



# Orange High School NEWSLETTER

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Quod Potero Sedulo

9th March 2018 - Term 1 Week 6

## Welcome to Year 7 DISCO



# PRINCIPAL'S REPORT

## Principal

David Lloyd

## Deputy Principals

Helene Hamilton  
Kathleen Maksymczuk  
Terri Johnston (Rel)

## Head Teacher Admin

Kylie Winslade (Students)  
Jo Beeby - Staff (Rel)

## Head Teacher Welfare

Kate Rogan

## Year 7 Advisor

Tammy Nash

## Year 8 Advisor

Lisa Phillips

## Year 9 Advisor

Monica Peasley

## Year 10 Advisor

Cassie Coates

## Year 11 Advisor

Tegan Dray

## Year 12 Advisor

Kylie Winslade

## Careers Advisor

Glen Pearson

## School Counsellors

Susanna Brown  
Liz Sams

## Sport Co-ordinators

Ben Callaway  
Tegan Dray

## Student Representative

Council Leader  
Yelena Latter

It has been an absolute delight to have students from Ushiku Eishin, our Sister School in Japan, participate in the life of our school this week. The exchange facilitates a first-hand understanding of contrasting cultures and values. This is particularly valuable for our students studying Japanese as an elective in Year 9 and 11. One of the aspects of life in Japan most startling to our students is the way the students in Japan clean their schools themselves at the end of every day. The students from Japan have been delighted to experience activities across the school and beyond, including our welcome to Year 7 Disco last Wednesday and also trips to Canberra and Bathurst. We look forward to ongoing partnerships with Ushiku Eishin and thank them for visiting our school and community.

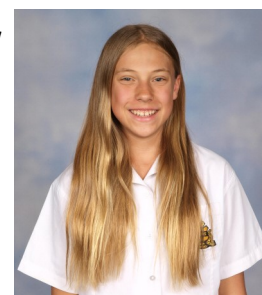


**Congratulations to all of the students who came along to our first disco for the Year last Wednesday.** The purpose was to welcome Year 7 students to high school. Judging by the happy noise and positive vibe, the night was a great success with students from all years enjoying themselves. In particular, many thanks to our Student Leaders from across the school for their work planning and leading the event.



This week I have received a number of emails and verbal comments recognising and praising the positive sportsmanship and atmosphere that accompanied our schools Triathlon Team efforts in Sydney last week. **In my view, this positive culture and obvious support and encouragement for each other is actually more valuable than any places achieved.** Having said that, a huge congratulations is deserved by Kaitlyn Hinrichsen for her invitation into the NSW Triathlon Team to compete at the National level in April. At the All Schools event two weeks ago, she finished 6th overall and 2nd in CHS. This is particularly impressive given it was her first ever triathlon.

David Lloyd  
Principal



Kaitlyn Hinrichsen

# Connaughton Cup



# Year 10 Food Technology



# CHS Open Basketball Report



## Boys Report by Terry Baker

Bathurst Indoor Sports Stadium was the venue for the first three rounds of the Open Boys CHS basketball tournament. The boys took the court for their first game against a very determined Kandos High School. All OHS players displayed a high degree of skill and kept the scorekeeper busy. Kobe Mansell was flying high and managed to throw down some impressive dunks and his brother Jalen helped keep control of the game. Final score 112-17.

Our second game was against Lithgow High School. We entered the match on a high but we were quickly reminded that we were in for a contest. Fritz Jahnke-Tavana was unstoppable under the basket and Tino Tavana was a nuisance in defence. Jack McNamara made some clutch shots and kept us in the contest. The "muscled up" Lithgow boys scored some impressive points and eventually ran away with the victory. Final score 63-46.

Kelso were our last match. Sam Murphy, Elijah Smyth and Nathan Swain were a force to be reckoned with and dominated the opposition. The boys were too big and strong and ran away with the game 72-30.

All of the boys should feel very proud of the sportsmanship and self-control they exhibited throughout the day. They faced adversity in one of their matches and held their composure and played the game in the right spirit. I was very impressed with the attitude of all players.



## Girls Report written by Tabua Tuinakauvadra

First game up against Kandos the girls were ready and we dominated the game, finishing with a convincing win of 85-11, all round a good team effort. Second game was against a dominant Lithgow side, with Jess Puxty the all star, who carried the team ending up in a loss 55-30 with Brooke Parish assisting and scoring a lot of the points. Although defeated the girls kept their heads high. In the third and final game against Kelso 56-25, the girls played really well as a team. We would also like to thank Mr Harrison for coaching us!

# Triathlon Report

Last week, we had 64 students participate in the NSW All Schools Triathlon. On the Wednesday, four students participated in the Individual Event in their first major triathlon. Caitlyn Broadfoot and Brittany Boswell began the program with a 600m swim, 15km bike and 4km run. Caitlyn and Brittany finished the event in 16<sup>th</sup> and 19<sup>th</sup> respectively in CHS division. In the junior girls' event, Kaitlyn Hinrichsen and Georgia Cornish raced 107 competitors in a 400m swim, 10km ride and 3km run. Georgia finished 21<sup>st</sup> overall and narrowly missing the podium for CHS in 4<sup>th</sup>. Kaitlyn led race out of the swim and held onto 6<sup>th</sup> place overall, winning herself a silver medal in CHS.

Kaitlyn has recently been selected in the NSW squad to compete at the National Triathlon Championships in April. Congratulations to Kaitlyn on her well-deserved selection.

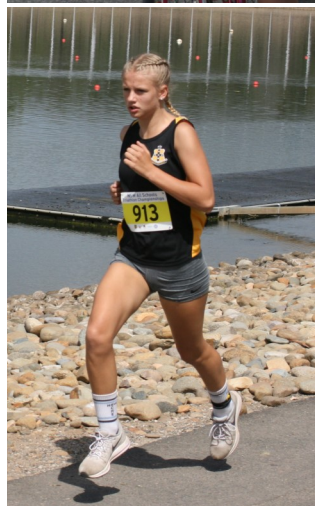
The next day, we had a total of 21 teams competing in the All Schools Team Triathlon. In teams of three, each student completed one leg of the triathlon. The day began well, with three junior boys' teams and eight junior girls' teams. The team "3 of a kind," consisting of Bradyn Nicol, Ben Anderson and Hugh Corcoran finished 3<sup>rd</sup> out of 157 teams, winning the CHS division. In the junior girls, Kaitlyn Hinrichsen, Cenedi Dally and Georgia Cornish continued their brilliant form, finishing 2<sup>nd</sup> out of 222 teams also winning the CHS division. Also, in this race, the "OHS Unicorns" finished a respectable 14<sup>th</sup> overall and 5<sup>th</sup> in CHS. This team consisted of Lily Logan, Saskia Presslaber and Ella Lamrock. Most teams competed at this event for the first time, achieving personal goals and finishing their races.

The rest of the day were followed by the intermediate and senior events, OHS had 3 intermediate boys, 2 intermediate girls, 4 senior boys and 1 senior girls' teams compete. The OHS Guns; Eric Driver, Micah Dibble and Mitch Cooper, finished 25<sup>th</sup> overall and 8<sup>th</sup> in CHS with a phenomenal ride from Micah who raced an age group up. With a massive improvement from last year, the OHS Superstars; Alena Nicol, Brittany Boswell and Caitlyn Broadfoot finished 27<sup>th</sup> out of 222 teams and 7<sup>th</sup> in CHS. Another excellent result came from the "Sloths in Porridge," composed of Noah Lamrock, Matt Blanch and Danny Burton who finished 6<sup>th</sup> in CHS and 16<sup>th</sup> Overall.

The OHS team displayed themselves with excellent sportsmanship, showing great walls of yellow around the course cheering on their teammates and others. 32 students achieved top 20 results for their individual legs. A special mention, to Brittany Frost who volunteered for the day at the event, making sure all teams were set up and ready for the races.

Thankyou to all the parents and teachers who assisted on the day and the weeks prior event. The day would not have run as smoothly with out the driving of trailers, training, lending of bikes and just by picking up the bike pump.

**Tristan Harrison**  
Coach





## CAR WASH

Saturday 17<sup>th</sup> March 8.00am – 12.00pm  
Bus Bay, Orange High School—Woodward Street  
\$10 per car (outside)

The OHS SRC will be holding a car wash to raise funds for the “Stars of Orange” Dance for Cancer.

All funds raised will go towards sponsoring an OHS parent who is dancing and will be donated to the Cancer Council on behalf of OHS.



**Movie Fundraiser for Wangarang Industries to assist in the purchase of a Wheelchair Bus**

**Thursday 5th April 2018**



**Odeon 5 Cinemas, William St Orange @ 6pm**

**Our movie showing is 'Blockers'**

**Movie will begin at 6:45pm**

**Nibbles will be provided in the foyer prior to the movie screening**

**Ticket Price: \$25**

**Tickets available at reception at PMW—65 Hill St Orange or call us on 6362 1966**



**SAVE THE DATE:**

**Years 7 and 11**

**Parent Teacher Night**

**is on Monday, 19th March**

**from 4-7pm.**

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