



# ORANGE HIGH SCHOOL NEWSLETTER

31st July 2020 -Term 3, Week 2

## ATHLETICS CARNIVAL RECORD BREAKERS

At our recent Athletics Carnival on Friday 24th July we had a number of track and field event records broken!

Congratulations to our record breakers for their tremendous efforts on the day beating some records that have stood since the 80's!!

**Boys 17yrs+ Long Jump** - Myles Palmer - 6.26m

**Boys 17yrs+ Shot Put** - Elisha Milson - 13.52m  
Previous record held since 1999

**Boys 14yrs High Jump** - Sam Blackburn - 1.74m  
Previous record held since 1986

**Boys 14yrs 100m** - Lucian Jordan-Smith - 12.06s  
Previous record held since 1986



Myles Palmer



Elisha Milson



Sam Blackburn



Jordan Lucian-Smith

## WHAT'S COMING UP AT OHS



### TERM 3 – WEEK 3

**Tuesday 4th August** - Casual clothes day for Jeans for Genes and Wear Red for Ronald McDonald House

**Tuesday 4th August** - National Indigenous Children's Day

### TERM 3 – WEEK 4

**Monday 10th August** - Full School Assembly

**Wednesday 12th August** - OHS P&C Meeting

**Thursday 13th August** - Year 12 Trial HSC Exams

**Friday 14th August** - Year 12 Trial HSC Exams

### TERM 3 – WEEK 5

**All Week** - Year 12 Trial HSC Exams

**Monday 17th August** - Year 7 OSCARR'S

Woodward Street, PO Box 654, Orange NSW 2800

P(02) 63623444 F (02) 63613616

<http://www.orange-h.schools.nsw.gov.au>

# From the Principal

## Principal

Chad Bliss

## Deputy Principals

Kristie Anderson

Andrew Jones (Rel)

## Head Teacher Admin

Andrew Hetherington - Students

Jo Beeby - Staff

## Head Teacher Welfare

Kate Rogan

Kylie Winslade

## Year 7 Advisor

Katie Cutcliffe

## Year 8 Advisor

Jacky Lyden

## Year 9 Advisor

Tammy Nash

## Year 10 Advisor

Lisa Phillips

## Year 11 Advisor

Monica Peasley

Tim Boyle

## Year 12 Advisor

Tegan Dray

Cassie Coates

## Careers Advisor

Glen Pearson

Dear parents and members of our school community

Welcome back to term 3. This will be an exceptionally busy term with a range of activities and initiatives along with preparing our senior students for their final term of schooling before their HSC. I hope you were able to spend some time with your families over the recent holiday break.

We are still living in challenging times as a result of COVID-19. As part of these challenging times, the NSW Department of Education still has in place a range of restrictions most notably in relation to parents being on site. We are not able to have visitors or parents on site unless absolutely essential. This has been difficult especially at such a busy time of the year with subject selections for 2021.

If you need to meet with a teacher for any reason, we would encourage a phone conversation unless our staff specifically ask for you to come into the school. We continue to practice safe hygiene for our staff and students and have measures in place in line with the AHPPS guidelines.

I am available at any time via email should you need to discuss any aspect of these restrictions. We are hopeful that these restrictions will be lifted as soon as possible.

### Planned Parent Teacher Evenings

As a result of our current restrictions our planned parent teacher evenings were unable to go ahead this week. If we are able to run parent teacher evenings in the future we will certainly set a date as quickly as we can. If you would like more information about the progress of your child in any of their subjects, please do not hesitate to make contact with the school and we will arrange with your child's teachers to get in contact with you.

### Subject Selection 2021

This week our current Year 8 students took part in a mini subject selection expo to look at their elective choices for 2021. Again, we were unable to run a parent information sessions regarding this event however, all material in relation to the subject selection process is on our remote learning hub on our school website. Student elective choices are due back on Friday 31<sup>st</sup> July.

### Permanent Staff Appointment

Congratulations to Tim Boyle who has been permanently appointed to the role of Learning and Support Teacher at Orange High school. It is anticipated that Tim will take up this role at the beginning of term 4.

### Astley Cup 2020

We are very pleased to be able to confirm that our 2020 Astley Cup is able to proceed under a varied format for this year. We will be unable to have any parent spectators and only participating students will be able to be involved in spectating at other events we participate in. It will be great to have Astley Cup run this year and we are hopeful of being able to live stream the events to our Astley Cup Facebook page for you to be able to view as the events occur. More details to follow as soon as we finalise them.

### Athletics Carnival

Last Friday we held our annual athletics carnival in absolutely perfect conditions. It was a beautiful day and our students participated with enthusiasm and commitment. I was so pleased to see so many students in attendance and having fun. Whilst there is no CHS carnival this year, our students certainly didn't lack a commitment to do their best. Well done to all involved.

### Trial HSC

Our Year 12 students begin their Trial HSC exams on Thursday 13<sup>th</sup> August. These exams will contribute up to 40% of students internal assessment marks so it is vitally important that our Year 12 students effectively prepare for these exams. Staff are working hard to ensure our students are ready. All of our students should be spending a significant amount of their afternoons and evenings revising their work in preparation for their exams. If your child needs support in preparing for their exams, please make contact with either Ms Dray or Mrs Coates (Year Advisors) who are ready to assist where they can.

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Cassie Coates

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Glen Pearson

## Education Week 2020

Next week marks the annual celebration of Education Week. Our Education Week 2020 theme, 'Learning together', reflects an incredible year for NSW public school students, staff and parents, and the partnerships that have been strengthened in response.

This Education Week, we embrace the whole NSW public education community, highlighting the achievements of local schools and the role of public schools as the cornerstone of their communities.

A full list of things we are doing to celebrate Education Week 2020 can be found in this newsletter.

## Using Duntry League Golf Club as a Thoroughfare or Parking Bay

After a recent meeting with members of the board of Duntry League golf club, I am writing to ask for the support of our parent community in not using the Duntry League driveway (off Woodward St) as a thoroughfare when picking up or dropping off your children.

The club has been and continues to be a strong supporter of our school however, in recent times there have been a number of incidents whereby members or visitors of the golf club have been placed at risk as a result of cars travelling through the club from Woodward St and exiting at Rowan St and onto Coronation Drive.

As a responsible neighbour to Duntry League golf club, I am seeking your urgent support in this matter.

Effective immediately, I am asking that you do not use the Duntry League golf club as a thoroughfare nor do you use the club as a parking bay to either pick up or drop off your children.

The school has a dedicated drop off zone directly out the front of the school bus bay where you are able to drop your children off in the morning.

In the afternoon, I seek your support in ensuring you do not use the club grounds for the purposes collecting your children. Please arrange an alternative location to collect your children.

Effective immediately, I will also be advising our students and staff that we are no longer able to use the club grounds as a car park near the Woodward St entrance.

The club is wanting to work with our school and continue to maintain the strong relationship that we have.

Should you have any queries or questions, please do not hesitate to contact me either through email ([chad.bliss@det.nsw.edu.au](mailto:chad.bliss@det.nsw.edu.au)) or by calling our office on 63623444.

I thank you for your support in ensuring the safety of our community and for respecting our neighbour's property.

I hope you have a great fortnight and I look forward to speaking with you in week 4.

With my warmest regards

Chad Bliss

Principal





# STEPHANIE ALEXANDER KITCHEN GARDEN



## 'Growing, Harvesting, Preparing and Sharing'

Orange High School is one of two secondary pilot schools in NSW for the Stephanie Alexander Kitchen Garden Secondary School Project. The project enhances an understanding of the paddock to plate concept and promotes healthy eating through the preparation and cooking of fresh, nutritious ingredients that are grown, harvested and preserved at Orange High School.

The Stephanie Alexander Kitchen Garden program launched this term with 14 new kitchen garden recruits from Year 7 and 8, who are eagerly spending quality time in the garden each week to plant and maintain fresh vegetables, fruits and herbs. Already, the seedlings are beginning to sprout with the beautiful rain that has fallen recently. Miss Campbell is coordinating the garden action plan and has guided the students to plant winter vegetables and herbs such as baby spinach, beetroot, garlic, kale, turnips, spring onions and rhubarb. The students have also created some creative plant identification tags using punching and wood burning techniques.

The students are harvesting and preserving fresh ingredients from the garden to add to their recipes. Each week, students create delicious and nutritious recipes. In groups, Mrs Nash supports the students in the kitchen whilst they make four dishes which are shared amongst the students at the SAKG table.

Last week students made orange, fennel, spinach and black olive salad, thyme omelette, green leafy salad with dressing and apple and cinnamon muffins. This week students are preparing and sharing a grated raw vegetable salad, falafel, tomato and basil bruschetta and apple and rhubarb crumble. Students will be making a variety of different breads, dips, pizza, pasta and salads this term.







## EDUCATION WEEK

Education Week is an annual celebration of NSW public education and the achievements of local schools and students. This year, Education Week will run from Monday 3 August to Friday 7 August 2020 and the theme is 'Learning together'.

<b>YEAR 7</b>	Chalk Walk
<b>YEAR 8</b>	Work Displays
<b>YEAR 9</b>	Physical Art
<b>YEAR 10</b>	Videos
<b>YEAR 11</b>	Whole School BBQ & Games
<b>YEAR 12</b>	Grateful Wall Challenge



**Ed.**  
**week**  
3-7 August  
**2020**



**Ed.  
week**  
3-7 August  
**2020**

| NSW Department of Education

# Learning together

Celebrate our schools this EdWeek  
3-7 August 2020

[education.nsw.gov.au/edweek20](https://education.nsw.gov.au/edweek20)  
**#EdWeek20**





## TEN4TEN LEADERSHIP PROGRAM

Congratulations to Year 11 student Abigail Thew who has been offered a place in the 2020 TEN4TEN Leadership program run by RDA Central West. Abigail will be apart of 10 youth leaders from local high schools to be immersed in the leadership and mentoring program.

Abigail began the program at a networking event held on Thursday 23rd July, connecting with inspiring community leaders before heading to NSW Parliament House in Sydney, where they will be hosted by State Member for Orange, Phil Donato MP. They will then attend a Business Leaders Breakfast hosted by RDA Central West later in November.



## MACQUARIE UNIVERSITY HIGH SCHOOL PROGRAM

Last year Angela Weckert and Abigail Thew successfully applied for and enrolled in the accelerated Macquarie University High school program and in Semester 1 2020 they completed Phil1037 Critical Thinking. It is a self directed and independent unit. They both recently received a high distinction for their efforts which is an incredible result. Congratulations Angela and Abigail.







# DRUMBEAT AT OHS

## Drumbeat at OHS: Term 3, 2020

Drumbeat is a resilience program that stands for:

**D**iscovering

**R**elationships

**U**sing djembes

**M**usic

**B**eliefs

**E**motions

**A**ttitudes

**T**houghts



Through rhythms on the African djembe drums, we weave our way through topics such as relationships, values, community, the rhythm of life and teamwork. Our current group is a small group of students that meet once a week, for an hour, for approximately 6 weeks.

I am the trained facilitator of the group and Jordon Moore is the co-facilitator. The teachers of the class attend our rehearsals and join in with the students. We are having a great time!

Stay posted for more photos and news of our Term 3 Drumbeat group.

Thank you.

Justine Squire

(Music Teacher OHS)





# ATHLETICS CARNIVAL 2020





# ATHLETICS CARNIVAL 2020





## ATHLETICS CARNIVAL CHAMPIONS

	BOYS		GIRLS	
	CHAMPION	RUNNER UP	CHAMPION	RUNNER UP
12	Finn O'Toole	Ned Cummins	Eloise Harrison	Abby Kiely
13	Cameron Ross	Tamaita Puata Jye Kingham	Cedar Morgan	Hannah Chapman
14	Luke Hinrichsen	Patrick Toberty	Makayda O'Grady	Sadie Keegan Ellen Dolbel
15	George Johnston	Izaak Golding	Addison Chapman	Ineke Keed
16	Riley Robinson	Lachlan Ross Jake Haydon Dan McHatton	Kaitlyn Hinrichsen	Madeleine Milson
17	Elisha Milson	Jack Cole Ethan Nugent Lachlan O'Dea	Claudia Smith	Brooke Parish

## DANCE TEACHER EXTRAORDINAIRE

A huge congratulations to Shea Atchison, who was identified by the Department of Education as a Dance Teacher with outstanding teaching practice. Shea has achieved amazing HSC results since she has started at OHS 14 years ago. The Department came to the school to film her talking about her teaching. This video will provide PL for Dance Teachers across the state.

Well done Shea!!!!





# THE EDUCATED ROAST



OPEN WEEKDAYS  
6AM  
to  
11:00AM



Order your coffee via the Hey You app  
<https://heyyou.com.au/restaurant/6372/educated-roast-cafe>

ORANGE HIGH SCHOOL  
CORNER WOODWARD STREET - IN BUS BAY



## THE EDUCATED ROAST

### HOT COFFEE

Cappuccino		
Flat White	<b>SMALL</b>	<b>LARGE</b>
Latte	\$3.50	\$4.00
Long Black		
Hot Chocolate	<b>EXTRAS</b>	
Mocha	Syrup - 20c	
Chai Latte	Extra shot - 50c	
Espresso/Short Black	Soy/Almond - 50c	
Macchiato		
Piccolo Latte		

### TEA

English Breakfast	\$4.00
Green Tea	\$4.00
Earl Grey	\$4.00

STUDENTS ARE UNABLE TO BE SERVED AFTER 8.50AM

### EXTENDED TRADING HOURS FOR YOUR CONVENIENCE!



2 DAYS ONLY - 6TH - 7TH AUGUST  
ZERO & REWARDS CARD HOLDERS

# 20% OFF

## SCHOOLWEAR

& EVERYTHING ELSE!



### SHOP IN-STORE & ONLINE

On the day of the event, Lowes will have measures in place to restrict customer numbers and movement throughout the store. Thank you for your support. Lowes will be enforcing social distancing, Marshalls wearing hi-vis vests will be on site. We ask for your support in limiting the number of people you take with you into the store.

DON'T HAVE A CARD? APPLY IN-STORE OR ONLINE & START ENJOYING THE BENEFITS.

\*Offer ends midnight (AEST) 7/8/2020. Must use Zero or Rewards card to receive discount. Excludes gift cards, all suit packages & Schoolwear layby's. Cannot be combined with any other offer or discount. Floor stock only. Styles and colours may vary from store to store. No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount. Savings off original prices.



ORANGE HIGH SCHOOL

## HOMework CENTRE

Available for all year groups



TUESDAYS & THURSDAYS : 3:40PM - 5:00PM

Come along and get some work and assignments done with the support of OHS teachers.