



# Orange High School NEWSLETTER

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Quod Potero Sedulo

22nd February 2019 - Term 1, Week 2

## John Coutis ~ Inspirational Speaker visits Orange High School



## Principal

Chad Bliss

## Deputy Principals

Helene Hamilton

Kristie Anderson (Rel)

## Head Teacher Admin

Aaron Routh - Students  
(Rel)

Jo Beeby - Staff (Rel)

## Head Teacher Welfare

Kylie Winslade (Rel)

## Year 7 Advisor

Jacqui Lyden

## Year 8 Advisor

Tammy Nash

## Year 9 Advisor

Lisa Phillips

## Year 10 Advisor

Monica Peasley

## Year 11 Advisor

Cassie Coates

## Year 12 Advisor

Tegan Dray

## Careers Advisor

Glen Pearson

## School Counsellors

Susanna Brown

Liz Sams

## Sport Co-ordinators

Ben Callaway

Amanda Livingstone

## Student Representative

### Council Leader

Yelena Whitfield

Dear parents and members of our school community

Welcome to the end of week 4. I can't believe we have had four weeks of school in 2019 already. We have finally finished working with our Year 7 students and all of our new students on the technology set up as part of our BYODD program at OHS. All students should now have access to the school's wireless network and understand the requirements for using a digital device as a learning tool and not for any other reason. Whilst our school cannot take responsibility for each student's device, we are committed to assisting our students with their digital requirements. If we can help in any way, please don't hesitate to contact us.

### John Coutis

Last week we had the absolute pleasure of hosting a series of workshops with John Coutis. John 'JC' Coutis is a remarkable Australian who was born with a severe physical disability in which doctors gave him little chance of survival. John has not only defied medical opinion, he has thrived and is acknowledged as one of the world's most inspirational speakers.

Without the lower part of his body, John embraces a full and positive life. He rolls around on his custom skateboard and uses humour to communicate some of life's most important lessons. John has delivered his inspirational message to over 6 million people around the world, speaking at events to complement former US President Bill Clinton, global entrepreneur Richard Branson, former British Prime Minister Tony Blair and the late Steven Covey and former South African President Nelson Mandela.

To have John speak with every one of our students was truly inspiring and to hear the many comments from our students about the life changing messages he delivered was overwhelming to say the least.

### Canberra Show

This week we have a number of our cattle team travelling to Canberra to participate in their first cattle show of the year. I look forward to sharing the results with you in our next newsletter.

### School Photos

Our school photos have been completed for 2019. Photos will be sent home with your child towards the latter part of this term.

### Our Non-Negotiables (reminder)

In 2019 we continue to have five areas across the school which are not negotiable for change. These are;

- Every student, teacher and leader improves every year
- Every student is known, valued and cared for
- Every student is engaged and challenged to continue to learn
- Strong literacy and numeracy development
- All young people are prepared for the future

We will continue to support our students and our staff ensuring that they are improving every year. We ask for your support to ensure that your children are focused on their school work at home and they spend adequate time completing assessment tasks, preparing for exams and doing homework or regular revision.

### School Fees (reminder)

A reminder to new parents and those who may have missed our updated fees policy at the end of 2018. A new school fees policy has been uploaded to our school website. There are two types of fees in 2019. The VOLUNTARY school contribution. This payment assists our school to purchase resources to support our students. This is a voluntary fee but would be highly appreciated. The second component to our fees are the mandatory subject contributions. These are the fees associated with practical subjects. The fees are already heavily subsidised by the school however, the contribution from parents is required to allow students to participate in the practical component of these subjects.

Invoices will be sent to all families in term 1 and will be followed up with emails throughout the year. Please ensure you pay for these fees promptly. Payments can be made via the school website, over the phone or in person using cash or credit/debit card.



## From the Principal continued

Students with outstanding fees will be ineligible to participate in any non-compulsory school based activity including excursions, sport, representing the school in any activity or participating in graduation or formal ceremonies. If you need assistance with any aspect of the mandatory fees, please contact Mrs Tammy Nash (Head Teacher Wellbeing, Relieving).

### New Sports Shirt

The Orange High School P&C Association is proposing to change the Orange High School polo shirt as part of the sports uniform. The proposed new shirt has taken over 12 months of consultation and is now ready to be launched to the OHS community. It was felt that the current polo needed an update as it has been the uniform for many decades. A uniform update is an involved process. There has been wide consultation with all stakeholders. The P&C, Senior School Executive, PDHPE Head Teacher and staff as well as the Sports Council (comprised completely of students) have all been involved in the design and ultimate decision to revitalise the polo. Once a design was agreed upon, the P&C was tasked with consulting suppliers to prepare samples and costing. Several designs were made up before the final design was agreed upon. It proudly displays the school colours and crest and we feel it will be worn with great pride by students. The shirt will be instantly recognisable as Orange High School. It is felt the new shirt will take us forward through many years to come and add to our proud sporting history.

As with all uniform change, **there is no expectation to purchase new shirts immediately.** Rather, as old shirts wear out or are grown out of, the new ones would then be purchased as replacements. Local suppliers also need time to run down stock. Year 7, 2020 would be wearing the new shirt, thus phasing in over two to three years. The new shirt will retail for approximately \$34.50. The new shirt is a better quality fabric and will fade much less than the current one. We ask that you discuss the new design with your children and then vote as to which shirt you prefer.

To vote on the preferred shirt, complete the survey at <https://bit.ly/2TVF1zk>.

### Uniform (reminder)

As you are aware, OHS is a uniform wearing school including the wearing of black school shoes. A full list of our uniform requirements is located on our website. Students who are not in full school uniform will have their parents phoned and asked to bring their uniform to school to get changed or a loan uniform may be issued for the day. I ask for your full support in ensuring your children wear the correct school uniform each and every day. Sports uniform is not to be worn to school. Students who have sport or PE are to bring their uniform in their bag and get changed. I thank you for your support.

### Swimming Carnival

Our swimming carnival is being held this Friday and whilst we can't share with you age and house champions at this very moment, we will be sure to update our social media pages as the day unfolds and provide a comprehensive report in the next newsletter.

I hope you have a great fortnight and I look forward to speaking with you in week 4.

With my warmest regards

Chad Bliss

## Congratulations Eva Reith~Snare



## Congratulations Caden Keed



Eva Reith-Snare has been named in the Australian Indoor Hockey Squad following her NSW team's amazing effort at nationals in January.

Congratulations Eva.

Congratulation Caden.

He has been selected in the Australian U/17 Softball squad and will be heading to New Zealand in April for a tour. A wonderful achievement.

# CAPA Report

## Digital Photography is growing at Orange High School.

Although it's still early in the year, Year 9 students are enjoying the different ways to express themselves and see the world in different ways. The students are enjoying the experience of learning how to use digital SLR cameras, and how to edit photos on their laptops. They look forward to learning how to use Photoshop. The students love to get outside and take photos to illustrate the elements of photographic composition. It has been a great start to 2019.

The Orange High School Photographic and Digital Media classes have grown to three Year 9 classes, a Year 10, Year 11 and Year 12 class. All students have been keenly engaged in their developing conceptual and technical expertise, under the guidance of Mrs Kelly, Ms Coates and Ms Frost. The students have already executed work of outstanding quality in and outside the school environment.



### Year 10 Dance

Year 10 Elective Dance practising the battle pose for their dance performance entitled "Dream Sequence".

### Encore Concert

Last week, Mrs Prusiak and Mr Schenkel travelled to the Sydney Opera House with Yr 10, 11 and 12 Music Students. We attended the HSC Encore Concert which had a variety of performances from the best HSC music students of 2018. It included jazz, classical and contemporary performances, as well as performances of original HSC compositions.



# CAPA Report

## Year 12 Drama On Stage Excursion

On Tuesday, February 12, six HSC Drama students from Orange High School joined Drama students from Dubbo Secondary College for three days of theatrical experiences and workshops in Sydney. The excursion was focused around OnStage, the exhibition of exemplary HSC Drama projects and performances from the 2018 HSC. This gave the students from both schools valuable insight into the high standard of work being produced by Drama students across NSW. But we also took the opportunity to see Sydney Theatre Company's production of *Mary Stuart*, which was preceded by a talk from the director and followed by a Q&A session with the actors, and Australian Theatre for Young People's *Intersection: Arrival*, a collection of short plays written and performed by some of Australia's most promising young talent. There were also workshops run by Belvoir St Theatre on devising group performances and scriptwriting, which helped the students extend and hone their skills. It was a big three days but the students have gained so much from the chance to see such diverse theatre and to hear from and speak to professionals in the industry. It was a pleasure to accompany such a great group of students and see them soak in and engage with everything they encountered. I have no doubt that the benefits of the trip will be evident in the work they produce later this year for their HSC.

**Dan Jones - Drama Teacher**



The Sydney excursion was a valuable trip as it gave us the opportunity to see professional theatre productions, OnStage performances and individual projects.

Seeing the OnStage pieces was incredibly good for us to set the bar for our own HSC projects and show us what a well-done, polished piece looks like.

We also saw two professional plays, which gave us insight into how directors and performers use different scripts and stage spaces to create theatrical experiences for an audience.

*Ella van Bockom Maas*  
Year 12 Drama student





# CAPA Report

## West of the Divide European Tour of Italy, Slovenia and Croatia

Over the Christmas holiday break, Olivia Maksymczuk (Yr 12), Michael Thompson (Yr 12), Caitlin Size (Yr 11) and Matthew Baines (Yr 9) travelled to Italy, Slovenia and Croatia on the West of the Divide European Tour.

The West of the Divide Wind and Choir Ensembles are regional groups that are run by the Arts Unit of the Department of Education and Communities. Olivia (section leader), Caitlin and Matthew are part of the Wind Ensemble and Michael is part of the Choir. The Ensembles performed in Rome, Florence, Venice, Bled and Zagreb. Highlights of the tour included:

- Rome – concert at Chapel of St Peter Chanel at Domus Australia . The concert was an early Australia Day event hosted by the Australian Embassy to the Holy See.
- a performance as part of a choral mass at the Vatican
- a joint musical performance with an Italian Big Band in Scandicci, a suburb of Florence
- performance at a private concert in the Postojna Caves in Slovenia (the caves are accessed via a 2km train trip)
- performance of the Croatian National Anthem in front of the Cathedral which was broadcast on national Croatian television.



## CREATIVE AND PERFORMING ARTS EXTRA CURRICULAR ACTIVITIES SCHEDULE 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BEFORE SCHOOL</b>	Choir 8-8:55 Mrs Redman/Mr McPherson	Concert Band Mrs Prusiak 8-8:55	Sax Ensemble Mrs Prusiak 8-8:55	Hip Hop Mrs Crane 8-8:55	Rock Bands Mr Bell 3:30
	Year 7 Dance Ensemble Ms Atchison	Drum Corp Mrs Redman 8-8:55	Flute Ensemble Mr Bell 8-8:55		
		OHS Dance Company Ms Atchison 8-8:55	Junior Stage Band Mrs Redman		
			String Ensemble (Mr Baker) 8-8:55		
			Year 8 Dance Ensemble Ms Atchison 8-8:55		
<b>LUNCH</b>				Year 9/10 Dance Ensemble Mrs Crane– Lunch	
<b>AFTER SCHOOL</b>					
		Stage Band Mrs Prusiak/Mr Bell 3:30-4:30	Junior Drama Ensemble Mr Jones 3:30-4:30	Guitar Ensemble Mr Bell 3:30-4:30	
		The Studio (Ms Frost) 3:30-5:00		Senior Drama Ensemble Mrs Crane	
		Camera Club (Mrs Kelly) 3:30-4:30			



# CAREERS ~ Term 1 Save the Dates

## Thursday 21<sup>st</sup> February

HIA Trades Careers Expo

@ Orange Ex-Services Club – 10am to 2pm

## Thursday 28<sup>th</sup> February

Lattitude Global Volunteering – School Talk

@ Orange HS Library – **Period 1**

## Friday 1<sup>st</sup> March

WHS General Construction Induction Training

@ Orange HS – **All Day**

## Wednesday 6<sup>th</sup> March

University Showcase (5 x Universities)

Year 12 Talk @ Orange HS Gymnasium – **Period 1**

## Thursday 28<sup>th</sup> March

The Footnotes Careers Seminars

All Years 9, 10, 11 & 12

@ Orange HS PAC – Junior & Senior Sessions

## Wednesday 10<sup>th</sup> April

CSU Future Directions Day (24 x Year 9 Students)

@ Charles Sturt University – Orange Campus

*For more information on these careers events students can check your **SCHOOL EMAIL ACCOUNT** or contact*

*Mr Pearson – Careers Adviser:*  
**glen.pearson1@det.nsw.edu.au**

**Orange High School Careers Website:**  
[www.orangehighcareers.com](http://www.orangehighcareers.com)



# Clean Up



CLEAN UP AUSTRALIA EVENTS IN ORANGE

SUNDAY 3<sup>RD</sup> MARCH 2019

- **Moulder Park:** Event will run from 10am until 1pm. Registration from 10 am in Elephant Park. A barbecue lunch and drinks will be provided. Participants are asked to wear suitable clothing and footwear. Bags, gloves and sunscreen will be provided. Contact is Roger, 0419011002.
  - **Hill Park:** Event will run from 10am until 1pm. Registration from 10 am at the Carriage Cottage in Spring Street. A barbecue lunch and drinks will be provided. Participants are asked to wear suitable clothing and footwear. Bags, gloves and sunscreen will be provided. Contact is Paula, 0423756406.
  - **Clifton Grove:** Event will run from 10am until 1pm. Registration from 10 am at the Mud Hut, Homestead Close. A barbecue lunch and drinks will be provided. Participants are asked to wear suitable clothing and footwear. Bags, gloves and sunscreen will be provided. Contact is Peter, 0407622191.
  - **Rotary Park:** Event will run from 9am until 11am. Registration from 9am at the carpark. Participants are asked to wear suitable clothing and footwear. Bags, gloves and sunscreen will be provided. Contact is Chris, 0417626361.
- All enquiries to Roger Smith on 0419 011 002

CYMS Netball Club Inc

# Development Team Trials

FRIDAY, 8<sup>TH</sup> MARCH ♦ 4PM ♦ PCYC COURTS

**You must have turned 13, 14 or 15 before the 8<sup>th</sup> March to trial for Development Teams**

The number of teams that are selected will depend on the response received. It is possible that CYMS selectors will choose to put together more than 1 Development Team dependent on the availability of qualified coaches. It is important to understand that not all players trying out will make a team.

You should be putting your name forward if your netball skills are of a high standard. The selectors are looking for athleticism, balance, footwork, fitness, court sense, determination, shooting ability, 'coach-ability', potential team attitude, fairness, and showing respect to coaches/managers.

An Expression of Interest form is a prerequisite for trialing for the Development Teams – the link for the online form can be found on our Facebook page. Submissions close Thurs 7<sup>th</sup> March at 8pm.

### CYMS Netball Club Development Team Selection Policy

1. All CYMS Netball Club Development Team players must be registered playing member of CYMS Netball Club in their respective age groups.
2. All selections will have a minimum of 2 experienced selectors.
3. All coaches of CYMS Netball Club Development Teams are to maintain a minimum of a Foundation Coaching accreditation. CYMS Netball Club will financially support all CYMS Netball Club Development Team coaches in achieving this accreditation.
4. All coaches and managers of CYMS Netball Club Development Teams are to maintain a Working with Children Check.



A second round of trials may be held if required. Please ensure that you check your email for information regarding dates and times. You will be given advance notice should a second round be required.

## OHS Triathletes Report



On Sunday 17th February our triathletes competed in the Central West All Schools Shield.

Twelve students competed in the Super Sprint race, which comprises a 300m swim, a 14km bike ride and a 2.2km run and Brittany Boswell completed the big Sprint (750m swim, 23km bike and 4.4km run).

OHS Year 9 student Kaitlyn Hinrichsen blitzed the women's field, winning overall by over a minute.





Inquisitive Minds' Secondary Workshops challenge and extend students of all mathematical abilities, teaching them new skills and enhancing their ability to solve problems

