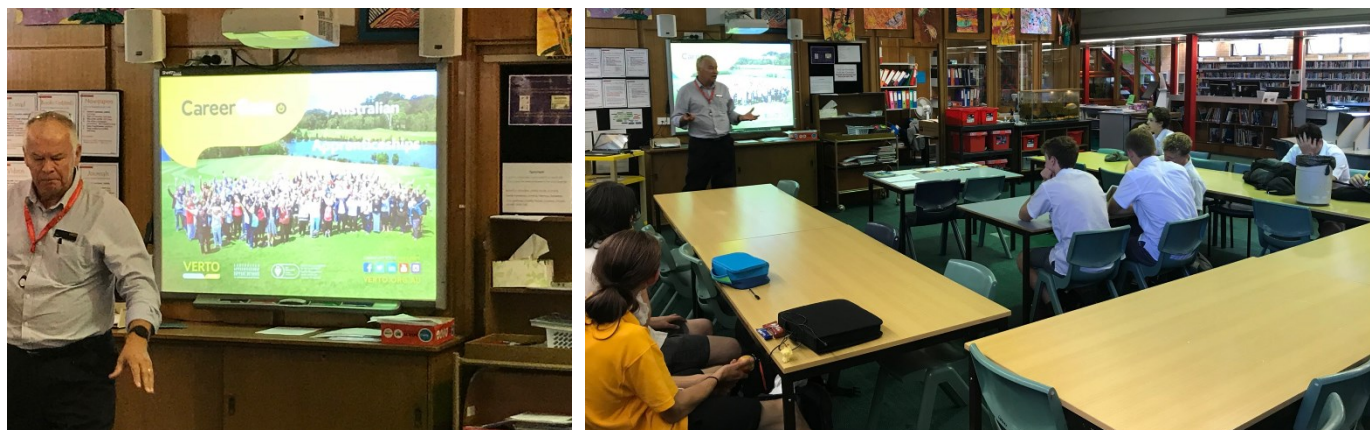
Finally, well done to our Prefects for their fundraising activities for Valentines Day. These activities, singing love songs and giving flowers, were a fun, if at times slightly embarrassing, way to both raise funds for the SRC and to boost kindness and friendship around the school. The mature way the students conducted themselves was a credit to them.



David Lloyd
Principal

Career Connection Library Lunch Session 1

John Ulbricht from Verto gave a talk on Apprenticeships and Traineeships for interested students



Mr Pearson has introduced a new Career Connection concept - **Library Lunch Sessions** where any organisation wishing to speak to students about post-school options can present to interested students. The first **Library Lunch Session** was held on Tuesday 13th February and was about Apprenticeships & Traineeships. Other sessions for Term 1 are:

Wednesday 28th February - Defence Force Recruitment (LUNCH) - Latitude Global Volunteering (RECESS)

Friday 9th March - Civil Contractors Federation

Thursday 15th March - University of Melbourne ATSI Student Talk

Thursday 22nd March - The Footnotes Careers Website

Most sessions will be held at lunch between 1:02pm and 1:42pm.

All interested students should attend to enhance their career education and development.

Former students visit OHS

Last Friday, former PDHPE students, Isabel, Gabby, Poppy, Olivia and Lydia, visited some of our Year 12 PDHPE students.

Each of these ex-students excelled in this area of study and provided the class with some relevant and integral advice that will help them through the HSC.





Orange High School - 2019

High Achievers Program

*Orange High School invites applications for the
2019 Year 7 High Achievers Class.*

This program is an opportunity for motivated, high achieving students to participate in a curriculum that is differentiated and focused on developing skills of critical and creative thinking. Successful applicants to the *High Achievers* class will be placed in learning environments with a diversity of instructional modes. Each student will have access to:

- An academically challenging learning sequence
- A wide range of extra curricular enrichment
- Integration of information communication technology to ensure higher order learning outcomes

Applications close: 8th March, 2018
Enquires: Catherine.Sharp@det.nsw.edu.au 02 63623444

Application forms are available from
the Orange High School Website:
www.orange-h.schools.nsw.edu.au

A link for applications:

http://www.orange-h.schools.nsw.edu.au/documents/8281168/8287441/high_achivers_letter.pdf

Our new electronic information sign
now up and running





Valentines Day





Orange High School

Personal development, health and physical education information for parents

Dear parents and caregivers

This term, students in Years 7-10 will be involved in the mandatory subject Personal Development, Health and Physical Education (PDHPE). This subject prepares and supports students to lead, and contribute to, healthy, safe and meaningful lives that promote respect, responsibility, enjoyment, inclusion and social justice for self and others.

Our school's PDHPE program covers a wide range of educational matter, including relationships, drug use, sexuality and sexual health, body image, mental health and wellbeing, protective strategies, movement skills and performance, safety and physical activity. Some of the content of the program deals with sensitive issues. The school recognises this by teaching about these issues within the context of a developmentally appropriate program and by providing information to you about the program.

The school program will be implemented in a manner that supports the role of parents and caregivers, and reflects the ethos of the school community.

For more information on PDHPE go to the [NESA website](#).

Some of the specific content which will be covered in PDHPE includes:

Stage 4	Stage 5
<p><u>Year 7</u></p> <ul style="list-style-type: none">• The influences on a sense of self• Strategies that enhance their ability to cope and feel supported in stressful situations• Qualities of positive relationships and strategies to address the abuse of power• Movement skill and performance <p>• <u>Year 8</u></p> <ul style="list-style-type: none">• Strategies to enhance their sense of self, improve their capacity to manage challenging circumstances and develop caring and respectful relationships.• Qualities of positive relationships and strategies to address the abuse of power• Strategies that enhance their ability to cope and feel supported in stressful situations	<p><u>Year 9</u></p> <ul style="list-style-type: none">• Supporting their own and others' sense of self• Factors that contribute to positive, inclusive and satisfying relationships• Movement skill and performance <p><u>Year 10</u></p> <ul style="list-style-type: none">• Attitudes, behaviours and consequences related to health issues affecting young people.• Health information, products and services to promote health• Movement skill and performance

If you would like more information, please contact me at the school on 63623444.

Yours sincerely,
Terry Baker
PDHPE Head Teacher

2018 KOKODA YOUTH LEADERSHIP CHALLENGE TREK

Kokoda Youth Leadership Program aims to create a greater awareness of the sacrifices of the diggers on the Kokoda campaign among our young people to ensure the traditions live on.

Orange Ex-Services' Club is offering two people between 17 and 25 years of age, from the local Orange area, the opportunity to participate in a trek across the Kokoda Trail, a privilege akin to a \$6,000 scholarship. Participants should therefore understand that it is not a prize, a gift or a right – it is a privileged opportunity to develop personal leadership skills based on the values our Kokoda veterans held dearly – these include personal discipline, mutual respect, trust, mateship, courage and self-sacrifice.

The 2018 Kokoda Youth Leadership Challenge Trek is a 10 day trek, that will be staged from Saturday, 29 September 2018 to Wednesday, 10 October 2018 and this is your opportunity to participate with a team of 25-30 young Australians.

Kokoda Youth Leadership Challenge is overseen by the RSL & Services Clubs Association and is aimed at young people at school or disadvantaged or unemployed young people in the community who are having difficulty in finding their way in society. It is also used to encourage young achievers with natural leadership skills. Participants are sponsored on the trek by Orange Ex-Services' Club.

HOW TO APPLY

Kokoda Youth Leadership Challenge should be something young Australians aspire to do. The program will only benefit those who appreciate the privilege of being chosen and who are willing to learn about the Kokoda campaign prior to their departure. They should also be willing to commit to a rigorous physical training program to ensure they are physically capable of completing the program.

Applicants should therefore demonstrate a strong desire to participate in the program. This desire can be measured by a willingness to conduct personal research in order to gain an understanding of the Kokoda campaign prior to the final selection of the participants.

For further information : oesc.com.au/kokoda/





Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- laptops & tablets
- lessons & activities
- uniforms & shoes
- books & supplies
- sports fees & gear
- camps & excursions

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



Contact
Anne Yates
your local Saver Plus
Coordinator
Phone
0431 651 571
1300 610 355
Email
anne.yates@benevolent.org.au
Web
www.saverplus.org.au



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

SCHOOLWEAR OFFER

\$50 OFF

NORMAL PRICE

SCHOOL BLAZERS

NOTE:
OFFER VALID FOR 4 WEEKS!
12TH JANUARY TO
12TH FEBRUARY



SCHOOL UNIFORMS

Exclusive stockists of premium
quality Beare & Ley Schoolwear

A \$50 non-refundable deposit is required with order if size not available at time of purchase.

**PS: EXTRA 5% DISCOUNT
FOR LOWES ZERO CUSTOMERS**



BLOOMFIELD J.R.L.F.C Registration Day 2018

Sunday 4th March 2018

Brendon Sturgeon Oval

10am - 2.00pm

Free Sausage Sizzle and Drink for Children

REGISTRATION INCLUDES:
REGISTRATION AND INSURANCE FOR YOUR CHILD,
PLAYING SHORTS, SOCKS & A CUSTOM CLUB TRAINING SHIRT

COST \$120.00 PER CHILD - RUGBY LEAGUE
COST \$80.00 PER CHILD GIRLS LEAGUE TAG

REGISTER NOW @ playnrl.com
click on REGISTER NOW
Click on PLAY
search for Bloomfield Juniors

ALL NEW REGISTRATIONS WILL REQUIRE A COPY OF BIRTH CERTIFICATE AND A CURRENT EMAIL ADDRESS

~~ WE ARE AN APPROVED ACTIVE KIDS PROVIDER ~~



Teen Time



After School and Vacation Care for Teenagers with Disability

Accessing the Program

Eligibility for students:

- ⇒ be in secondary school (12 years and older);
- ⇒ have moderate to high support needs;
- ⇒ have access to NDIS funding;
- ⇒ have a permanent disability that significantly affects the ability to take part in everyday activities.

For further information please contact:

Orange City Council Disability Services

286 Lords Place, Orange NSW 2800

Email: disabilityservices@orange.nsw.gov.au

Phone: 6393 8070



Teen Time recognises the assistance
from Anson Street School and
The Department of Education and Training



Would a \$1,000 scholarship help with your studies?

FACS Scholarships



Will you be studying in Year 10, 11 or 12 in 2018?



If you are living in social housing or on the NSW Housing Register, you may be eligible.



Applications will open in mid January 2018.



Find out more at www.facs.nsw.gov.au/education



FACS 1294_13117



ORANGE TIGERS AUSTRALIAN RULES FOOTBALL CLUB

Want to play AFL this year?

Registrations now open for U12's, U14's, U16's and Youth Girls (13-17yrs) competitions.

Join us at Waratah Sports Ground Club House for our registration day Wednesday 28th February 4 - 5.30pm.

This will be held in conjunction with the GWS Giants AFL Community Camp.

For further information contact:

Kath Constance (Junior Registrar) on 0422 051176 or email kathc0410@gmail.com

Renee Cullis (Club Registrar) on 0400 728789 or email reneecullis@live.com

