



Orange High School NEWSLETTER

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Quod Potero Sedulo

7th February 2020 - Term 1, Week 2

Western Champions

Congratulations to our Open Boys cricket team who have beaten Dubbo College in the Western Final yesterday.

The match went all the way to the last ball with Will Burdack and Blake Randhl getting the required runs with 8 wickets down.

A brilliant win and now off to the Riverina to make our way to the state finals.

Dubbo 9-164, OHS 8-166

WHAT'S COMING UP AT OHS



TERM 1 - WEEK 3

Wednesday 12th February - OHS P&C Meeting

Thursday 13th February - Valentines Day at OHS

Friday 14th February - School Photo Day

TERM 1 - WEEK 4

Friday 21st February - Catch Up School Photo Day



Orange High School are excited to announce

The Educated Roast Cafe

**WILL BE OPEN TO THE PUBLIC 6AM
MONDAY 10TH FEBRUARY 2020**

The Educated Roast Cafe is a **drive through café** at Orange High School. All students studying Hospitality will have the chance to work in this new CAFE. This will form part of the schools work placement activities for the students undertaking Hospitality.

The main purpose is to establish a facility within the school that will connect to the community and enable students to be exposed to working conditions reflective of industry standards.

OPEN Monday to Friday 6.00am -11.15am
bus bay drive through closed between
8.00am and 9.00am FOR BUS ACCESS

HEY YOU ORDERS CAN BE MADE IN PERSON OR
BEAT THE QUEUE VIA THE 'HEY YOU' APP
The Educated Roast is a cashless cafe and only card payments will be accepted

WE ARE EXTREMELY PROUD OF THIS NEW LEARNING INITIATIVE FOR OUR STUDENTS

CORNER WOODWARD STREET AND CORONATION DRIVE, ORANGE



Meet the Team

Barista

Carol Duff

School Based Trainees

Tahlia Hordern-O'Brien

Oni Tuinakauvadra

Bridie Pickering

Declan Lummis (Absent)



From the Principal

Principal

Chad Bliss

Deputy Principals

Kristie Anderson (Rel)

Andrews Jones (Rel)

Head Teacher Admin

Andrew Hetherington - Students

Jo Beeby - Staff (Rel)

Head Teacher Welfare

Kate Rogan (Rel)

Kylie Winslade (Rel)

Year 7 Advisor

Katie Cutcliffe

Year 8 Advisor

Jacky Lyden

Year 9 Advisor

Tammy Nash

Year 10 Advisor

Lisa Phillips

Year 11 Advisor

Monica Peasley

Tim Boyle

Year 12 Advisor

Tegan Dray

Cassie Coates

Careers Advisor

Glen Pearson

School Counsellors

Liz Sams

Baden Bogdanovs

Sport Co-ordinators

Ben Callaway

Amanda Livingstone

Student Representative

Council Leader

Mel Hope

Dear parents and members of our school community

Welcome to 2020. I can't wait to continue sharing our educational journey with each of our families and spend as much time as possible showcasing the wonderful achievements of our students and staff. We are now in week 2 and last week we had the pleasure of welcoming 233 Year 7 students into our school. We also welcomed more than 30 students who have joined other year groups for the very first time. In addition to our 233 Year 7 students we welcomed back over 930 of our students who were with us in 2019. As a very large comprehensive high school, we value the contributions of each and every student and we are excited about what we will continue to offer our students over the 2020 school year. We make up just a small part of the 850000 students in NSW Government schools across more than 2215 schools. Together, in 2020 we will provide a strong platform for success for every one of our students.

Year 7 Welcome BBQ

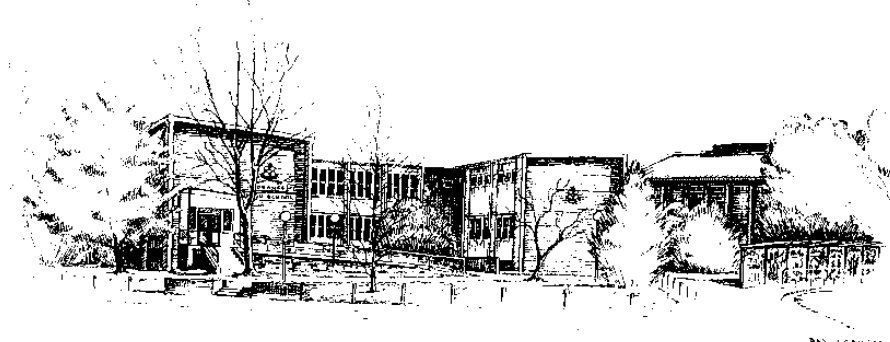
Thankyou to the many families who attended the welcome to Year 7 BBQ on Thursday evening. To have such a wonderful turnout to our first whole school event for 2020 was very pleasing. Year 7 can be a stressful time for our students and their parents. As the days and weeks go by, our Year 7 students will become more accustomed to the expectations of our school, they will learn the layout and design of the school and the requirements of their classes. If your child needs any support throughout this learning phase, please do not hesitate to contact Miss Katie Cutcliffe on 63623444.

Welcome to our new staff

I would like to welcome some new staff to Orange High School for the 2020 school year. Brian Irvine returns to us in a permanent capacity in Music, Julia Boardman has been permanently appointed in Science, Alex Brown is a new permanent staff member in Maths and Elizabeth McKee has been permanently appointed to the HSIE faculty. In addition we have a number of temporary staff who will join our OHS family this year. We welcome Dermott Collins, Justine Squire, Kieran Bonin, Ryan Smith, Anne Mulligan, Rachael Livingstone, Andrew Hetherington, Merryn Lynch, Jennifer Mansur, Jaime Routh, Baden Bogdanovs, Kate Willoughby, Larissa Harris and Hannah Parker to our teaching staff. We also welcome Jordon Moore as our new Aboriginal Education Officer and Kellie Lalor, Kylie Lynch, Jason Hamling and Amy Bevitt to our SLSO team.

Year 7 Technology Bootcamp

This week our technology team began meeting with all Year 7 students a class at a time and working through the requirements of bringing a laptop or tablet to school as their learning device. We will be setting up each laptop with the software required to be a proactive learner at OHS and connecting each device to the schools secure wireless network. If you have not yet returned the BYOD permission notes, could you do this as a matter of urgency please.





From the Principal

Our Non-Negotiables

In 2020 we continue to have five areas across the school which are not negotiable for change. These are;

- Every student, teacher and leader improves every year
- Every student is known, valued and cared for
- Every student is engaged and challenged to continue to learn
- Strong literacy and numeracy development
- All young people are prepared for the future

We will continue to support our students and our staff ensuring that they are improving every year. We ask for your support to ensure that your children are focussed on their school work at home and they spend adequate time completing assessment tasks, preparing for exams and doing homework or regular revision.

School Fees

A new school fees policy has been uploaded to our school website. There are two types of fees in 2020. The VOLUNTARY school contribution. This payment assists our school to purchase resources to support our students. This is a voluntary fee but would be highly appreciated. The second component to our fees are the subject contributions. These are the fees associated with practical subjects. The fees are already heavily subsidised by the school however, the contribution from parents is required to allow students to participate in the practical component of these subjects.

Invoices will be sent to all families in term 1 and will be followed up with emails throughout the year. Please ensure you pay for these fees promptly. Payments can be made via the school website, over the phone or in person using cash or credit/debit card.

Students with outstanding fees may be ineligible to participate in any non-compulsory school based activity.

If you need assistance with any aspect of the mandatory fees, please contact Mrs Kylie Winslade or Mrs Kate Rogan (Head Teachers Wellbeing).

2020 School Photos

Next Friday, 14th February will be our 2020 school photo day. Please ensure your children are present for this important day in full summer OHS school uniform. If you have any questions regarding school photos please contact Mr Andrew Hetherington, Head Teacher Administration (students).

Uniform

As you are aware, OHS is a uniform wearing school including the wearing of black school shoes. A full list of our uniform requirements is located on our website. Students who are not in full school uniform will have their parents phoned and asked to bring their uniform to school to get changed or a loan uniform may be issued for the day. I ask for your full support in ensuring your children wear the correct school uniform each and every day. Sports uniform is not to be worn to school. Students who have sport or PE are to bring their uniform in their bag and get changed. I thank you for your support.

Digital Device Policy Update

Recently I wrote to all families via email informing families of our update to our Digital Device and Mobile Phone Policy. You will see in this newsletter the simplified flow chart to allow you to easily have a conversation with your child. Below is an excerpt of the email sent to families on 30 January 2020.

You may have recently seen stories in the media about whether phones and other digital devices are harmful for students. We know that using technology is a key part of our daily lives and digital technology skills are important for learning and preparing our children and young people for life beyond school. We also know we need to support our students to use technology in safe, responsible and respectful ways.



From the Principal

To support schools and students, a new policy on the use of all digital devices in schools will apply in all NSW public schools from 2020. Our school will be updating our Digital Device procedure to reflect the new requirements during term 1 2020.

Under this policy, the use of mobile phones by our students will be restricted during class time. Unless;

- use is approved by a deputy principal or principal for an educational purpose;
- where an exemption has been granted for other reasons.

Except where required by law, the school principal has discretion to consider and approve exemptions and to choose which parts of the school procedure the exemptions applies. The exemption may be ongoing or for a certain time period. An exemption can be requested from the principal by parents, carers, school counsellors and other student support staff, and, if required, students themselves.

This policy has been developed in response to the findings of an independent review into the risks and benefits of mobile devices in NSW schools conducted in 2018.

Information on this policy and responses to some Frequently Asked Questions are available at:

<https://education.nsw.gov.au/about-us/strategies-and-reports/our-reports-and-reviews/mobile-devices-in-schools>

As we develop this new policy, we would value your feedback in relation to restricting the use of mobile phones in all classrooms. If you would like to provide feedback in relation to the restriction of mobile phone use or other aspects in relation to digital devices, please email the Principal, Chad Bliss on chad.bliss@det.nsw.edu.au with the subject line "USE OF DIGITAL DEVICES AT ORANGE HIGH SCHOOL"

We are looking forward to working with our school community to support our children and young people be safe online and balance the benefits and risks of digital technology.

Stephanie Alexander Kitchen Garden

In 2020, our school is pleased to announce that we are one of only 2 NSW secondary schools involved in the pilot of the Stephanie Alexander Kitchen Garden Program. We are very excited to be a part of this great initiative and grateful to our philanthropic partners, The Sally Foundation for their continued support.

School Café Opening to the Public

We are so pleased to announce we are opening our café "The Educated Roast" to the public on Monday 10th February 2020. We would value your support in ensuring this café is a tremendous success.

Swimming Carnival

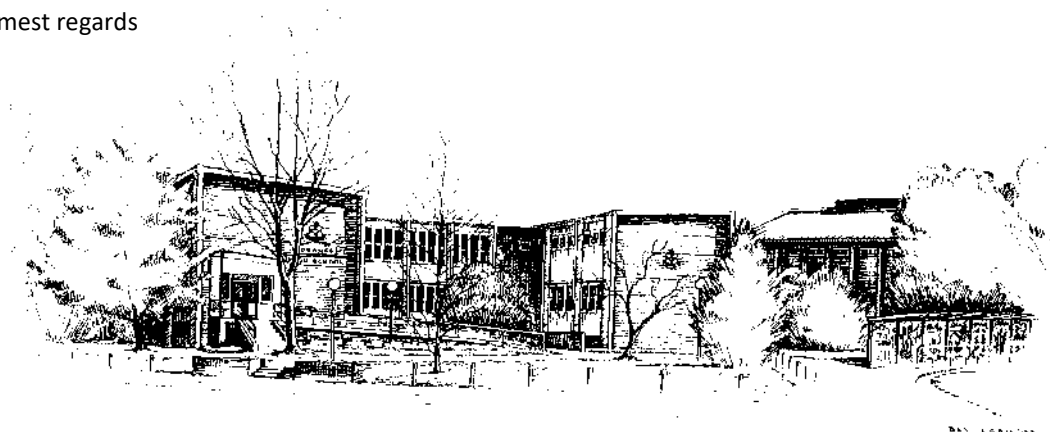
Our swimming carnival will now be held on Monday 24th February 2020.

Welcome back to each and every member of the Orange High School family. I cant wait to work with you in 2020 and see the positive differences we can make for your children. I look forward to speaking with you in week 4.

With my warmest regards

Chad Bliss

Principal





Year 7 Welcome BBQ





Year 7 Welcome BBQ





Stephanie Alexander Kitchen Garden

Recipe of the Week

Smoothie Bowl

Stephanie Alexander Kitchen Garden- Year 7 and 8

Ingredients	Method
<p> $\frac{1}{2}$ cup baby spinach $\frac{1}{2}$ cup coconut milk $\frac{1}{2}$ banana $\frac{3}{4}$ cup frozen mixed berries $\frac{1}{4}$ avocado 1 tablespoon (T) honey </p> <p>TOPPING</p> <p> 2 tablespoon (T) shredded coconut $\frac{1}{2}$ banana sliced 4 strawberries quartered </p> 	<ol style="list-style-type: none"> 1. Wash baby spinach and pat dry with paper towel. 2. Add spinach and coconut milk in a blender and blend until smooth. Add $\frac{1}{2}$ banana, mixed berries, avocado and honey. Blend until well combined and smooth. 3. Scoop or pour the mixture into two bowls and top with shredded coconut, $\frac{1}{2}$ sliced banana and quartered strawberries. 4. Serve and enjoy! <div data-bbox="783 1137 1396 1413" style="text-align: center;">  <p> STEPHANIE ALEXANDER KITCHEN GARDEN FOUNDATION Growing Harvesting Preparing Sharing </p> </div>



**CREATED BY
CLASS 8T3**





OHS NETBALL CLUB TRIALS

*OHS HORNETS DIVISION 1 AND DIV 2/3 TRIAL + HIGH A (CHS Open team and Astley Cup team).

Students that are 15+ or invited students should attend.

MONDAY 10TH FEBRUARY – 3.45PM – 5.00PM

* JUNIOR A (15 and under selected team; students with highly developed basic skills should attend) -

TUESDAY FEBRUARY 11TH - 3.45-4.30pm

* U13's (students turning 12 or 13 years in 2020)

THURSDAY 13th FEBRUARY 3.45-4.30pm

* U/14's AND U/15'S (students turning 14 or 15 in 2020)

THURSDAY 13th FEBRUARY 4.30-5.15pm.

All selections will be held in the OHS gym

Senior team nominations (anyone not wanting to trial BUT wanting to play in a team of their creation in divisions 4-8) must be received by Feb 28th.

OHS NETBALL CLUB SELECTION, TEAMS AND COACHING POLICY

1. All OHS Netball Club teams must have a majority base of players that attend Orange High School.
2. Students that do not go to Orange High School are welcome to play with the OHS Netball Club if the team they are joining meets point 1.
3. Consideration may be given to the selection of players who are of school age, however, do not attend Orange High School for the Division One team. Point 1 of this policy will apply.
4. All selections will have a minimum of 2 experienced selectors
5. All coaches are to attain a minimum of a foundation coaching accreditation- as per Orange Netball Association policy. OHS Netball Club will financially support OHS coaches in achieving this accreditation.
6. All coaches are to attain a current Working with Children Check.



ORANGE EX-SERVICES SOCCER CLUB

Juniors age 4 -16 Male & Female
All Age Men & Womens

SIGN ON DAY

OPS Infants, Anson Street
(opposite old netball courts)

Saturday 15th February 2020 - 1.30 to 3.30pm

Saturday 22nd February 2020 - 1.30 to 3.30pm

OR

Register online from the 15th February 2020

<https://www.playfootball.com.au/register>

www.orangeexservicesoccer.com



Orange Ex-Services Soccer Club

Email: enquiries.oescsoccerclub@gmail.com

Please see our website for FAQ, email or Facebook message us for any other questions

ORANGE EX SERVICES IS A FAMILY FRIENDLY CLUB



Orange Waratah Junior Football Club

Registration for 2020 Season

Orange Waratah Junior Football invites all current and new players to register to play soccer with the club for the 2020 Season. Teams from Under 6s-17s boys and girls. The club encourages girls who are interested to participate in all girls' sides to register.

Online registration opening date will be communicated via the club's website and Facebook (anticipated date 14th February)

Download your Active Kids Voucher (\$100.00 per child) from www.service.nsw.gov.au

Register to play at www.playfootball.com.au select **Orange Waratah Junior Football Club**

Registration Days will be held at Orange Waratah Sports Club

- Sunday 16th February between 2.00pm-4:00pm
- Saturday 22nd February between 9.00am-12.00pm

All new under 6s and 7s receive free shorts and socks. All other new players receive free socks.

Membership included to Orange Waratah Sports Club. Cost of registration per player is \$40.00 after redemption of Active Kids Voucher.

Information is available at the club's website www.orangewaratahjuniorfc.org.au or

Orange Waratah Junior Football Club Facebook page

0400 857 836

Sponsored by
— THE —
OPHIR
HOTEL

Orange City Hockey Club is Recruiting

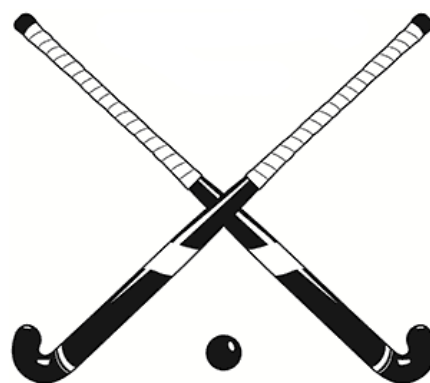
TJM
4X4 EQUIPPED

Senior and Junior
players at all
levels are
welcome
message us on
Facebook

Orange City Hockey

SIGN ON DAY is 3:30pm this Sunday 9th
February at [The Ophir Hotel](#).

We would love all current and new players to
come down and meet the committee.



A reminder that all students need to wear all black leather shoes to conform to the NSW Department of Education Workplace Health and Safety (WHS) requirements. They must be leather and fully enclosed.
Orange High School requires black leather shoes with no coloured stripes. Please consider this when buying new school shoes for the coming year.



HANDY WATER SAVING TIPS



Turn the tap off when brushing your teeth



Take shorter showers and collect a free shower timer at Orange City Council reception



Use the half flush option on your toilet



Only run your washing machine on a full load



Scrape your dirty dishes instead of rinsing them



Mulch your gardens to reduce evaporation



Refer to Orange City Council's website for rain water tank rebate eligibility



Call Orange City Council to register for a free household audit and have water saving devices installed

WATER FOR LIFE



A: 135 Byng Street, Orange
T: 6393 8000
E: council@orange.nsw.gov.au

LEVEL 5 RESTRICTIONS

TRIGGER POINT 30%

With Orange's water supply now below 30% capacity, the city has moved to Level 5 water restrictions. What does this mean?

RESIDENTIAL GARDENS

- No sprinklers, micro-sprays, or soaker hoses.
- Drip systems, buckets and watering cans on Sundays only, 6pm-7pm.
- One hand-held hose with a trigger-nozzle for up to half an hour during that period.

BATHS AND SHOWERS

- Suggested limit of 3 minute shower.
- One shallow bath per day.

WASHING MACHINES

- Full loads only.

EVAPORATIVE COOLERS

- Only to be used 7am to midnight daily.

NO

- Topping up water features.
- New turf.
- Pop-up children's pools.
- Washing cars at home.
- Watering lawns.
- Topping up or filling swimming pools.
- Washing hard surfaces eg buildings and paving.



Check Orange City Council's website regularly for updates regarding which water restrictions are in place.

www.orange.nsw.gov.au/water

WATER FOR LIFE



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