

ORANGE HIGH SCHOOL NEWSLETTER

14th August 2020 - Term 3, Week 4

Jeans for Genes and Wear Red Day

On Tuesday 4th August Orange High School supported Jeans for Genes Day and Wear Red Day. Together the #orangehighfamily raised an incredible \$1400 which will be split between the 2 charities.

Jeans for Genes began in 1994 as a fundraising campaign to directly support the work of the scientists at Children's Medical Research Institute. In that time, more than 13,000 schools, 43,000 individuals, and 49,000 workplaces have taken part in Jeans for Genes and raised over \$61 million for children's medical research.

Ronald McDonald House Charities Orange are an independent, not-for-profit organisation dedicated to providing vital programs for families with seriously ill children.

Ronald McDonald House Orange first opened in April 2015 after over 10 years of fundraising by the community. They assist families with children undergoing treatment through Orange Health Services and Western NSW Local Health District.





Woodward Street, PO Box 654, Orange NSW 2800

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http://www.orange-h.schools.nsw.gov.au





TERM 3 – WEEK 5

All Week - Year 12 Trial HSC Exams Monday 17th August - Year 7 OSCARR'S

TERM 3 – WEEK 6

Monday 24th August - Full School Assembly Monday 24th August - Year 12 Trial HSC Exams Tuesday 25th August - Year 12 Trial HSC Exams Wednesday 26th August - Year 12 Trial HSC Exams Thursday 27th August - Astley Cup Orange vs Dubbo in Dubbo Friday 28th August - Astley Cup Orange vs Dubbo in Dubbo



Principal

Chad Bliss

Deputy Principals Kristie Anderson Andrew Jones (Rel)

Head Teacher Admin

Andrew Hetherington - Students

Jo Beeby - Staff

Head Teacher Welfare

Kate Rogan Kylie Winslade

Year 7 Advisor

Year 8 Advisor Jacky Lyden

Year 9 Advisor

Year 10 Advisor Lisa Phillips

Year 11 Advisor Monica Peasley Tim Boyle

Year 12 Advisor Tegan Dray Cassie Coates

Careers Advisor Glen Pearson

From the Principal

Dear parents and members of our school community

Welcome to the latest edition of our school newsletter. As we finish week four we are just about ready for our HSC students to begin their trial HSC exams. These exams will begin on Thursday 13th August and run through until Wednesday 26th August. This is the final assessment for most subjects prior to the HSC commencing in week 2 next term. On behalf of the school staff, I wish each and every one of our HSC students the very best for their exams and know that for those who have worked hard throughout the year, these exams will consolidate their learning and help prepare them for their HSC.

New Staff Appointed

I would like to welcome two new staff to our school. Kieran Bonin was recently appointed as a permanent Geography teacher within our school. Kieran has been engaged in a temporary capacity this year and was successful through a merit selection process for a permanent appointment. I also welcome Natalie Cumberland who has joined our school as a permanent Student Support Officer (SSO). The SSO has a key role to play within the school in improving the wellbeing, resilience and pro-social behaviours of individuals and small groups of students. Natalie will work closely with the wellbeing team led by Mrs Rogan and Mrs Winslade and will be a key contact for many students and families within our school.

Astley Cup

We are very excited that the 98th Astley Cup is just around the corner. On the 27th and 28th August, we will travel to Dubbo for the first tie of the 2020 Astley Cup. Our second tie will be at home against Bathurst High School on the 7th and 8th September. Unfortunately, this year because of the restrictions associated with the COVID-19 pandemic we are unable to have spectators at any event with the exception of the team participating in Astley Cup on any respective day. We appreciate your understanding that the event can only go ahead if we have the support and cooperation of our student and community body. We are working on ensuring you will be able to see each event via a live Facebook stream. I will provide these details to you as soon as we can.



From the Principal

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Head Teacher Admin

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Jo Beeby - Staff

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Kate Rogan Kylie Winslade

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Year 9 Advisor Tammy Nash

Year 10 Advisor Lisa Phillips

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Wellbeing Day 2020

Our 2020 Wellbeing Day has had to be postponed from the end of term 3 to the end of term 4 due to the ongoing restrictions of COVID-19. I know this will be disappointing for our students however, we were just not in a position to be able to book the day and know that the restrictions will have eased by the end of September. We are hopeful we can still run our 2020 Wellbeing Day in December this year.

School Excellence in Action

Over the next 15 weeks, our school will finalise our next Strategic Improvement Plan (2021-2024). We will be calling on our parent community to provide feedback to us about what you believe we, as a school should be focussed on, what you want Orange High School to look like at the end of 2024 and how we may best meet the needs of your children. There will be a range of focus groups which will run and we would highly value your thoughts. I will provide details as soon as we have confirmed dates for our focus group meetings.

I hope you have a wonderful fortnight and I look forward to speaking with you again at the end of week 6.

With my warmest regards Chad Bliss Principal





YEAR 7 TALENT DEVELOPMENT PROGRAM

Today both of the Year 7 Talent Development Program classes had an exciting opportunity in Science to engage with student-paramedics and current paramedics from CSU Wagga and Bathurst via Zoom. This was an excellent opportunity for our students to ask an array of questions around diagnosis and get a real foundational knowledge from our first responders. The presenters were amazed by the number of questions the students had for them, including the depth of knowledge our students had around microorganisms and disease. This zoom session allowed our students to further develop their knowledge of the pathogenic nature of some organisms and really contextualise what they have been learning in class.

Thank you to Tommy and his team from CSU, our students had an amazing time and were thoroughly engaged in the 90 minute interactive presentation.

Great work Year 7. Mr Routh and Miss Constant





Charles Sturt University



BANJO PATERSON WRITING AWARDS

Congratulations to year 11 student Sebastian Merrell who was named 2nd place winner of the Banjo Paterson Writing Awards.

Sebastian was presented with his certificate and prize by Mayor Reg Kidd for coming second in the ABC Central West Radio's Children's Awards section for his work titled Decimation.

The contest which began in 1991, is sponsored by Orange City Library, the Central Western Daily and ABC Central West Radio established in 1991, these awards aim to honour Banjo Paterson, a great Australian writer and favourite son of Orange, with a competition to encourage short story or poetry writing with Australian content.

Congratulations Sebastian!





DECIMATION

To describe decimation effectively, one has to have seen it. Waves higher than what was thought possible winked in the sunlight as they jauntily swept away the coast. Leaving behind a ravaged skeleton who's only purpose was to remind of what was. And though this in itself was tragic, the smell saw to up the ante. The smell, the reek of salt and what used to be houses and mutual friends. The smell that travelled in drifts. Reminding that loved ones were gone. The smell that smiled as you saw the bones in the wrong places, what was left of bodies, left in a perpetual state of agony. The smell, the stench of years of grief and loss that, if left unchecked, would take more life. The smell that lingered just out of reach reveling in the anger and hurt it caused. The Woman lay in the rubble thinking her life over. Kate wondered why, how she hadn't seen this coming.

Unfortunately, tragedies are not announced. And so, as Kate awoke on a normal Wednesday, she did not anticipate that in just over ten minutes She, her dog and her extravagant dress collection would inevitably be identified by a search and rescue team, in multiple pieces mind you. So as the sky blackened and the world started to spin, she didn't possess the urge to take in the small two floor beach house. Its washed-out green walls a gateway to a forest after rain. The small bedroom a dry nook in the turmoil now unfolding around her. And yet it was only after the third wave hit that she pondered that something may be amiss. The sea had come to her and now lay proudly around the lower floor of her house. Eager to show itself it lapped at the woodwork as I had done to so many other houses beforehand. It was at this moment Kate seemed to consider her life. The good, the bad, and the dresses. She started to worry about her finances, anything, almost to contain her terror by replacing it with something more suitable. The water now, like a restless child picked up it's pace now growing tired of waiting for recognition. It would show her. The waves grew higher. It would make the city one with nature. The waves swept over the remnants of the buildings caressing them the way a hand on a shoulder does after a funeral.

Kate sawt to cry out at first, but then, as if seeing the irony of it all resorted to laughing instead. She wasn't sure why only that it seemed to help the way a band aid helps a broken bone. She laughed; A shrill sound infested with fear. Her dog now, like her seemed to sense something was off. This prompted the dog to chase its little tennis ball around the room. Scrabbling against gravity as it rounded a corner. Kate, with a lightning speed now had the uncontrollable urge to check the stocks of the US economy so that she could shake her head in dismay as the avalanche of water continued unabated. For some reason Kate now wanted to immerse herself within all the problems of the world hoping, praying the water would all go away. The corgi now comfortably ensconced in an emotional fight involving terror and lust for the tennis ball decided to question why humans were as they were before the lust for the ball regained its grip on the corgi's free thought.

Kate had not always been this way. When she smiled others would smile back only to be outmatched by the blinding exchange that would follow. Never complaining, Kate would always immerse herself within a world of paper and imagination. Having the worlds within pages cuddle her in ways no other human was capable. A storm was so commonplace within her heart feelings of sunlight would burn. Her frame was delicate, breakable to the slightest touch. A flower growing in a carpark, she was surrounded by weeds. Never able to express her feelings, she recoiled only to find that inside her was just as unsavory. With this realisation came a time of change. A dog was sold against its own will and a house was bought. It was by the sea Kate decided she felt at peace with herself and the world.

Four years would pass like hours in a bed thirty minutes after you were supposed to go to a board meeting. She waited for the time her life would make sense. And yet that day would be swept into her arms by millions of litres of seawater. One day out of so many. A star within the hopelessly large expanse of space bearing the means to alter her life, and her dress collection in a way most humans need not consider.

To describe decimation effectively one has to have seen it. And Kate now laying in the ruins of her house surrounded by the confetti of what was human life had seen it. Decimation was cold. A blank sheet at the end of a book. Empty. Quiet. And as the sun shone she knew that 149.08 million kilometres above her no one would know. She closed her eyes, a fluid motion tears leaking from within caverns of regret and wasted time. She knew then what she wanted out of life. And death would bring her her final joy.



NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER

CHILDREN'S DAY

Orange High School acknowledged & celebrated the National Aboriginal and Torres Strait Islander Children's Day on Tuesday the 4th August.

Children's Day is a time Aboriginal and Torres Strait Islander families and communities and all Australians, celebrate the strengths and culture of our children. It is an opportunity for us to show our support for Aboriginal and Torres Strait Islander children, as well as learn about the crucial impact that culture, family and community play in the life of every Aboriginal and Torres Strait Islander child.

Here are some photos of our Girri Girri students facilitating Traditional Indigenous Games (TIG), with all classes from years 7-11 participating.





ROASTED WATTLESEED & LEMON MYRTLE SHORTBREAD

Orange High School Students have been busy in our commercial kitchen with OHS's Aboriginal Education Officer Jordon Moore. The students have been experimenting with some native spices and wanting to offer our wider community a taste of our Indigenous Australian food. Here is a picture of Jazzy Kind, Dennis Wilson and Savannah Moore whipping up batches of amazing mouth-watering crumbly shortbread for The Educated Roast Cafe! Swing past from 6:00am to 11:00am Monday to Friday to experience a little taste of Indigenous Australia with your morning coffee.



ATHLETICS CARNIVAL CHAMPIONS

Congratulations to our Athletics Carnival champions who received their awards from Orange High Schools sports coordinator Ben Callaway on Wednesday 12th August.





YEAR 11 BUSINESS STUDIES MARKET DAY

The two Year 11 Business Studies classes are currently busily working hard towards the Market Day in weeks 5 and 6. As part of their second assessment task each group needed to develop an idea, undertake market research, pitch their idea's to members of the senior executive and finally source potential customers all in the lead up to the Market Day.

In performing their pitch, each group was seeking \$100 of funding from the school to establish finance to assist in the running of their business, this money is to be re-paid after the market day from their takings. The Market Day, whilst an assessment task also doubles as a fundraiser, the group which raises the largest amount of money is declared the winner and will receive all the funds to donate to a charity of their choice. To further spur on the groups, this year will see the introduction of the HSIE Shield, with the winning group having their names inscribed on the shield.

To further increase their earning capacity and initial finance, each group has been tasked undertaking capital raising in the form of fundraising with groups doing raffles, selling chocolates and having guessing competitions.





PARKING AT DUNTRY LEAGUE

After a recent meeting with members of the board of Duntry League Golf Club, we are writing to ask for the support of our parent community in not using the Duntry League driveway (off Woodward St) as a thoroughfare when picking up or dropping off your children.

The school has a dedicated drop off zone directly out the front of the school bus bay where you are able to drop your children off in the morning.

In the afternoon, we seek your support in ensuring you do not use the club grounds for the purpose of collecting your children. Please arrange an alternative location to collect your children.

Thank you for your cooperation



WESTERN REGION ACADAMY OF SPORT 2021 HOCKEY PROGRAM

Ę		ockey NSW
	HOCKEY - BACKGROUND INFORMATION FOR TRIALLING ATHL	ETES
exceller attendir	Vestern Region Academy of Sport (WRAS) is a non-profit organisation that assists young athletes t ce. WRAS supports athlete development in a holistic manner and recognises the value of education. WRAS exp ng school or tertiary education, meaningfully employed or undertaking other educational or training opportunitie	ects athletes to be s.
represe Hockey	AS hockey program provides high performance coaching to up-skill athletes and assist them in prog ntatives within the sport of hockey. The program is endorsed by Hockey NSW as the underpinning developmen ISW Athlete Acceleration Program (AAP). The program sits between local representative hockey and high or NSW state country selection and AAP selection.	nt pathway for the
Who c	an nominate for the WRAS 2021 hockey program?	
•	Athletes must turn 16, 17 or 18 years old in 2021	
•	Athletes must reside or attend school in the WRAS catchment area	
•	Athletes must be a current registered member of their local association and Hockey NSW	
Drono	sed Program of Events – guide only	
	AS hockey program will run from November 2020 to April 2021 with presentation in August 2021.	
•	7 November 2020 – orientation (Bathurst)	
	8 November 2020 – training day (Bathurst)	
•	14 and 15 November 2020 TBC-training weekend (Location TBC - Parkes, Orange or Lithgow)	
•	30 and 31 January 2021 – high performance camp – Sydney Olympic Park with Hockey NSW, Regional Academi	es, NSWIS
٠	21 February 2021 (Bathurst) – combined training day with Hockey NSW COD	
:	14 March 2021 – Premier League Gala (Bathurst) athletes MUST play for WRAS as this will be preparation for A	cademy Games
	27 and 28 March 2021 – training weekend (Location TBC – Parkes, Orange or Lithgow) 16-18 April 2021 – Your Local Club Academy Games (Newcastle)	
•	Injury prevention and performance program between Orientation and Academy Games	
	WRAS hockey athletes are encouraged to attend weekly satellite training sessions between November 2020 an	d March 2021
•	21 August 2021 – WRAS presentation evening	
Howa	re selections made?	
	To be considered for selection athletes must complete the nomination form before closing date/time and atter	d the trial
	Being part of a previous WRAS squad does not guarantee selection.	id the trut.
•	A detailed selection criteria is used which includes physical capabilities, technical competence, tactical awar	eness, potential to
	improve, competitive ability, individual application, coachability and behaviour, performance and results at spe	ecific events.
•	A list of selected athletes is placed on the WRAS website and trialling athletes are advised by email.	
•	Offers must be accepted by the due date or it may be withdrawn and offered to another athlete.	
What	is expected of an athlete?	
•	If selected in the squad WRAS expects that hockey is the athlete's primary sport of participation.	
.	Attendance at ALL activities in the WRAS program (including presentation evening). WRAS avoids clashes with	higher level event:
	run by the State Sporting Organisation. In certain circumstances exemptions can be applied for. Athletes are expected to adhere to the VVRAS Code of Behaviour policy, participate to the best of their ability,	display evenplary
	behaviour, show enthusiasm and maintain high dress standards.	alspidy exemplaly
٠	WRAS athletes are expected to commit to improving their physical profile and undertake an injury prevention p	program.
What	does the WRAS program cost?	
	1 hockey program is heavily subsidised by WRAS reducing the levy to be paid by selected athletes. There is	
	in December 2020 for the January 2021 high performance camp (estimate \$150). The camp levy has not be	en included in the
athiete	levy due to uncertainty around future COVID19 restrictions.	
	Athlete levy – ALL hockey athletes	\$191
	Compulsory uniform for NEW field athletes – cap, polo, training tshirt, socks, competition uniform Compulsory uniform for NEW goal keepers – cap, polo, training tshirt, socks, smock	\$176 \$162
	Total costs (does not include levy for January 2021 high performance camp - estimate \$150 per athlete)	
	Returning athlete - \$191 NEW field athlete - \$367 NEW goa	l keeper - \$353
Athlete	levy covers.	
•	WRAS membership and insurance	
•	Intensive training sessions under the guidance of visiting and local elite coaches	
•	Sports science fitness testing, injury prevention screenings and training program	
	Educational seminars	

Selected athletes will be advised how they can offset their lew by seeking personal sponsorships through the 'Friends of the Academy program. WRAS also invites athletes to apply for assistance from funding received from some of the Central West ClubSNSW member clubs.

> ny of Sport, c/- Charles Sturt University, Panorama Avenue, Bathurst NSW 2799 02 6338 4821 - wras.org.au - info@wras.ore.au

The Western Region Academy of Sport (WRAS) has opened nominations for the 2021 hockey program which commences in early November 2020.

The program is open to hockey athletes turning 16, 17 or 18 years of age in 2021.

Further information about the program and a link to nominate are available on the WRAS website. Nominations will close at 9am on Wednesday 2nd September 2020.





Staff at The Educated Roast are grateful to be able to provide morning coffees to emergency service workers who work tirelessly to support and protect our local community.





Woodward Street PO Box 654, Orange NSW 2800 P (02) 6362 3444 F (02)6361 3616 http://www.orange-h.schools.nsw.gov.au

Orange High School

Honour the past, create the future

12 August 2020

Dear parents and carers,

Year 9 students will participate in a new reading and numeracy check-in assessment in Term 3, 2020.

The Check-in assessment is an NSW Department of Education online reading and numeracy assessment available to support schools to assess and monitor Year 9 student learning following the period of learning from home.

The Check-in assessments can supplement existing school practices to identify how students are performing in literacy and numeracy and to help teachers tailor their teaching more specifically to student needs.

The assessment will be scheduled for our Year 9 students from 17 August to 4 September 2020.

Students are asked to bring headphones or earbuds that plug into a computer to enable them to hear audio during the assessment. Earbuds used for mobile phones or other portable devices may be suitable for use during the assessment.

If you have any questions, please contact our Head Teacher – Teacher and Learning, Alison McLennan (Alison.mclennan4@det.nsw.edu.au).

Kind regards

Chad Bliss Principal



Woodward Street PO Box 654, Orange NSW 2800 P (02) 6362 3444 F (02) 6361 3616 www.orange-h.schools.nsw.edu.au

Orange High School

Honour the past, create the future

Dear Parents and Students of the Orange High School Community,

As you may be aware, our leadership team has recently established the 'Orange Secondary Schools Cup – Charity Awareness'. This is an initiative aimed at uniting the youth of Orange to raise awareness about important issues affecting our community and raising funds to support local charities and businesses tackling these issues.

This year, alongside James Sheahan Catholic High School, Kinross Wolaroi Secondary School and Orange Christian School, we are raising funds for Housing Plus Orange and their forthcoming local domestic violence shelter, 'The Orchard'. This precinct will provide approximately 72 affected families with accommodation each year, allowing victims of domestic violence to remain in their community, continue going to work and school, and access familial support while in a safe environment. The Orchard has been approved by Orange City Council but is still in need of donations to fund construction. We are asking you to help us contribute to this brilliant cause.

As our first initiative, we are running a pie drive with Orange Country Fruit Distributors and Akehurst Bakery Blayney.

Below is the order from:

Parents Full Name:

Phone Number:

Child collecting pies:

- Qty: ______ BREAKFAST PIE EGG, CHEESE & BACON ON TOP
- Qty: _____ CHEESE & BACON
- Qty: _____ POTATO, CHEESE & BACON
- Qty: _____ CHICKEN & VEGETABLE SESAME SEEDS
- Qty: _____ CHICKEN CURRY POPPY & SESAME SEEDS
- Qty: _____ CHICKEN & MUSHROOM POPPY SEEDS
- Qty: _____ CHUNKY STEAK
- Qty: _____ CURRY
- Qty: _____ MEAT & VEGETABLE
- Qty: _____ MEXICAN
- Qty: _____ MUSHROOM
- Qty: _____ PEPPER STEAK PEPPER ON TOP
- Qty: _____ PLAIN
- Qty: _____ POTATO
- Qty: _____ TOMATO & ONION

All pies are \$15 each.

If you wish to purchase any, please print out this slip or write on another sheet of paper in the same format with:

- Your full name and the name of the child collecting the pies
- Phone number
- The pies that you would like to purchase and the quantities

Please place this sheet in a sealed envelope with the correct amount of money and ask a student to drop it in a box outside of the TAS staffroom, where they will be collected to be ordered. Orders will need to be in by the 25th August, and they will be delivered by the 4th of September to the children receiving them.

We understand that this is a tough time financially for the community so we would like to thank everyone purchasing these pies as they are greatly appreciated by Orange High School!

Orange High School Tree Sponsorship Program

Orange High School in conjunction with Orange City Council are taking on the venture of a Tree Sponsorship Program.

Families will be encouraged to 'sponsor' a tree which will be planted at Gosling Creek, to not only help our environment but to also create a lasting symbol of the Orange High community and family.

Orange City Council will be supplying the trees and a large river stone will be engraved with the family's details and placed with the tree as a representation of the family's connection to Orange High School in 2020.

The sponsorship amount is to be confirmed but will cover the cost of the stone and the engraving as well as a contribution to the Orange Secondary Schools Challenge - Charity Awareness. This is an initiative from the 2020 Prefect body to raise money for a chosen charity within our community. This year's recipient is 'The Orchard' - the Domestic Violence shelter in Orange run through Housing Plus.

Planting is scheduled to take place in Week 1 Term 4, with orders to be finalised by week 10 of this term.

Further information and order forms will be released in the coming weeks.

Please contact Melanie Hope (SRC Co-ordinator Rel.) with any queries at <u>melanie.hope@det.nsw.edu.au</u>





Transport for NSW Help us create a better bus network for Orange

Have your say

The NSW Government is committed to creating better bus services for regional communities, by improving bus networks, timetables and the customer experience.

Transport for NSW's 16 Regional Cities Services Improvement Program aims to identify gaps and opportunities around how bus services operate, so we can deliver improvements to better meet community needs.

Improvements could include changes to existing journeys, new routes or services, extended operating hours across the day or week, and better connections to key destinations such as hospitals, TAFEs and universities.

We are now seeking feedback from public transport users and the wider community in the Orange area about how the local bus network is used, and service needs and desires. This will inform future planning to help create a better bus network for Orange.

We will keep the community informed about any decisions and expect to implement changes in early 2021.

Submit your feedback by 16 August 2020

- online at yoursay.transport.nsw.gov.au/better-bus-network-orange
- by calling **1800 717 528**
- by emailing regionalcitiesprogram@transport.nsw.gov.au
- by post to 16 Regional Cities Orange Locked Bag 2030, Newcastle NSW 2300

Orange bus service area



Legend





This document contains important information about public transport projects in your area. If you require the services of an interpreter, please contact the Translating and Interpreting Service on **131 450** and ask them to call Transport Projects on **1800 717 528**. The interpreter will then assist you with translation.